



3+1 FORMALISM

- Young-Hwan Hyun (CAU)
- **2025.07.31. Thursday**
- **2025 GWN Summer School**
- **@KASI (Daejeon, Korea)**

2025 수치상대론 및 중력파 여름학교

2025년 7월 28일 ~ 8월 1일 | 한국천문연구원 은하수홀 소극장

물어보기

자주찾는 메뉴

최신 공지사항

2025년 여름

2025년 겨울

2024년 여름

2024년 겨울

2023년 여름

2023년 겨울

2022년 여름

2022년 겨울

2021년 여름

2019년 여름

2018년 여름

2017년 여름

2016년 여름

2015년 여름

2014년 여름

2013년 여름

2011년 여름

REFERENCES

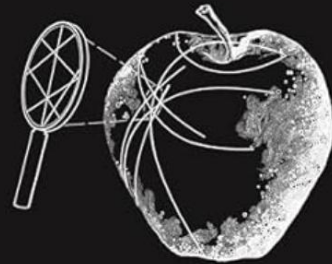
General Relativity

Robert M. Wald



GRAVITATION

Charles W. MISNER Kip S. THORNE John Archibald WHEELER

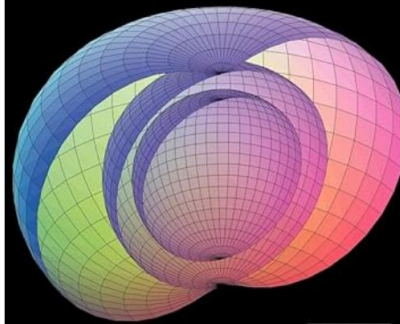


WITH A NEW FOREWORD BY DAVID I. KAISER AND
A NEW PREFACE BY CHARLES W. MISNER AND KIP S. THORNE

A Relativist's Toolkit

The Mathematics of Black-Hole Mechanics

Eric Poisson



CAMBRIDGE

Lecture Notes in Physics 846

Eric Gourgoulhon

3+1 Formalism in General Relativity

Bases of Numerical Relativity

Springer

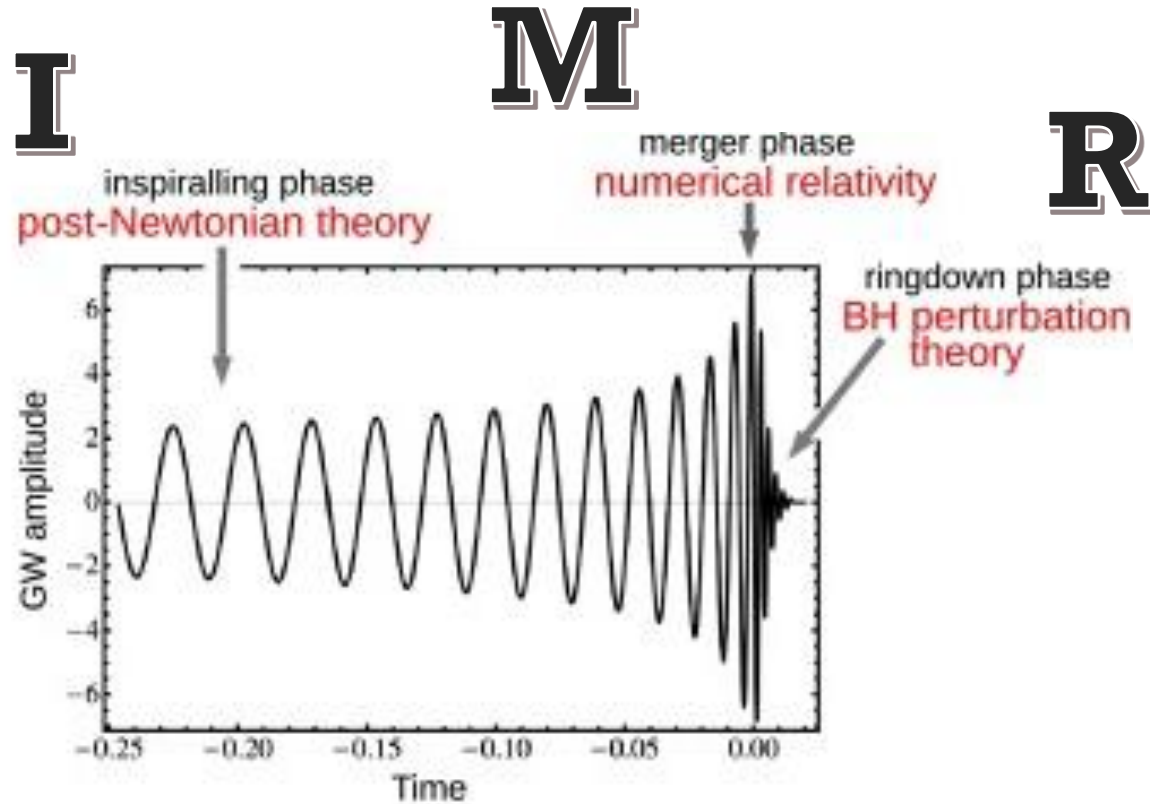
An Introduction to General Relativity SPACETIME and GEOMETRY



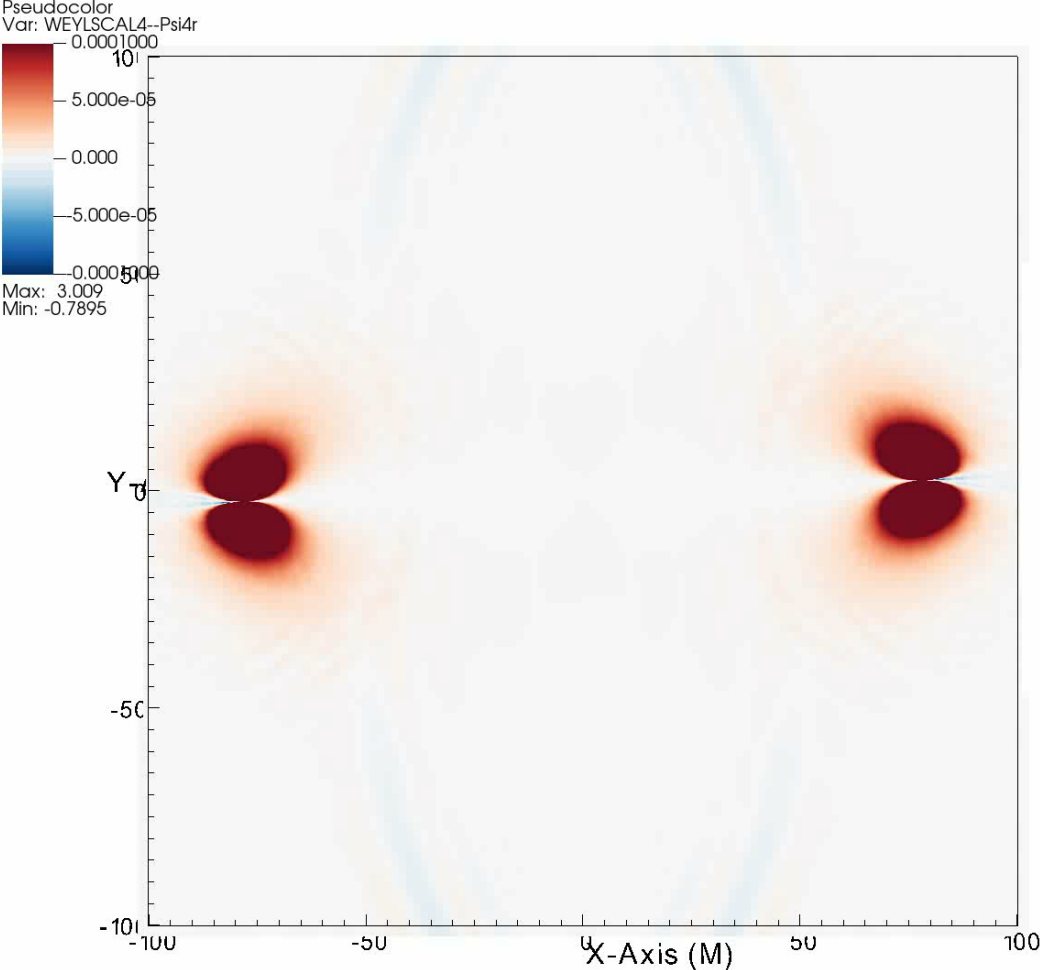
Sean M. Carroll



NR GW SUMMER SCHOOL



DB: Psi4r.xy.h5
Cycle: 270336 Time:264



Produced by Dongchan Kim

user: axis
Tue May 21 19:37:53 2024



EINSTEIN EQ.



ELEMENTS IN EINSTEIN'S EQ.

$$G_{\mu\nu} = \frac{8\pi G}{c^4} T_{\mu\nu}$$

Einstein tensor

Curvature of spacetime
Rank-2 symmetric tensor
4x4 matrix components
Divergence-free

Newtonian g'l constant

General relativity
Accelerated objects
Related to gravity
 $6.674 \times 10^{-11} \text{ m}^3 \text{ kg}^{-1} \text{ s}^{-2}$

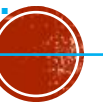
Speed of light

- Special relativity
- Locally non-gravitational physics
- Causal structure of spacetime

$c = 299,792,458 \text{ m/s}$

Energy-momentum tensor

Matter(Energy) distribution
Energy, momentum, pressure
Stars, galaxies, ...
Standard model particle,
Dark matter, dark energy,
vacuum, radiation....



COUNTING # OF EQNS IN EINSTEIN'S EQ.

$$G_{\mu\nu} = \frac{8\pi G}{c^4} T_{\mu\nu}$$

- **Rank-2 tensor > 2 dimensional matrix**
- **Index range:** $\mu = 0, 1, 2, 3 \leftrightarrow x^\mu = (x^0, x^1, x^2, x^3) = (t, x, y, z)$
> 4x4 matrix
- **Symmetric tensor:** $G_{\mu\nu} = G_{\nu\mu}$ $G_{01} = G_{10}, G_{02} = G_{20}, \dots$
- **We have 10 eqns.:**

$$\begin{pmatrix} G_{00} & G_{01} & G_{02} & G_{03} \\ G_{01} & G_{11} & G_{12} & G_{13} \\ G_{02} & G_{12} & G_{22} & G_{23} \\ G_{03} & G_{13} & G_{23} & G_{33} \end{pmatrix}$$

3+1?



$$\begin{aligned} G_{00} &= \frac{8\pi G}{c^4} T_{00} \\ G_{01} &= \frac{8\pi G}{c^4} T_{01} \\ G_{11} &= \frac{8\pi G}{c^4} T_{11} \\ &\vdots \end{aligned}$$



VARIABLES IN EINSTEIN'S EQ.

$$G_{\mu\nu}(g_{\mu\nu}) = \frac{8\pi G}{c^4} T_{\mu\nu}$$

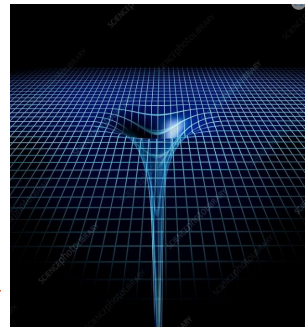
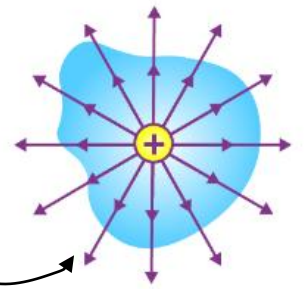
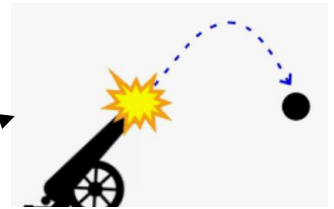
- Metric tensor
 - Unknowns to solve in Einstein's eq. such as x in $f(x)=y$.
 - Field variable, not $x(t)$ but $g_{\mu\nu}(t,x)$
 - Related to gravitational field \mathbf{g} in Newtonian gravity
 - Describes the spacetime structure
 - Fundamental quantity: 4x4 symmetric tensor, 10 dof's
- >> What is its value? 10 is real dofs? Why not just 3+1?

$$\mathbf{F} = m\mathbf{a} \rightarrow \mathbf{x}(t)$$

$$\nabla \cdot \mathbf{E} = \frac{\rho}{\epsilon_0} \rightarrow \mathbf{E}(x)$$

3+1?

$$g_{\mu\nu} = \begin{pmatrix} g_{00} & g_{01} & g_{02} & g_{03} \\ g_{01} & g_{11} & g_{12} & g_{13} \\ g_{02} & g_{12} & g_{22} & g_{23} \\ g_{03} & g_{13} & g_{23} & g_{33} \end{pmatrix}$$



3+1 DECOMP. OF EINSTEIN EQ.?

$$G_{\mu\nu}(g_{\mu\nu}) = \frac{8\pi G}{c^4} T_{\mu\nu}$$

$$R_{\mu\nu}(g_{\mu\nu}) - \frac{1}{2}g_{\mu\nu}R(g_{\mu\nu}) = \frac{8\pi G}{c^4} T_{\mu\nu}$$

- We don't know the exact functional form of G in terms of g yet.

Riemann tensor :

$$R^\rho_{\sigma\mu\nu} \equiv \partial_\mu \Gamma^\rho_{\nu\sigma} - \partial_\nu \Gamma^\rho_{\mu\sigma} + \Gamma^\rho_{\mu\lambda} \Gamma^\lambda_{\nu\sigma} - \Gamma^\rho_{\nu\lambda} \Gamma^\lambda_{\mu\sigma}$$

$$= 2\partial_{[\mu} \Gamma^\rho_{\nu]\sigma} + 2\Gamma^\rho_{[\mu|\lambda} \Gamma^\lambda_{\nu]\sigma}$$

Weyl tensor (Not Ricci in Riemann) :

$$C_{\rho\sigma\mu\nu} = R_{\rho\sigma\mu\nu} - \frac{4}{(n-2)}g_{[\rho[\mu}R_{\nu]\sigma]} + \frac{2}{(n-1)(n-2)}g_{\rho[\mu}g_{\nu]\sigma}R$$

Ricci tensor :

$$R_{\mu\nu} \equiv R^\rho_{\mu\rho\nu} = 2\partial_{[\rho} \Gamma^\rho_{\nu]\mu} + 2\Gamma^\rho_{[\rho|\lambda} \Gamma^\lambda_{\nu]\mu}$$

Ricci scalar :

$$R \equiv R^{\mu\nu}_{\mu\nu} = 2\partial_{[\mu} \Gamma^\mu_{\nu]\rho} g^{\rho\nu} + 2\Gamma^\mu_{[\mu|\lambda} \Gamma^\lambda_{\nu]\rho} g^{\rho\nu}$$

Levi-Civita(affine) connection (Christoffel symbol) :

$$\Gamma^\rho_{\mu\nu} = \frac{1}{2}g^{\rho\sigma}(\partial_\mu g_{\nu\sigma} + \partial_\nu g_{\sigma\mu} - \partial_\sigma g_{\mu\nu})$$



3+1 DECOMP. OF EINSTEIN EQ.?

$$G_{\mu\nu}(g_{\mu\nu}) \rightarrow$$

```
EinsteinCD[-μ, -ν] // ToRicci // RiemannToChristoffel // NoScalar // ChristoffelToGradMetric[#, g] & // Expand //
[확장]
ToCanonical
```

$$\begin{aligned}
 & -\frac{1}{4} g^{\alpha\beta} g^{\gamma\delta} \partial_\alpha g_{\mu\nu} \partial_\beta g_{\gamma\delta} - \frac{1}{2} g^{\alpha\beta} \partial_\beta \partial_\alpha g_{\mu\nu} + \frac{1}{2} g^{\alpha\beta} \partial_\beta \partial_\mu g_{\nu\alpha} + \frac{1}{2} g^{\alpha\beta} \partial_\beta \partial_\nu g_{\mu\alpha} - \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} \partial_\beta g_{\gamma\delta} \partial_\gamma g_{\mu\alpha} + \\
 & \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} \partial_\alpha g_{\mu\nu} \partial_\delta g_{\beta\gamma} + \frac{1}{8} g^{\alpha\beta} g^{\gamma\delta} g^{\zeta\eta} g_{\mu\nu} \partial_\gamma g_{\alpha\beta} \partial_\delta g_{\zeta\eta} + \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} \partial_\gamma g_{\mu\alpha} \partial_\delta g_{\nu\beta} - \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} g_{\mu\nu} \partial_\delta \partial_\beta g_{\alpha\gamma} + \\
 & \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} g_{\mu\nu} \partial_\delta \partial_\gamma g_{\alpha\beta} + \frac{1}{4} g^{\alpha\beta} g^{\gamma\delta} g^{\zeta\eta} g_{\mu\nu} \partial_\delta g_{\beta\zeta} \partial_\gamma g_{\alpha\eta} - \frac{3}{8} g^{\alpha\beta} g^{\gamma\delta} g^{\zeta\eta} g_{\mu\nu} \partial_\delta g_{\alpha\gamma} \partial_\zeta g_{\beta\delta} + \\
 & \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} g^{\zeta\eta} g_{\mu\nu} \partial_\delta g_{\alpha\gamma} \partial_\zeta g_{\beta\delta} - \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} g^{\zeta\eta} g_{\mu\nu} \partial_\gamma g_{\alpha\beta} \partial_\delta g_{\zeta\eta} + \frac{1}{4} g^{\alpha\beta} g^{\gamma\delta} \partial_\beta g_{\gamma\delta} \partial_\mu g_{\nu\alpha} - \\
 & \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} \partial_\delta g_{\beta\gamma} \partial_\mu g_{\nu\alpha} + \frac{1}{4} g^{\alpha\beta} g^{\gamma\delta} \partial_\mu g_{\alpha\gamma} \partial_\nu g_{\beta\delta} + \frac{1}{4} g^{\alpha\beta} g^{\gamma\delta} \partial_\beta g_{\gamma\delta} \partial_\nu g_{\mu\alpha} - \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} \partial_\delta g_{\beta\gamma} \partial_\nu g_{\mu\alpha} - \frac{1}{2} g^{\alpha\beta} \partial_\nu \partial_\mu g_{\alpha\beta}
 \end{aligned}$$

$$\begin{aligned}
 & \frac{1}{2} \sum_{\alpha=0}^3 \sum_{\beta=0}^3 g^{\alpha\beta} \partial_\alpha \partial_\mu g_{\beta\nu} = \frac{1}{2} g^{00} \partial_0 \partial_\mu g_{0\nu} + \frac{1}{2} g^{01} \partial_0 \partial_\mu g_{1\nu} + \frac{1}{2} g^{02} \partial_0 \partial_\mu g_{2\nu} + \frac{1}{2} g^{03} \partial_0 \partial_\mu g_{3\nu} \\
 & + \frac{1}{2} g^{10} \partial_1 \partial_\mu g_{0\nu} + \frac{1}{2} g^{11} \partial_1 \partial_\mu g_{1\nu} + \frac{1}{2} g^{12} \partial_1 \partial_\mu g_{2\nu} + \frac{1}{2} g^{13} \partial_1 \partial_\mu g_{3\nu} + \frac{1}{2} g^{20} \partial_2 \partial_\mu g_{0\nu} + \frac{1}{2} g^{21} \partial_2 \partial_\mu g_{1\nu} \\
 & + \frac{1}{2} g^{22} \partial_2 \partial_\mu g_{2\nu} + \frac{1}{2} g^{23} \partial_2 \partial_\mu g_{3\nu} + \frac{1}{2} g^{30} \partial_3 \partial_\mu g_{0\nu} + \frac{1}{2} g^{31} \partial_3 \partial_\mu g_{1\nu} + \frac{1}{2} g^{32} \partial_3 \partial_\mu g_{2\nu} + \frac{1}{2} g^{33} \partial_3 \partial_\mu g_{3\nu}
 \end{aligned}$$

- 2nd order PDE of $g_{\mu\nu}$



3+1 DECOMP. OF EINSTEIN EQ.

$${}^{(4)}G_{\mu\nu} = 8\pi GT_{\mu\nu}$$

$$\hookrightarrow \begin{cases} (1) \quad {}^{(4)}G_{nn} = 8\pi GT_{nn} & \rightarrow R + K^2 - K_{ij}K^{ij} = 16\pi GE \\ (2) \quad {}^{(4)}G_{n\hat{\mu}} = 8\pi GT_{n\hat{\mu}} & \rightarrow D_i K - D_j K^j_i = -8\pi G p_i \\ (3) \quad {}^{(4)}G_{\hat{\mu}\hat{\nu}} = 8\pi GT_{\hat{\mu}\hat{\nu}} & \rightarrow \partial_t K_{ij} = \alpha(R_{ij} - 2K_{ik}K^k_j + KK_{ij}) \\ & + (\beta^k \partial_k K_{ij} + \partial_i \beta^k K_{kj} + \partial_j \beta^k K_{ik}) \\ & - D_i D_j \alpha - 8\pi G \alpha [S_{ij} - \frac{1}{2} \gamma_{ij}(S - E)] \\ K_{\mu\nu} = \frac{1}{2} \mathcal{L}_n P_{\mu\nu} & \rightarrow \partial_t \gamma_{ij} = -2\alpha K_{ij} + D_i \beta_j + D_j \beta_i \end{cases}$$

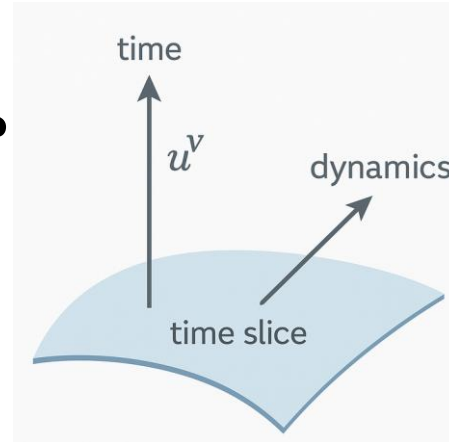


2 QUESTIONS

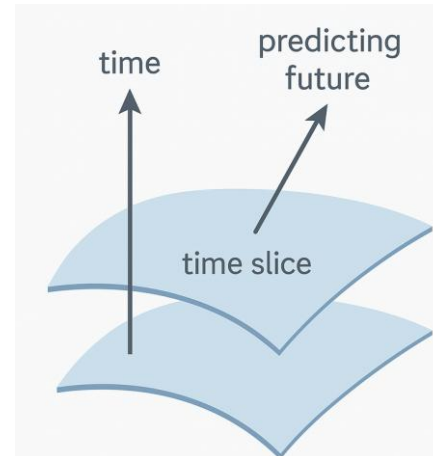


TWO BIG QUESTIONS BEFORE 3+1 FORMALISM

1. **How Do We Define Physical Quantities in GR?**

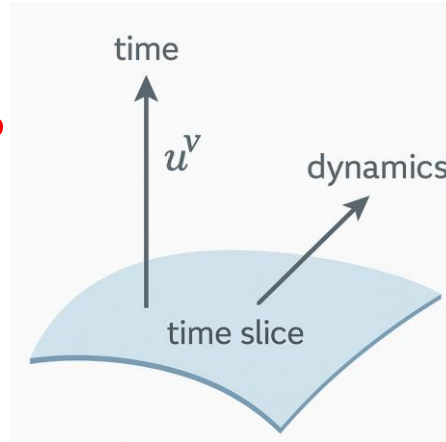


2. **Can We Predict the Future in GR from the Present?**

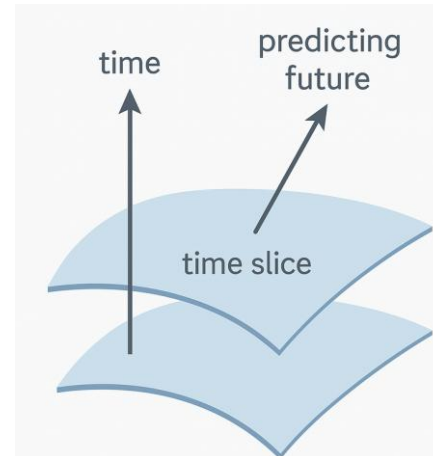


TWO BIG QUESTIONS BEFORE 3+1 FORMALISM

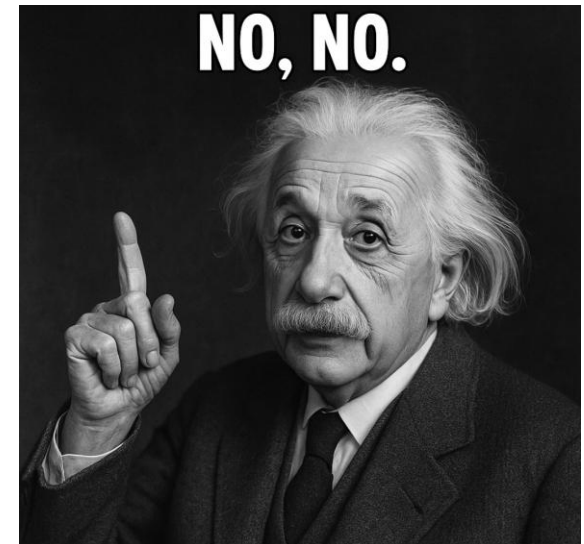
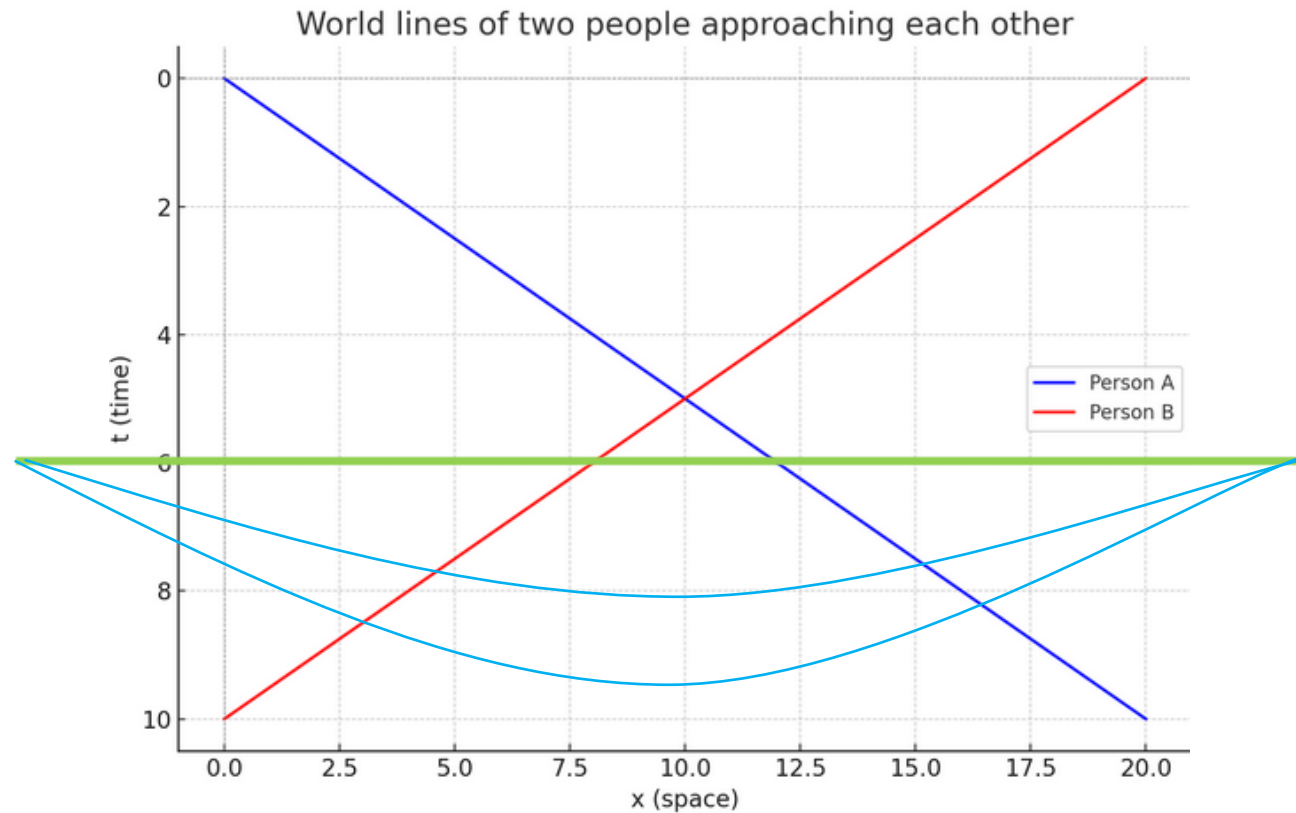
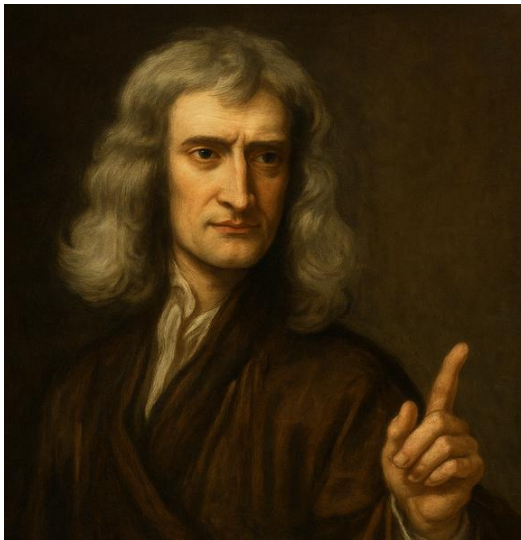
1. **How Do We Define Physical Quantities in GR?**



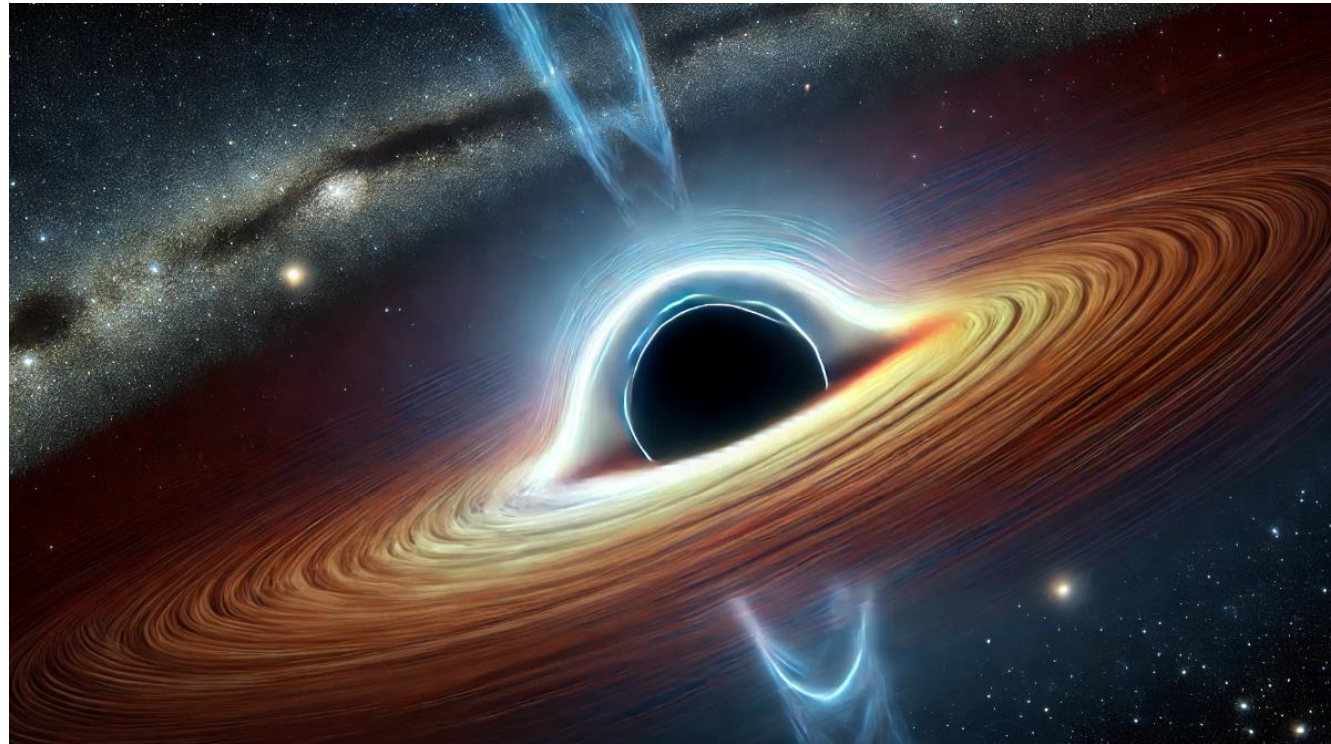
2. **Can We Predict the Future in GR from the Present?**



HOW DO WE DEFINE PHYSICAL QUANTITIES IN GR?



MASS OF BLACK HOLE?



ADM FORMALISM

PHYSICAL REVIEW

VOLUME 116, NUMBER 5

DECEMBER 1, 1959

Dynamical Structure and Definition of Energy in General Relativity*†

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AND

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(Received July 6, 1959)

The problem of the dynamical structure and definition of energy for the classical general theory of relativity is considered on a formal level. As in a previous paper, the technique used is the Schwinger action principle. Starting with the full Einstein Lagrangian in first order Palatini form, an action integral is derived in which the algebraic constraint variables have been eliminated. This action possesses a “Hamiltonian” density which, however, vanishes due to the differential constraints. If the differential constraints are then substituted into the action, the true, nonvanishing Hamiltonian of the theory emerges. From an analysis of the equations of motion and the constraint equations, the two pairs of dynamical variables which represent the two independent degrees of freedom of the gravitational field are explicitly exhibited. Four other variables remain in theory; these may be arbitrarily specified, any such specification representing a choice of coordinate frame. It is shown that it is possible to obtain truly canonical pairs of variables in terms of the dynamical and arbitrary variables. Thus a statement of the dynamics is meaningful only after a set of coordinate conditions have been chosen. In general, the true Hamiltonian will be time dependent even for an isolated gravitational field. There thus arises the notion of a preferred coordinate frame, i.e., that frame in which the Hamiltonian is conserved. In this special frame, on physical grounds, the Hamiltonian may be taken to define the energy of the field. In these respects the situation in general relativity is analogous to the parametric form of Hamilton’s principle in particle mechanics.



Richard Arnowitt(-14,86), Stanley Deser(-23,92) and Charles Misner(-23,91) at the ADM-50: A Celebration of Current GR Innovation conference held in November 2009 to honor the 50th anniversary of their paper.



ADM FORMALISM (HILBERT ACTION DECOMPOSITION)

$$S_H = \int_{\mathcal{V}} R \sqrt{-g} d^4x, \quad \mathcal{V} := \cup_{t=t_1}^{t_2} \Sigma_t$$

$$\hookrightarrow R = \hat{R} + [-K^2 + K_{\mu\nu} K^{\mu\nu}] + 2\nabla_\mu (K n^\mu) - \frac{2}{N} (\hat{\nabla}_\mu \hat{\nabla}^\mu N)$$

$$\hookrightarrow \sqrt{-g} = N \sqrt{\gamma}$$

$$\Rightarrow \boxed{\begin{aligned} S_H &= S_{H,\text{vol.}} + S_{H,\text{surf.}} \\ &= \int_{t_1}^{t_2} \left\{ \int_{\Sigma_t} N (\hat{R} - K^2 + K_{ij} K^{ij}) \sqrt{\gamma} d^3x \right\} dt \\ &\quad - \int_{\mathcal{V}} 2 (\hat{\nabla}_i \hat{\nabla}^i N) \sqrt{\gamma} d^4x + \int_{\mathcal{V}} 2 \nabla_\mu (K n^\mu) \sqrt{-g} d^4x \end{aligned}}$$

The gravitational Lagrangian density for $q = (\gamma_{ij}, N, \beta^i)$ is given by

$$\boxed{\mathcal{L}_{H,\text{vol.}}(q, \dot{q}) = N \sqrt{\gamma} (\hat{R} - K^2 + K_{ij} K^{ij}) = N \sqrt{\gamma} [\hat{R} + (\gamma^{ik} \gamma^{jl} - \gamma^{ij} \gamma^{kl}) K_{ij} K_{kl}]}$$



ADM FORMALISM (CANONICAL VARIABLE)

The gravitational Lagrangian density for $q = (\gamma_{ij}, N, \beta^i)$ is given by

$$\mathcal{L}_{\text{H,vol.}}(q, \dot{q}) = N\sqrt{\gamma}(\widehat{R} - K^2 + K_{ij}K^{ij}) = N\sqrt{\gamma}[\widehat{R} + (\gamma^{ik}\gamma^{jl} - \gamma^{ij}\gamma^{kl})K_{ij}K_{kl}]$$

$$K_{ij} = \frac{1}{2}\mathcal{L}_n P_{ij} = \frac{1}{2N}\mathcal{L}_m P_{ij} = \frac{1}{2N}\mathcal{L}_{\partial_t - \beta} P_{ij}$$

$$= \frac{1}{2N}(\mathcal{L}_{\partial_t} P_{ij} - \mathcal{L}_{\beta} P_{ij})$$

$$\hookrightarrow \mathcal{L}_{\partial_t} P_{ij} = (\partial_t)^\alpha \partial_\alpha P_{ij} + P_{\alpha j} \underbrace{\partial_i (\partial_t)^\alpha}_{=\delta_t^\alpha} + K_{i\alpha} \underbrace{\partial_j (\partial_t)^\alpha}_{=\delta_t^\alpha} = \frac{\partial P_{ij}}{\partial t} = \frac{\partial \gamma_{ij}}{\partial t}$$

$$\hookrightarrow \mathcal{L}_{\beta} P_{ij} = \mathcal{L}_{\beta} \gamma_{ij} = \beta^k \widehat{\nabla}_k \gamma_{ij} + \gamma_{kj} \widehat{\nabla}_i \beta^k + \gamma_{ik} \widehat{\nabla}_j \beta^k$$

$$= \frac{1}{2N}(\dot{\gamma}_{ij} - \gamma_{kj} \widehat{\nabla}_i \beta^k - \gamma_{ik} \widehat{\nabla}_j \beta^k)$$



ADM FORMALISM (CONJUGATE MOMENTUM)

The gravitational Lagrangian density for $q = (\gamma_{ij}, N, \beta^i)$ is given by

$$\mathcal{L}_{\text{H,vol.}}(q, \dot{q}) = N\sqrt{\gamma}(\hat{R} - K^2 + K_{ij}K^{ij}) = N\sqrt{\gamma}[\hat{R} + (\gamma^{ik}\gamma^{jl} - \gamma^{ij}\gamma^{kl})K_{ij}K_{kl}]$$

$$\begin{aligned}\pi^{ij} &\equiv \frac{\partial \mathcal{L}}{\partial \dot{\gamma}_{ij}} = \frac{\partial}{\partial \dot{\gamma}_{ij}}[N\sqrt{\gamma}(\hat{R} - K^2 + K_{ij}K^{ij})] \\ &\hookrightarrow K_{ij} = \frac{1}{2N}(\dot{\gamma}_{ij} - \gamma_{kj}\hat{\nabla}_i\beta^k - \gamma_{ik}\hat{\nabla}_j\beta^k) \\ &= -2N\sqrt{\gamma}K \underbrace{\frac{\partial K}{\partial \dot{\gamma}_{ij}}}_{=\gamma^{ij}\frac{1}{2N}} + 2N\sqrt{\gamma} \underbrace{K^{kl}\frac{\partial K_{kl}}{\partial \dot{\gamma}_{ij}}}_{K^{ij}\frac{1}{2N}} \\ &= \sqrt{\gamma}(-K\gamma^{ij} + K^{ij}) \\ &= \sqrt{\gamma}(K^{ij} - K\gamma^{ij})\end{aligned}$$

$$\pi^{ij} = \sqrt{\gamma}(K^{ij} - K\gamma^{ij})$$



ADM FORMALISM (ADM HAMILTONIAN)

$$\begin{aligned}
 \mathcal{H}_{\text{H,vol.}} &= \pi^{ij} \dot{\gamma}_{ij} - \mathcal{L}_{\text{H,vol.}} \\
 &= \sqrt{\gamma} (K^{ij} - K \gamma^{ij}) \dot{\gamma}_{ij} - N \sqrt{\gamma} (\hat{R} - K^2 + K_{ij} K^{ij}) \\
 &\hookrightarrow K_{ij} = \frac{1}{2N} (\dot{\gamma}_{ij} - \gamma_{kj} \hat{\nabla}_i \beta^k - \gamma_{ik} \hat{\nabla}_j \beta^k) \\
 &\quad \hookrightarrow \dot{\gamma}_{ij} = 2N K_{ij} + \gamma_{kj} \hat{\nabla}_i \beta^k + \gamma_{ik} \hat{\nabla}_j \beta^k \\
 &= \sqrt{\gamma} \underbrace{(K^{ij} - K \gamma^{ij})(2N K_{ij} + \gamma_{kj} \hat{\nabla}_i \beta^k + \gamma_{ik} \hat{\nabla}_j \beta^k)}_{\rightarrow 2N(K_{ij} K^{ij} - K^2)} - N \sqrt{\gamma} (\hat{R} - K^2 + K_{ij} K^{ij}) \\
 &= -\sqrt{\gamma} [N(\hat{R} + K^2 - K_{ij} K^{ij}) - 2(K^i_j - K \gamma^i_j) \hat{\nabla}_i \beta^j] \\
 &= -\sqrt{\gamma} [N(\hat{R} + K^2 - K_{ij} K^{ij}) + 2\beta^j (\hat{\nabla}_i K^i_j - \nabla_j K) - 2\hat{\nabla}_i (K^i_j \beta^j - K \beta^i)] \\
 &= -\sqrt{\gamma} [N \underbrace{(\hat{R} + K^2 - K_{ij} K^{ij})}_{=C_0} - 2\beta^j \underbrace{(\hat{\nabla}_j K - \hat{\nabla}_i K^i_j)}_{=C_j}] + 2\sqrt{\gamma} \hat{\nabla}_i (K^i_j \beta^j - K \beta^i)
 \end{aligned}$$

$$\Rightarrow \boxed{\mathcal{L}_{\text{H,vol.}} = N \sqrt{\gamma} (\hat{R} - K^2 + K_{ij} K^{ij})}$$

$$\hookrightarrow \boxed{\mathcal{H}_{\text{H,vol.}} = -\sqrt{\gamma} (N C_0 - 2\beta^i C_i) + 2\sqrt{\gamma} \hat{\nabla}_i (K^i_j \beta^j - K \beta^i)}$$

$$\boxed{H_{\text{H,vol.flat}} = - \int_{\Sigma_t} (N C_0 - 2\beta^i C_i) \sqrt{\gamma} d^3x}$$

$$\begin{cases} C_0 = \hat{R} + K^2 - K_{ij} K^{ij} \\ C_i = \hat{\nabla}_i K - \hat{\nabla}_j K^j_i \end{cases}$$



ADM FORMALISM (BOUNDARY TERM)

$$\begin{aligned}
 \delta S_H &= \delta \left(\int d^n x \sqrt{-g} \frac{1}{16\pi G} R \right) \\
 &= \int d^n x \frac{1}{16\pi G} \left[(\delta \sqrt{-g}) R + \underbrace{\sqrt{-g} (\delta R_{\mu\nu}) g^{\mu\nu}}_{\text{will be vanished by a surface integral}} + \sqrt{-g} R_{\mu\nu} \delta g^{\mu\nu} \right] \\
 &= \int d^n x \sqrt{-g} \frac{1}{16\pi G} \left(-\frac{1}{2} g_{\mu\nu} R + R_{\mu\nu} \right) \delta g^{\mu\nu} + \int d^n x \sqrt{-g} \frac{1}{16\pi G} (g_{\mu\nu} \nabla^2 - \nabla_\mu \nabla_\nu) \delta g^{\mu\nu} \\
 &= \int d^n x \sqrt{-g} \frac{1}{16\pi G} G_{\mu\nu} \delta g^{\mu\nu} + \underbrace{\int d^n x \sqrt{-g} \frac{1}{16\pi G} (g_{\mu\nu} \nabla^2 - \nabla_\mu \nabla_\nu) \delta g^{\mu\nu}}_{\rightarrow \text{boundary term}}
 \end{aligned}$$

$$= \delta S_{\text{Ei.eq.}} + \delta S_{\text{v.b.}}$$

ζ when the variation boundary term is canceled by an additional term,

$$\rightarrow \int d^n x \sqrt{-g} \frac{1}{16\pi G} G_{\mu\nu} \delta g^{\mu\nu} \tag{12.19}$$



ADM FORMALISM (GIBBONS-HAWKING TERM)

$$S_H = \int d^n x \sqrt{-g} \frac{1}{16\pi G} R$$

$$\rightarrow S_G \equiv S_H + S_{G-H} = \int_{\mathcal{M}} d^n x \sqrt{-g} \frac{1}{16\pi G} R + \int_{\partial\mathcal{M}} d^{n-1} \sqrt{\gamma} \frac{1}{16\pi G} \sigma_K 2K$$

↯ To have a finite action even in the flat case

$$\hookrightarrow S_G^{\text{reg.}} \equiv S_H + S_{G-H}^{\text{regularized}} = \int_{\mathcal{M}} d^n x \sqrt{-g} \frac{1}{16\pi G} R + \int_{\partial\mathcal{M}} d^{n-1} \sqrt{\gamma} \frac{1}{16\pi G} \sigma_K 2(K - K_0)$$



ADM FORMALISM (GRAVITATIONAL HAMILTONIAN INCLUDING GH TERM)

$$\begin{aligned}
 H_G^{\text{reg.}} &= H_{\text{H,vol.}} + H_{\text{G,surf.}}^{\text{reg.}} \\
 &= -\frac{1}{16\pi G} \int_{\Sigma_t} d^3x \sqrt{\gamma} (NC_0 - 2\beta^i C_i) \\
 &\quad + \frac{1}{16\pi G} \int_{S_t=\Sigma_t \cap S} d^2\theta \sqrt{\sigma} \cdot 2[r_i(K^i_j \beta^j - K\beta^i) - N(\kappa - \kappa_0)|_{S_t}] \\
 &\hookrightarrow H \xrightarrow[C_0=0=C_i]{\text{solution}} H_{\text{solution}}
 \end{aligned}$$

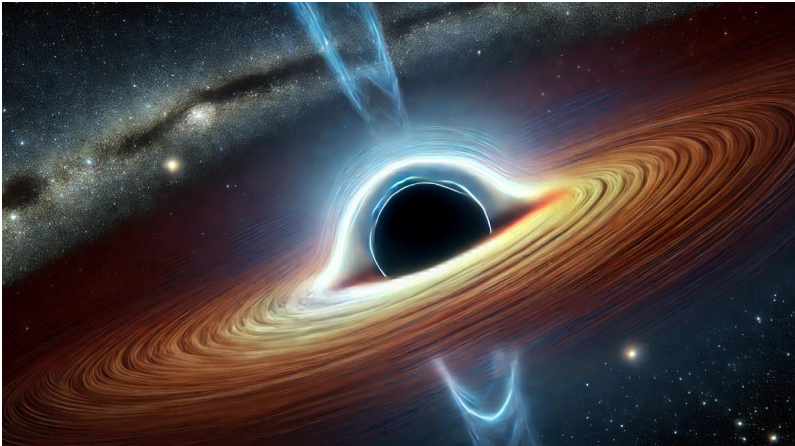
$$H_{\text{solution}} = \frac{1}{16\pi G} \int_{S_t=\Sigma_t \cap S} d^2\theta \sqrt{\sigma} \cdot 2[r_i(K^i_j \beta^j - K\beta^i) - N(\kappa - \kappa_0)|_{S_t}]$$

where K_{ij} : extrinsic curvature on Σ_t ,

κ : extrinsic curvature scalar on $\Sigma_t \cap S$



ADM FORMALISM



$$M_{\text{ADM}} = -\frac{1}{16\pi G} \int_{S_t = \Sigma_t \cap S} d^2\theta \sqrt{\sigma} \cdot 2(\kappa - \kappa_0)$$

$$M_{\text{ADM}} = \frac{1}{16\pi G} \int_{S_t, r \rightarrow \infty} d^2\theta \sqrt{\sigma} (\gamma_{ij,j} - \gamma_{jj,i}) r_0^i \quad (\text{in Cartesian})$$



ADM FORMALISM (ADM MASS)

$$(1) \quad ds^2 = -f(r)dt^2 + \underbrace{\frac{1}{f(r)}dr^2 + \overbrace{r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2}^{S_t \rightarrow \sigma_{ab}}}_{\Sigma \rightarrow \gamma_{ij}}, \quad f(r) = 1 - \frac{2GM}{r}$$

$$(2) \quad r_i = \frac{1}{\sqrt{\gamma_{rr}}} \delta_i^r = \sqrt{\gamma_{rr}} \delta_i^r = (f^{-1/2}, 0, 0),$$

$$r^i = \gamma^{ij} r_j = \left(\sqrt{1 - \frac{2GM}{r}}, 0, 0 \right) = (f^{1/2}, 0, 0)$$

$$(5) \quad \kappa - \kappa_0 = -\frac{2GM}{r^2} + \mathcal{O}(r^{-3})$$

$$(6) \quad M_{\text{ADM}} = -\frac{1}{16\pi G} \int_{S_t, r \rightarrow \infty} d^2\theta \sqrt{\sigma} \cdot 2(\kappa - \kappa_0)$$

$$= -\frac{1}{16\pi G} \int_{S_t, r \rightarrow \infty} d^2\theta \sqrt{\sigma} \left(-\frac{4GM}{r^2} + \mathcal{O}(r^{-3}) \right)$$

$$= \cancel{\frac{1}{16\pi G}} \lim_{r \rightarrow \infty} \cancel{4\pi} \cancel{r^2} \cdot \left(\cancel{\frac{4GM}{r^2}} + \mathcal{O}(r^{-3}) \right)$$

$$= M$$

$$(3) \quad M_{\text{ADM}} = -\frac{1}{16\pi G} \int_{S_t, r \rightarrow \infty} d^2\theta \sqrt{\sigma} \cdot 2(\kappa - \kappa_0)$$

$$(4) \quad \kappa = \nabla_i r^i = \partial_i r^i + \Gamma_{ij}^i r^j = \partial_i r^i + \sum_i \frac{\gamma_{ii,j}}{2\gamma_{ii}} r^j = \partial_r r^r + \sum_i \frac{\gamma_{ii,r}}{2\gamma_{ii}} r^r$$

$$\hookrightarrow r^r = \sqrt{f}$$

$$= \partial_r \sqrt{f} + \frac{1}{2} \left(\frac{\gamma_{rr,r}}{\gamma_{rr}} + \frac{\gamma_{\theta\theta,r}}{\gamma_{\theta\theta}} + \frac{\gamma_{\phi\phi,r}}{\gamma_{\phi\phi}} \right) \sqrt{f}$$

$$\hookrightarrow (\gamma_{rr}, \gamma_{\theta\theta}, \gamma_{\phi\phi}) = (f^{-1}, r^2, r^2 \sin^2 \theta)$$

$$= \cancel{\frac{f,r}{2\sqrt{f}}} + \frac{1}{2} \left[\underbrace{\frac{f^{-1/2,r}}{f^{-1}} + \frac{(r^2)_{,r}}{r^2} + \frac{(r^2 \sin^2 \theta)_{,r}}{r^2 \sin^2 \theta}}_{=\frac{4}{r}} \right] \sqrt{f}$$

$$= \frac{2}{r} \sqrt{f} = \frac{2}{r} \sqrt{1 - \frac{2GM}{r}}$$

$$\xrightarrow{\sqrt{1-2\epsilon} \approx 1-\epsilon} \frac{2}{r} \left(1 - \frac{GM}{r} + \mathcal{O}(r^{-2}) \right) = \frac{2}{r} - \frac{2GM}{r^2} + \mathcal{O}(r^{-3})$$



ADM FORMALISM TO ADM MASS



$$ds^2 = - \left(1 - \frac{2GM}{r} \right) dt^2 + \left(1 - \frac{2GM}{r} \right)^{-1} dr^2 + r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2$$



WITH ADM FORMALISM

The Four Laws of Black Hole Mechanics

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Received January 24, 1973



Abstract. Expressions are derived for the mass of a stationary axisymmetric solution of the Einstein equations containing a black hole surrounded by matter and for the difference in mass between two neighboring such solutions. Two of the quantities which appear in these expressions, namely the area A of the event horizon and the “surface gravity” κ of the black hole, have a close analogy with entropy and temperature respectively. This analogy suggests the formulation of four laws of black hole mechanics which correspond to and in some ways transcend the four laws of thermodynamics.

To evaluate δM , we express the mass formula derived in the previous section in the form

$$M = \int_S (2T_a^b + \frac{1}{8\pi} R \delta_a^b) K^a d\Sigma_b + 2\Omega_H J_H + \frac{\kappa}{4\pi} A. \quad (28)$$

The variation of the term involving the scalar curvature, R , gives

$$-\frac{1}{8\pi} \int_S \left\{ \left(R_{cd} - \frac{1}{2} g_{cd} R \right) h^{cd} + 2h_{[c;d]}^{;d} \right\} K^a d\Sigma_a. \quad (29)$$

But

$$2h_{[c;d]}^{;d} K^a = 2(K^a h_c^{[c;d]} - K^d h_c^{[c;a]}),_{;d}, \quad (30)$$

using $h_{cd;a} K^a + h_{ad} K^a_{;c} + h_{ac} K^a_{;d} = 0$. One can therefore transform the last term in (29) into the 2-surface integral

$$-\frac{1}{4\pi} \int_{\partial S} (K^a h_c^{[c;d]} - K^d h_c^{[c;a]}) d\Sigma_{ad}. \quad (31)$$

The integral over ∂S_∞ gives $-\delta M$ and, by Eq. (27), the integral over ∂B gives $-\frac{\delta\kappa}{4\pi} A - 2\delta\Omega_H J_H$.

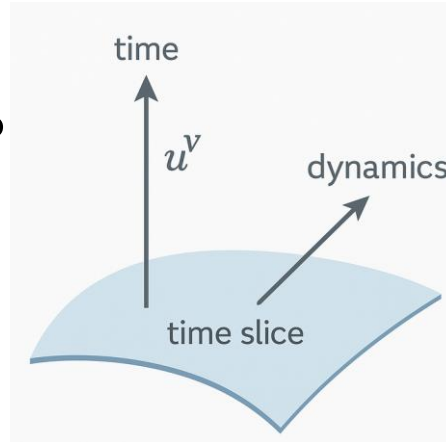
The variation of the energy-momentum tensor term in (28) is

$$2\delta \int T_a^b K^a d\Sigma_b = -2 \int \Omega \delta \{ T_a^b \tilde{K}^a d\Sigma_b \} + 2\delta \int p K^a d\Sigma_a + 2 \int u^a \delta \{ (\varepsilon + p) (-u^c u^d g_{cd})^{-1} u_a K^b d\Sigma_b \}. \quad (32)$$

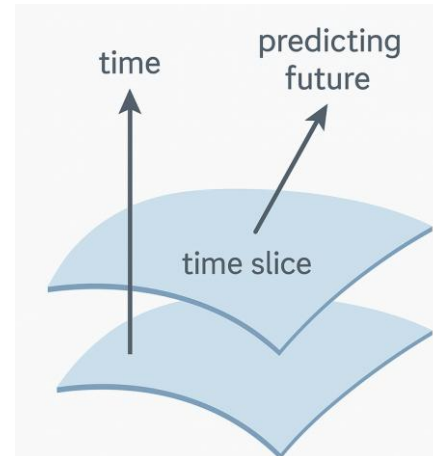


TWO BIG QUESTIONS BEFORE 3+1 FORMALISM

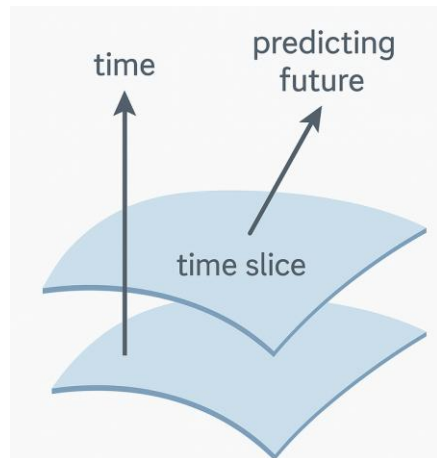
1. **How Do We Define Physical Quantities in GR?**



2. **Can We Predict the Future in GR from the Present?**



CAN WE PREDICT THE FUTURE IN GR FROM THE PRESENT?



$$\frac{df(x)}{dx} = x \rightarrow f(x) = \frac{1}{2}x^2 + C \xrightarrow{f(0)=1} \frac{1}{2}x^2 + 1$$

$$\frac{d^2f(x)}{dx^2} = f(x) \rightarrow f(x) = Ae^x + Be^{-x} \xrightarrow{\substack{f(0)=2 \\ f'(0)=0}} e^x + e^{-x}$$



EI. EQ.: 2ND ORDER PDE

$$G_{\mu\nu}(g_{\mu\nu}) \rightarrow$$

```
EinsteinCD[-μ, -ν] // ToRicci // RiemannToChristoffel // NoScalar // ChristoffelToGradMetric[#, g] & // Expand //
[확장]
ToCanonical
```

$$\begin{aligned}
 & -\frac{1}{4} g^{\alpha\beta} g^{\gamma\delta} \partial_\alpha g_{\mu\nu} \partial_\beta g_{\gamma\delta} - \frac{1}{2} g^{\alpha\beta} \partial_\beta \partial_\alpha g_{\mu\nu} + \frac{1}{2} g^{\alpha\beta} \partial_\beta \partial_\mu g_{\nu\alpha} + \frac{1}{2} g^{\alpha\beta} \partial_\beta \partial_\nu g_{\mu\alpha} - \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} \partial_\beta g_{\gamma\delta} \partial_\gamma g_{\mu\alpha} + \\
 & \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} \partial_\alpha g_{\mu\nu} \partial_\delta g_{\beta\gamma} + \frac{1}{8} g^{\alpha\beta} g^{\gamma\delta} g^{\epsilon\zeta\eta\theta} g_{\mu\nu} \partial_\gamma g_{\alpha\beta} \partial_\delta g_{\zeta\eta\theta} + \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} \partial_\gamma g_{\mu\alpha} \partial_\delta g_{\nu\beta} - \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} g_{\mu\nu} \partial_\delta \partial_\beta g_{\alpha\gamma} + \\
 & \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} g_{\mu\nu} \partial_\delta \partial_\gamma g_{\alpha\beta} + \frac{1}{4} g^{\alpha\beta} g^{\gamma\delta} g^{\epsilon\zeta\eta\theta} g_{\mu\nu} \partial_\delta g_{\beta\zeta\eta} \partial_{\delta\epsilon} g_{\alpha\gamma} - \frac{3}{8} g^{\alpha\beta} g^{\gamma\delta} g^{\epsilon\zeta\eta\theta} g_{\mu\nu} \partial_{\delta\epsilon} g_{\alpha\gamma} \partial_{\delta\zeta} g_{\beta\eta} + \\
 & \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} g^{\epsilon\zeta\eta\theta} g_{\mu\nu} \partial_\delta g_{\alpha\gamma} \partial_{\delta\zeta} g_{\eta\theta} - \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} g^{\epsilon\zeta\eta\theta} g_{\mu\nu} \partial_\gamma g_{\alpha\beta} \partial_{\delta\zeta} g_{\eta\theta} + \frac{1}{4} g^{\alpha\beta} g^{\gamma\delta} \partial_\beta g_{\gamma\delta} \partial_\mu g_{\nu\alpha} - \\
 & \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} \partial_\delta g_{\beta\gamma} \partial_\mu g_{\nu\alpha} + \frac{1}{4} g^{\alpha\beta} g^{\gamma\delta} \partial_\mu g_{\alpha\gamma} \partial_\nu g_{\beta\delta} + \frac{1}{4} g^{\alpha\beta} g^{\gamma\delta} \partial_\beta g_{\gamma\delta} \partial_\nu g_{\mu\alpha} - \frac{1}{2} g^{\alpha\beta} g^{\gamma\delta} \partial_\delta g_{\beta\gamma} \partial_\nu g_{\mu\alpha} - \frac{1}{2} g^{\alpha\beta} \partial_\nu \partial_\mu g_{\alpha\beta}
 \end{aligned}$$

$$\begin{aligned}
 & \frac{1}{2} \sum_{\alpha=0}^3 \sum_{\beta=0}^3 g^{\alpha\beta} \partial_\alpha \partial_\mu g_{\beta\nu} = \frac{1}{2} g^{00} \partial_0 \partial_\mu g_{0\nu} + \frac{1}{2} g^{01} \partial_0 \partial_\mu g_{1\nu} + \frac{1}{2} g^{02} \partial_0 \partial_\mu g_{2\nu} + \frac{1}{2} g^{03} \partial_0 \partial_\mu g_{3\nu} \\
 & + \frac{1}{2} g^{10} \partial_1 \partial_\mu g_{0\nu} + \frac{1}{2} g^{11} \partial_1 \partial_\mu g_{1\nu} + \frac{1}{2} g^{12} \partial_1 \partial_\mu g_{2\nu} + \frac{1}{2} g^{13} \partial_1 \partial_\mu g_{3\nu} + \frac{1}{2} g^{20} \partial_2 \partial_\mu g_{0\nu} + \frac{1}{2} g^{21} \partial_2 \partial_\mu g_{1\nu} \\
 & + \frac{1}{2} g^{22} \partial_2 \partial_\mu g_{2\nu} + \frac{1}{2} g^{23} \partial_2 \partial_\mu g_{3\nu} + \frac{1}{2} g^{30} \partial_3 \partial_\mu g_{0\nu} + \frac{1}{2} g^{31} \partial_3 \partial_\mu g_{1\nu} + \frac{1}{2} g^{32} \partial_3 \partial_\mu g_{2\nu} + \frac{1}{2} g^{33} \partial_3 \partial_\mu g_{3\nu}
 \end{aligned}$$

- 2nd order PDE of $g_{\mu\nu}$



INITIAL VALUE PROBLEM / WELL-POSEDNESS

- Initial value formulation:

- appropriate initial data > subsequent uniquely determined dynamical evolution

- Appropriate initial data:

- small changes in initial data > small change in solution
> predictable physics law
- Any changes in initial data can not change solutions outside causal future.

> “Initial value formulation” is well-posed.



INITIAL VALUE PROBLEM / WELL-POSEDNESS

$$g^{\mu\nu}(x; \phi_\alpha; \nabla_\sigma \phi_\alpha) \nabla_\mu \nabla_\nu \phi_\beta = F_\beta(x; \phi_\alpha; \nabla_\sigma \phi_\alpha)$$

THEOREM 10.1.3. *Let $(\phi_0)_1, \dots, (\phi_0)_n$ be any solution of the quasilinear hyperbolic system (10.1.21) on a manifold M and let $(g_0)^{ab} = g^{ab}(x; (\phi_0)_j; \nabla_c(\phi_0)_j)$. Suppose $(M, (g_0)_{ab})$ is globally hyperbolic (or, alternatively, consider a globally hyperbolic region of this spacetime). Let Σ be a smooth spacelike Cauchy surface for $(M, (g_0)_{ab})$. Then, the initial value formulation of equation (10.1.21) is well posed on Σ in the following sense: For initial data on Σ sufficiently close to the initial data for $(\phi_0)_1, \dots, (\phi_0)_n$, there exists an open neighborhood O of Σ such that equation (10.1.21) has a solution, ϕ_1, \dots, ϕ_n , in O and $(O, g_{ab}(x; \phi_j; \nabla_c \phi_j))$ is globally hyperbolic. The solution is unique in O and propagates causally in the sense that if the initial data for ϕ'_1, \dots, ϕ'_n agree with that of ϕ_1, \dots, ϕ_n on a subset, S , of Σ , then the solutions agree on $O \cap D^+(S)$. Finally, the solutions depend continuously on the initial data in the sense described above for the Klein-Gordon field.*

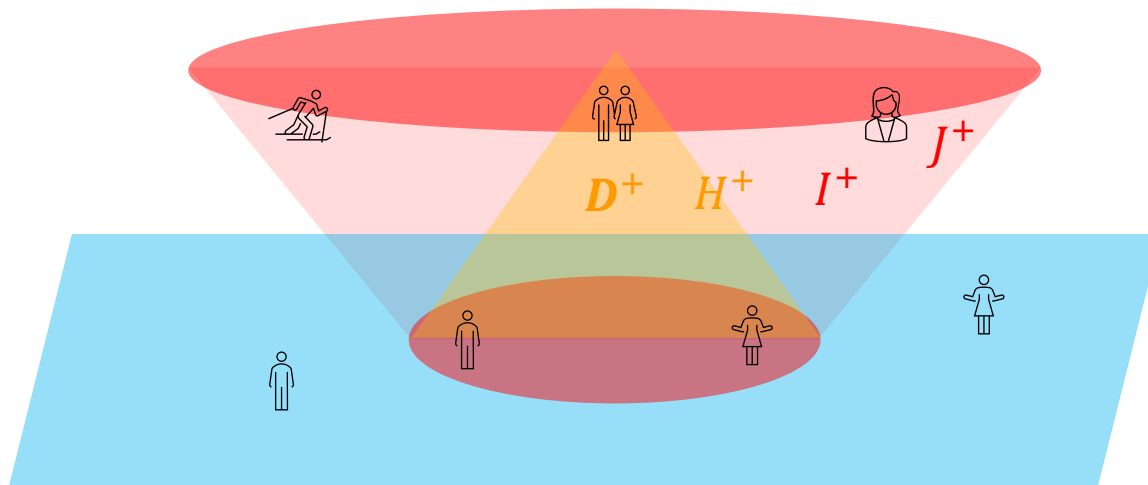


INITIAL VALUE PROBLEM / WELL-POSEDNESS

THEOREM 10.2.2. *Let Σ be a three-dimensional C^∞ manifold, let h_{ab} be a smooth Riemannian metric on Σ , and let K_{ab} be a smooth symmetric tensor field on Σ . Suppose h_{ab} and K_{ab} satisfy the constraint equations (10.2.28) and (10.2.30). Then there exists a unique C^∞ spacetime, (M, g_{ab}) , called the maximal Cauchy development of (Σ, h_{ab}, K_{ab}) , satisfying the following four properties: (i) (M, g_{ab}) is a solution of Einstein's equation. (ii) (M, g_{ab}) is globally hyperbolic with Cauchy surface Σ . (iii) The induced metric and extrinsic curvature of Σ are, respectively, h_{ab} and K_{ab} . (iv) Every other spacetime satisfying (i)–(iii) can be mapped isometrically into a subset of (M, g_{ab}) . Furthermore, (M, g_{ab}) satisfies the desired domain of dependence property in the following sense. Suppose (Σ, h_{ab}, K_{ab}) and $(\Sigma', h'_{ab}, K'_{ab})$ are initial data sets with maximal developments (M, g_{ab}) and (M', g'_{ab}) . Suppose there is a diffeomorphism between $S \subset \Sigma$ and $S' \subset \Sigma'$ which carries (h_{ab}, K_{ab}) on S into (h'_{ab}, K'_{ab}) on S' . Then $D(S)$ in the spacetime (M, g_{ab}) is isometric to $D(S')$ in the spacetime (M', g'_{ab}) . Finally, the solution g_{ab} on M depends continuously on the initial data (h_{ab}, K_{ab}) on Σ . (A precise definition of the topologies on initial data and solutions which makes this map continuous is given in Hawking and Ellis 1973.)*



CAUSAL STRUCTURE



$$\begin{array}{c} (D^+)H^+ \quad I^+J^+ \text{ (including null path)} \\ \swarrow \quad \dots \quad \underbrace{\quad \quad \quad}_{\text{submanifold}} \quad \dots \quad \searrow \end{array}$$

- $D^\pm(S)$: future/past **domain** of dependence (determined region)
- $H^\pm(S)$: future/past **Cauchy horizon** (determined region limit)
- $I^\pm(S)$: chronological **future/past** (massive-influenced region)
- $J^\pm(S)$: causal **future/past** (everything-influenced region)



3. GLOBALLY HYPERBOLIC SPACETIME

- **Cauchy surface**

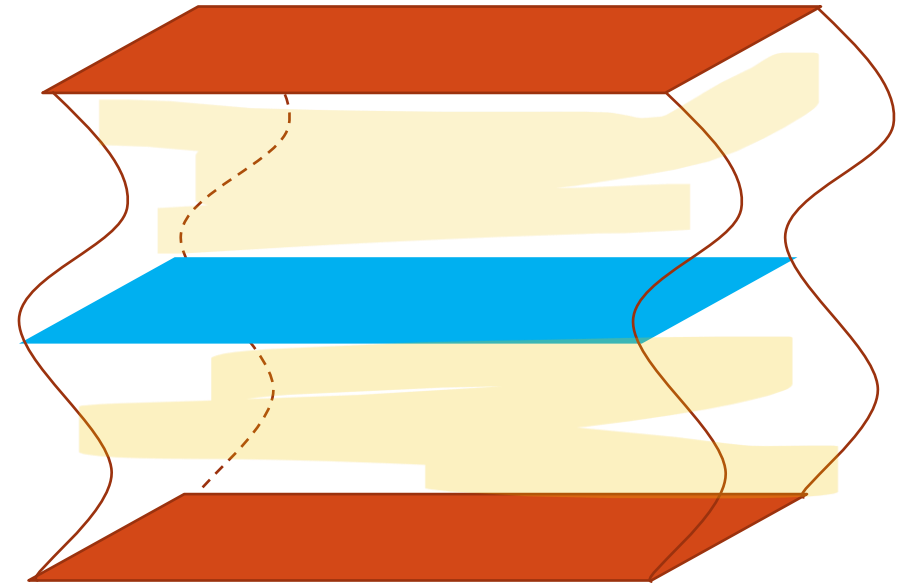
Σ in \mathcal{M} of one-time intersections with each causal curve

$$(\Sigma|_{\text{d.o.d of } \Sigma=\mathcal{M}})$$

- **Globally hyperbolic spacetime**

(\mathcal{M}, g) which has Σ_{Cauchy}

$$\xrightarrow{\text{topology}} (\mathcal{M}, g)|_{\mathcal{M}=\Sigma \times \mathbb{R}}$$



5 QUESTIONS

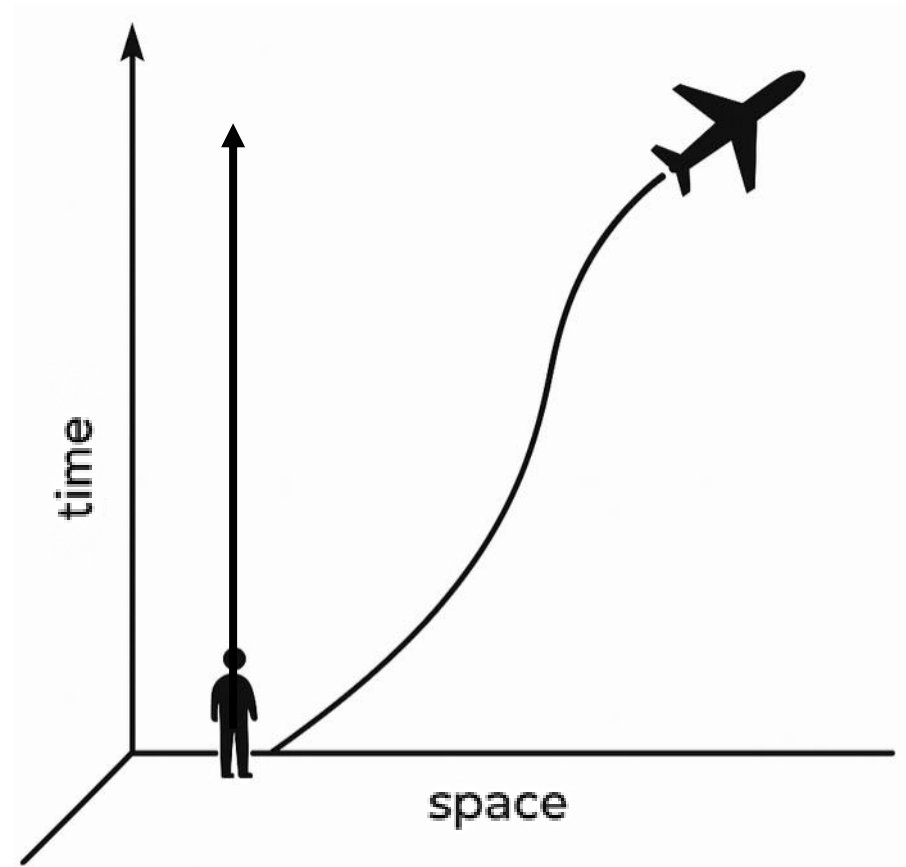


Q.'S BEFORE $3+1$ FORMALISM

1. **Why All Measurements Need a Frame ?**
→ **No Observer, No Physics**
2. **Why We Need a Spacetime Slice?**
→ **To Observe Anything, Need to Define “Now” and “Here”**
3. **How Do We Slice Spacetime?**
→ **Foliation, Lapse, and Shift, (Gauge Fixing)**
4. **Given a Spacetime Slice, Can We Specify Any Metric?**
→ **No, It Might Be Unphysical! (No Match With E-p Distribution.)**
→ **Physical Meaning of the Constraints**
5. **Once We fix a Slice's Geometry of the Spacetime, How Does it Change Over Time?**
→ **Through the Evolution eq.**



WHY ALL MEASUREMENTS NEED A FRAME ?



WHY ALL MEASUREMENTS NEED A FRAME ?

1. Four-velocity

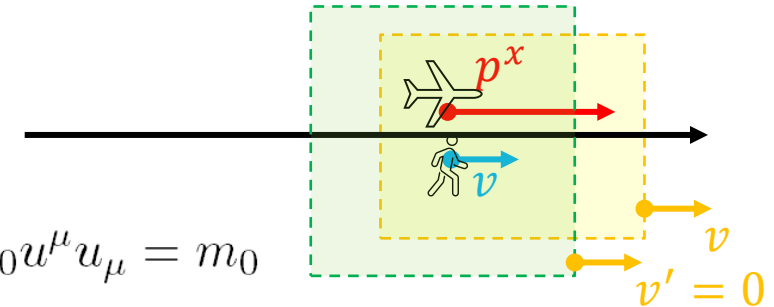
$$U_{A/B}^\mu \equiv \gamma_{A/B}(c, \mathbf{v}_{A/B}) = \frac{dx_{A/B}^\mu}{d\tau_A} \quad U_\mu U^\mu = \gamma^2(-c^2 + v^2) = -c^2 \xrightarrow{\text{natural unit}} -1$$

2. Four-momentum

$$p^\mu = m_0 U^\mu = m_0 \gamma(c, \mathbf{v}) = (E/c, \mathbf{p})$$

3. Observed energy

$$E_{\text{measured}} = -p^\mu v_\mu \quad E = -p^\mu u_\mu = -m_0 u^\mu u_\mu = m_0$$



$$\begin{aligned} p^\mu &= (E, p^x, 0, 0) \\ v^\mu &= \gamma(1, v, 0, 0) \\ -p^\mu v_\mu &= \gamma(E - vp^x) \\ &= E' \end{aligned}$$



$$\Lambda^\mu{}_\nu = \begin{pmatrix} \gamma & -\gamma v & 0 & 0 \\ -\gamma v & \gamma & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix} \quad \gamma = \frac{1}{\sqrt{1-v^2}}$$



$$\begin{aligned} p'^\mu &= \Lambda^\mu{}_\nu p^\nu, & v'^\mu &= \Lambda^\mu{}_\nu v^\nu \\ v'^\mu &= (1, 0, 0, 0) \\ -p'^\mu v'_\mu &= p'^0 = \Lambda^0{}_0 p^0 + \Lambda^0{}_1 p^1 \\ &= \gamma p^0 - \gamma v p^1 \\ &= \gamma(E - vp^x) \end{aligned}$$



WHY ALL MEASUREMENTS NEED A FRAME ?

4. Energy-Momentum Tensor

- (1) In the absence of pressure (i.e., for a single particle), the energy-momentum tensor reduces to:

$$T^{\mu\nu}|_{\text{particle}} = \rho_{m_0} U^\mu U^\nu$$

- (2) perfect fluid, which includes isotropic pressure but no viscosity or heat conduction.

$$T^{\mu\nu}|_{\text{perfect fluid}} = \rho_{m_0} U^\mu U^\nu + \mathcal{P} P^{\mu\nu}$$

where $P^{\mu\nu} = g^{\mu\nu} + U^\mu U^\nu$ is the projection tensor onto the spatial hypersurface orthogonal to U^μ .



WHY ALL MEASUREMENTS NEED A FRAME ?

4. Energy-Momentum Tensor

(3) The most general covariant decomposition of the energy-momentum tensor, especially useful in numerical relativity and the ADM/BSSN formalism:

$$\boxed{T^{\mu\nu}|_{3+1 \text{ split}} = \rho n^\mu n^\nu + j^\mu n^\nu + j^\nu n^\mu + S^{\mu\nu}}$$

$$\hookrightarrow \begin{cases} \rho = T^{\mu\nu} n_\mu n_\nu & : \text{energy density as measured by the observer } n^\mu \\ j^\mu = -T^{\alpha\beta} n_\alpha \gamma^\mu_\beta & : \text{spatial momentum density projected orthogonal to } n^\mu \\ S^{\mu\nu} = T^{\alpha\beta} \gamma^\mu_\alpha \gamma^\nu_\beta & : \text{spatial stress tensor (purely projected)} \end{cases}$$

where the projection tensor is given by $\gamma^{\mu\nu} = g^{\mu\nu} + n^\mu n^\nu$,

which satisfies $\gamma^{\mu\nu} n_\nu = 0$. This projects tensors onto the 3D slice.



WHY ALL MEASUREMENTS NEED A FRAME ?

4. Energy-Momentum Tensor

The Lorentz factor between the particle 4-velocity U^μ and the observer n^μ is:

$$\gamma = -U^\mu n_\mu$$

Then, by contracting the energy-momentum tensor with n^μ , we obtain:

$$\rho = T^{\mu\nu} n_\mu n_\nu = \rho_{m_0} U^\mu U^\nu n_\mu n_\nu \xrightarrow{U^\mu n_\mu = -\gamma} \rho_{m_0} \gamma^2 = \rho_m \quad : \text{total energy density observed by } n^\mu$$

$$j^\mu = -T^{\mu'\nu} n_\nu \gamma^\mu_{\mu'} = -\rho_{m_0} U^\mu U^\nu n_\nu \gamma^\mu_{\mu'} \xrightarrow[\frac{\gamma^\mu_{\nu} U^\nu}{\gamma} \equiv v^\mu]{U^\mu n_\mu = -\gamma} \rho_{m_0} \gamma^2 v^\mu = \rho_m v^\mu$$

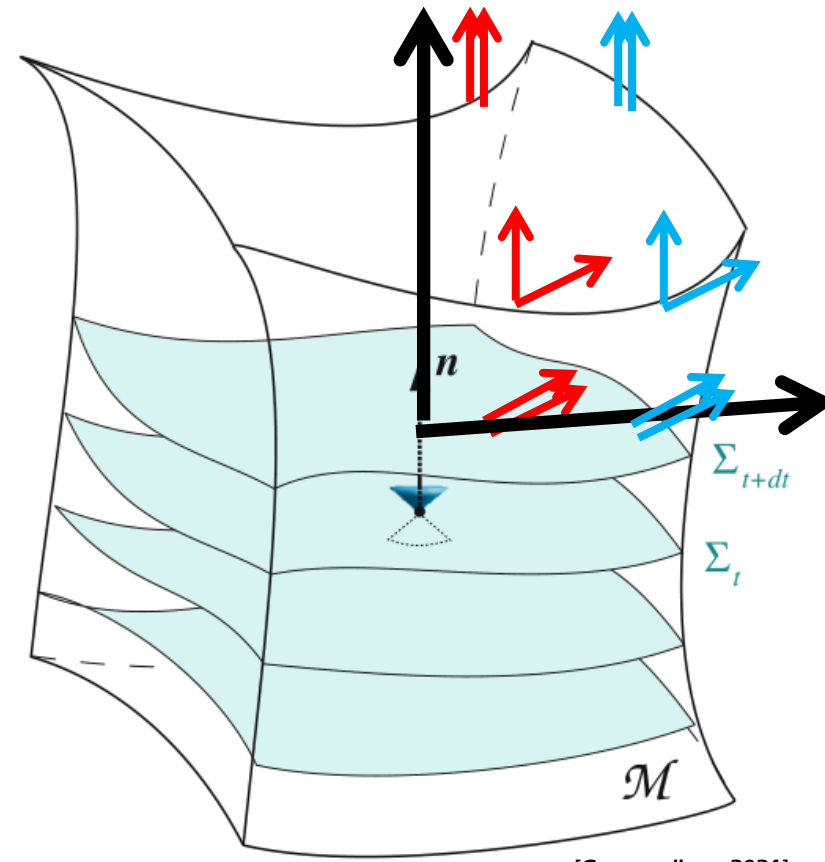
with $v^\mu = \frac{\gamma^\mu_{\nu} U^\nu}{\gamma}$ the 3-velocity relative to n^μ

Therefore, ρ includes Lorentz boosting of rest mass energy,
and j^μ gives the momentum density.



(EX) 3+1 Decomposition

(energy density)	$\rho_e = T_{nn}$
(momentum density)	$p_\alpha = -T_{n\hat{\alpha}}$
(stress tensor)	$S_{\mu\nu} = T_{\hat{\mu}\hat{\nu}}$



[Gourgoulhon, 2021]



Q.'S BEFORE $3+1$ FORMALISM

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WHY WE NEED A SPACETIME SLICE?

- **Manifold (topological \rightarrow differential(smooth) \rightarrow Riemannian)**

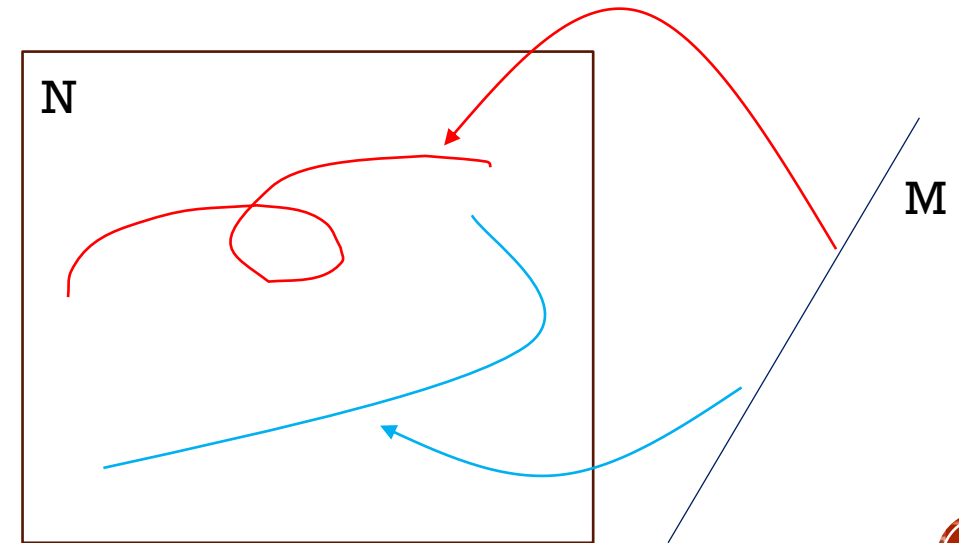


WHY WE NEED A SPACETIME SLICE?

- **Manifold (topological \rightarrow differential(smooth) \rightarrow Riemannian)**
- **Immersion/embedding**

(immersion) $\left\{ \begin{array}{l} \text{(derivative one-to-one)} \\ \text{(points no need to be one-to-one} \rightarrow \text{self-interaction possible)} \end{array} \right.$

(embedding) $\left\{ \begin{array}{l} \text{(immersion + topologically same (homeomorphic))} \\ \text{(Locally } N \rightarrow M \text{ is homeomorphic, that is, locally immersion is embedding.)} \\ \quad \hookrightarrow \text{(Local neighbourhood of a point } x \text{ on } N \\ \quad \quad \text{can not be mapped to a self-interacted image.)} \end{array} \right.$



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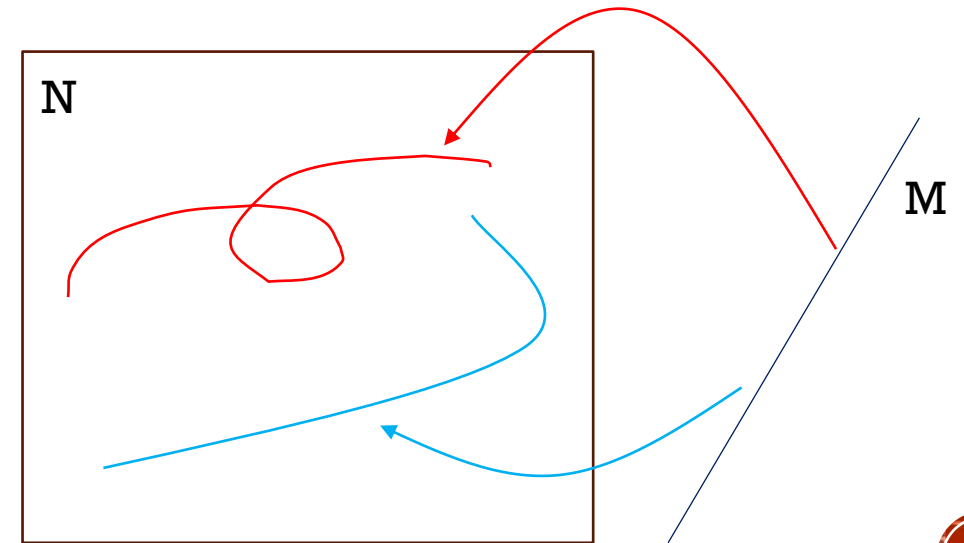
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- **Codimension/submanifold**

(immersion, $M \rightarrow N$) $\rightarrow [\dim(N) - \dim(M) : \text{codimension}]$

(embedding, $M \rightarrow N$) $\rightarrow [M \text{ is a submanifold of } N]$



WHY WE NEED A SPACETIME SLICE?

- **Manifold (topological \rightarrow differential(smooth) \rightarrow Riemannian)**

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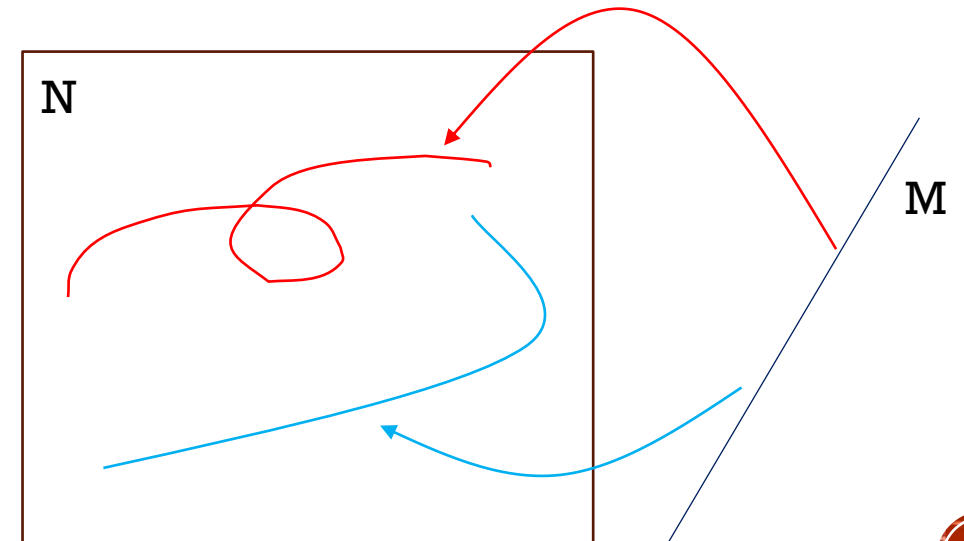
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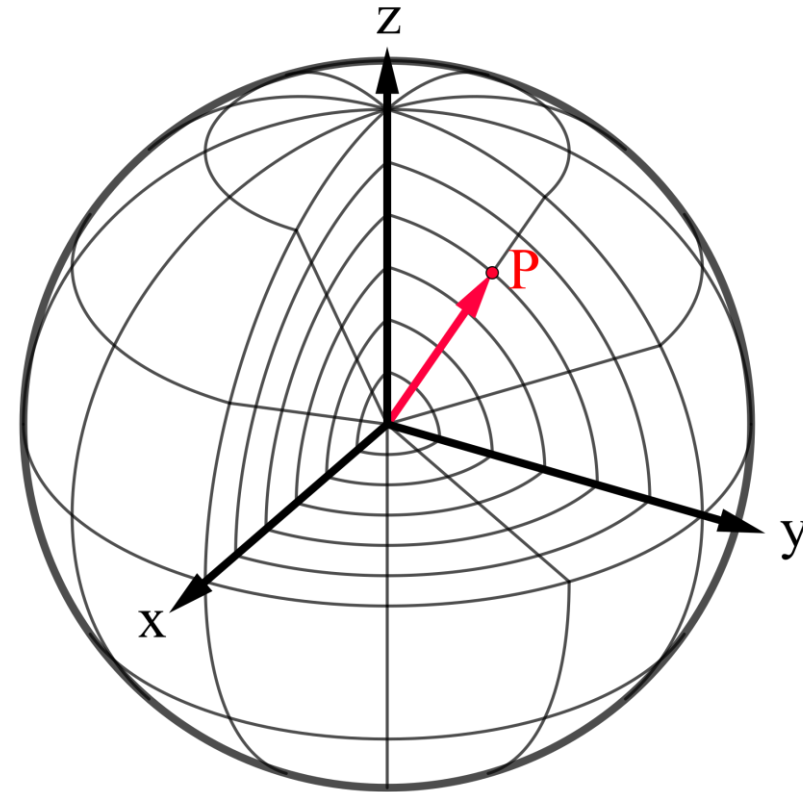
- **hypersurface**

codimension-1 submanifold



WHY WE NEED A SPACETIME SLICE?

- Various hypersurfaces and foliation



Q.'S BEFORE $3+1$ FORMALISM

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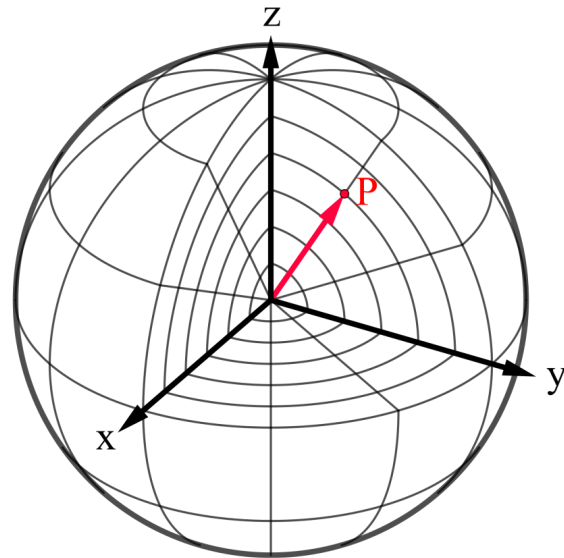


HOW DO WE SLICE SPACETIME?

- **Non-degenerate scalar fields labels submanifolds. > foliation**

$$\left\{ \begin{array}{l} (f^i: \text{exterior coordinates}) \leftarrow (\text{foliation}) \leftarrow \left[\begin{array}{l} (M \rightarrow N)\text{'s Codimension number's} \\ \text{non-degenerated } f^i(x) \text{ labels submanifold.} \end{array} \right] \\ (y^a: \text{coordinates on the submanifold } M) \end{array} \right.$$

↳ [in a neighborhood of M , coordinates: $x^\mu = (f^i, y^a)$]



HOW DO WE SLICE SPACETIME?

- **Surface forming one-form ω > foliation (Frobenius theorem)**

$\mathcal{D}_p = T_p S$ for some submanifold $S \ni p$ (Distribution $\mathcal{D} = \ker \omega$ arises as tangent spaces to a foliation of immersed submanifolds.)

$$[X, Y] \in \Gamma(\mathcal{D}) \text{ for all } X, Y \in \Gamma(\mathcal{D}).$$

$$d\omega(X, Y) = 0 \text{ for all } X, Y \in \ker \omega.$$

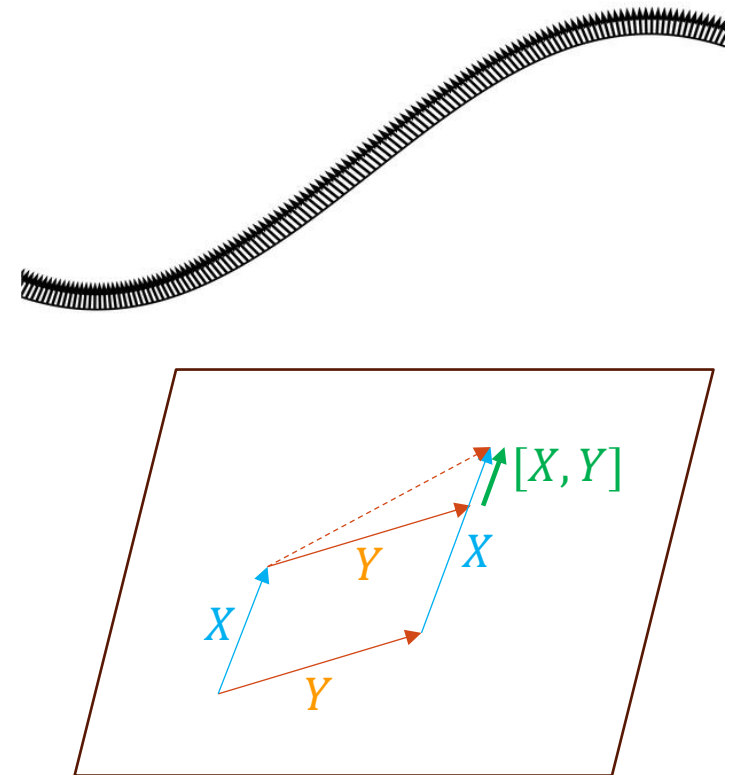
$$\omega \wedge d\omega = 0.$$

$$\text{For } \omega = \xi_\mu dx^\mu: \xi_{[\mu} \nabla_\nu \xi_{\sigma]} = 0$$

$$\nabla_{[\mu} \xi_{\nu]} X^\mu Y^\nu = 0 \text{ for all } X, Y \in \ker \omega. \quad |$$

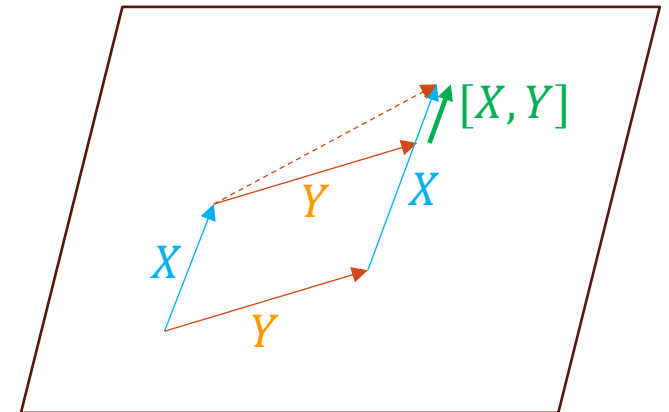
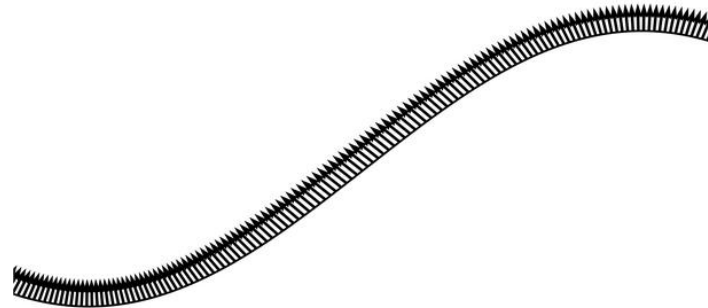
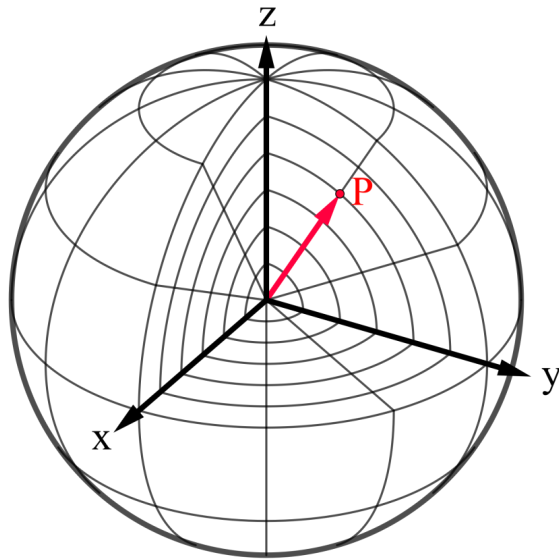
$$[V_{(a)}, V_{(b)}] \in \text{span}(V_{(c)}).$$

$$\text{For 1-forms } n^{(a)}: \nabla_{[\mu} n^{(a)}_{\nu]} V^\mu W^\nu = 0 \text{ for } V, W \in \ker n^{(a)}.$$



HOW DO WE SLICE SPACETIME?

- Foliation (scalar field, normal vector, vectors)



HOW DO WE SLICE SPACETIME?

- **Scalar field** > **Submanifold** Σ_t
- **Gradient of Scalar field** > **normal vector (one-form basis)**

$$dt = \nabla t \quad \langle V \text{ on } \Sigma_t, \nabla t \rangle = 0$$

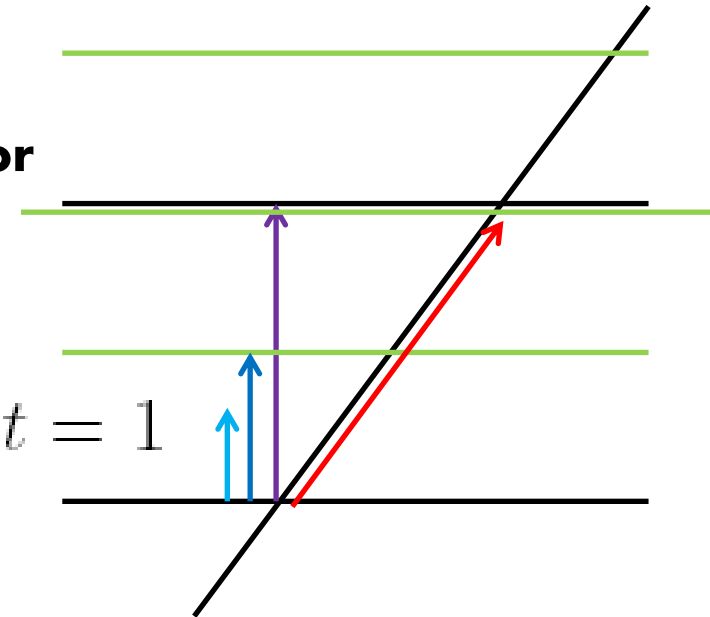
- **A curve intersecting the hypersurface** > **tangent basis vector**

$$\gamma(t) \text{ by } \Sigma_t : t = \partial_t$$

- **Tangent basis and one-form**

$$\gamma(t) \text{ by } \Sigma_t : \langle t, \nabla t \rangle = t^\alpha \nabla_\alpha t = t^\alpha \partial_\alpha t = \partial_t t = 1$$

- **A congruence of curves** > **coordinates** > **vector components**



$$t^\alpha = \left(\frac{\partial x^\alpha}{\partial t} \right)_{y^a} \equiv (\partial_t)^\alpha \quad \xrightarrow{\text{when } x^\alpha \equiv (t, y^a)} \delta_t^\alpha = (1, 0, 0, 0)$$

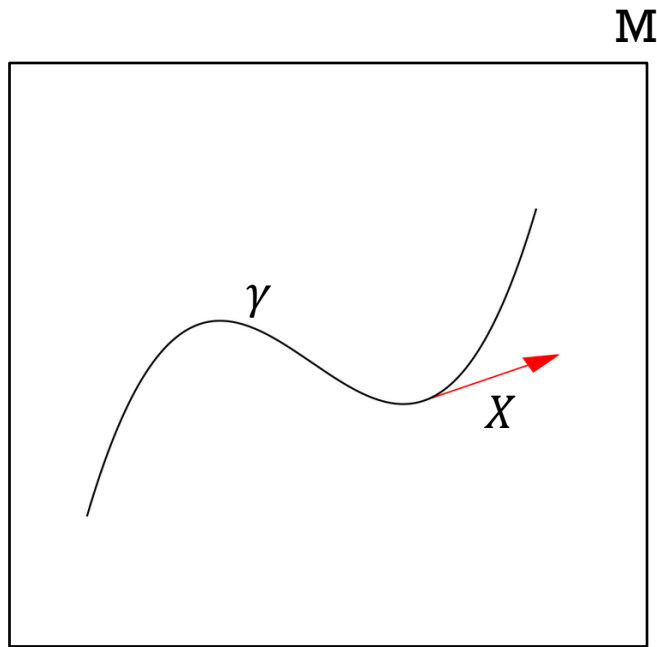
$$(y_a)^\alpha = \left(\frac{\partial x^\alpha}{\partial y^a} \right)_t \equiv (\partial_{y^a})^\alpha \quad \xrightarrow{\text{when } x^\alpha \equiv (t, y^a)} \delta_a^\alpha \xrightarrow{\alpha=1} (0, 1, 0, 0)$$

$$\nabla_\alpha t = \left(\frac{\partial t}{\partial x^\alpha} \right) \equiv (dt)_\alpha \quad \xrightarrow{\text{when } x^\alpha \equiv (t, y^a)} \delta_\alpha^t = (1, 0, 0, 0)$$

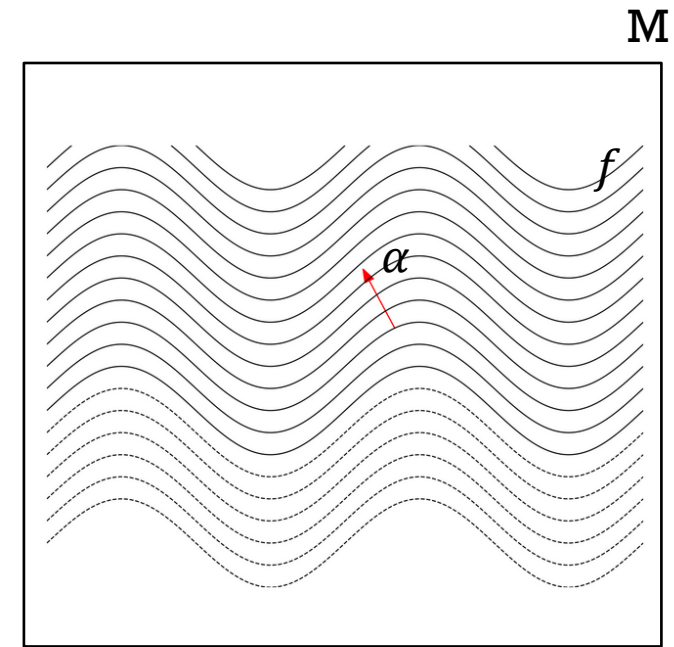
> Not unit vectors



TANGENT / DUAL VECTOR BASIS



$$\mathbf{X}_p : C^\infty(M) \rightarrow \mathbb{R}, \quad f \mapsto \mathbf{X}_p[f] = \left. \frac{d}{d\lambda} f(\gamma(\lambda)) \right|_{\lambda=0}$$

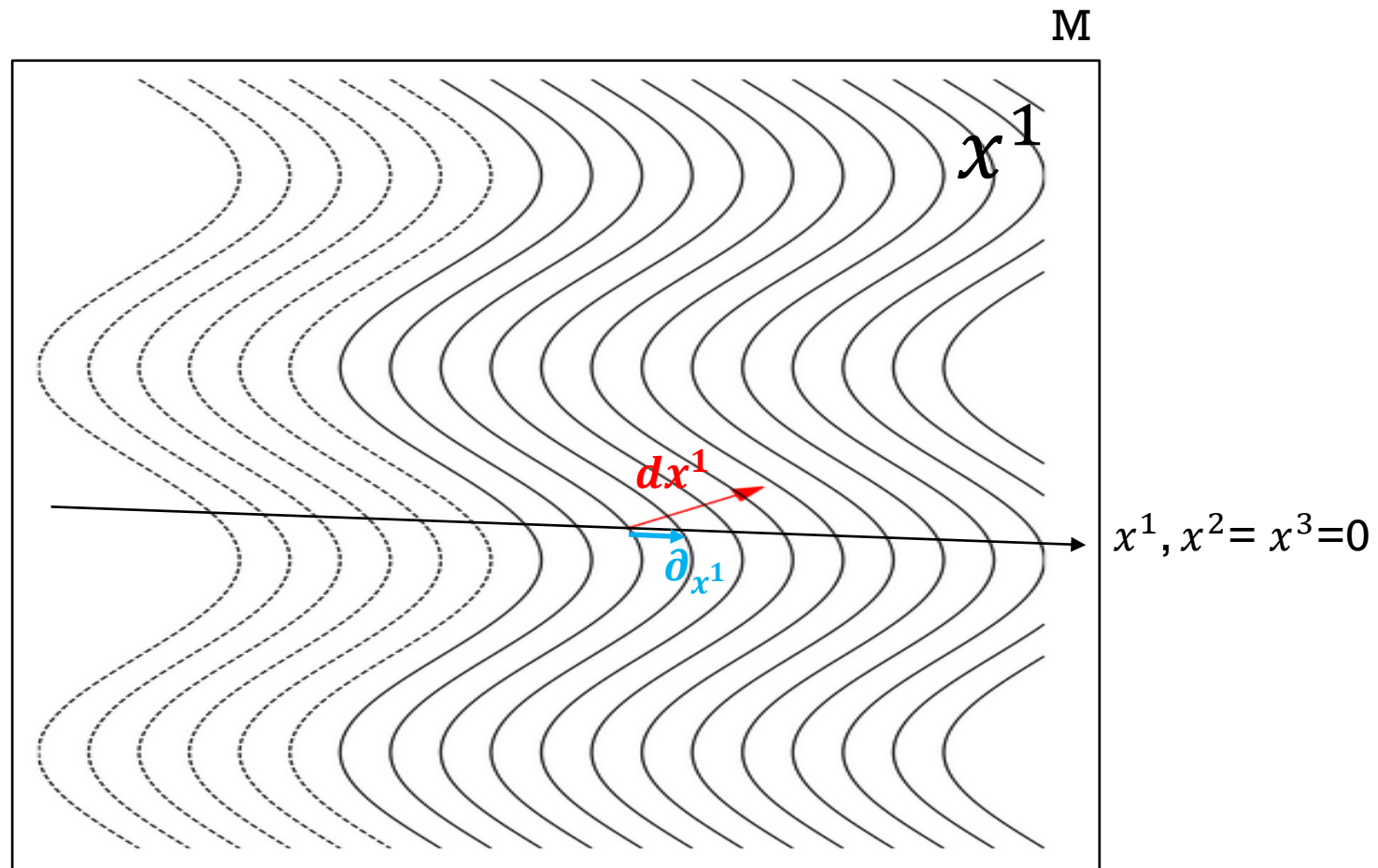


$$\alpha : T_p M \rightarrow \mathbb{R}, \quad v \mapsto \langle \alpha, v \rangle$$

$$\frac{df}{d\lambda} \equiv df \left(\frac{d}{d\lambda} \right)$$



TANGENT / DUAL VECTOR FROM SCALAR FIELD



$$\vec{V} = \mathbf{V} = V_x \partial_x + V_y \partial_y$$

$$\partial_x \cdot dx = \frac{\partial x}{\partial x} = 1, \quad \partial_y \cdot dy = \frac{\partial y}{\partial y} = 1,$$

$$\partial_x \cdot d\mathbf{y} = \frac{\partial y}{\partial x} = 0, \quad \partial_y \cdot d\mathbf{x} = \frac{\partial x}{\partial y} = 0$$

$$\vec{V} = (\vec{V} \cdot \partial_x) \textcolor{red}{d}x + (\vec{V} \cdot \partial_y) \textcolor{red}{d}y = \textcolor{blue}{V}_x \textcolor{red}{d}x + \textcolor{blue}{V}_y \textcolor{red}{d}y = \textcolor{blue}{V}_i \textcolor{red}{d}x^i$$

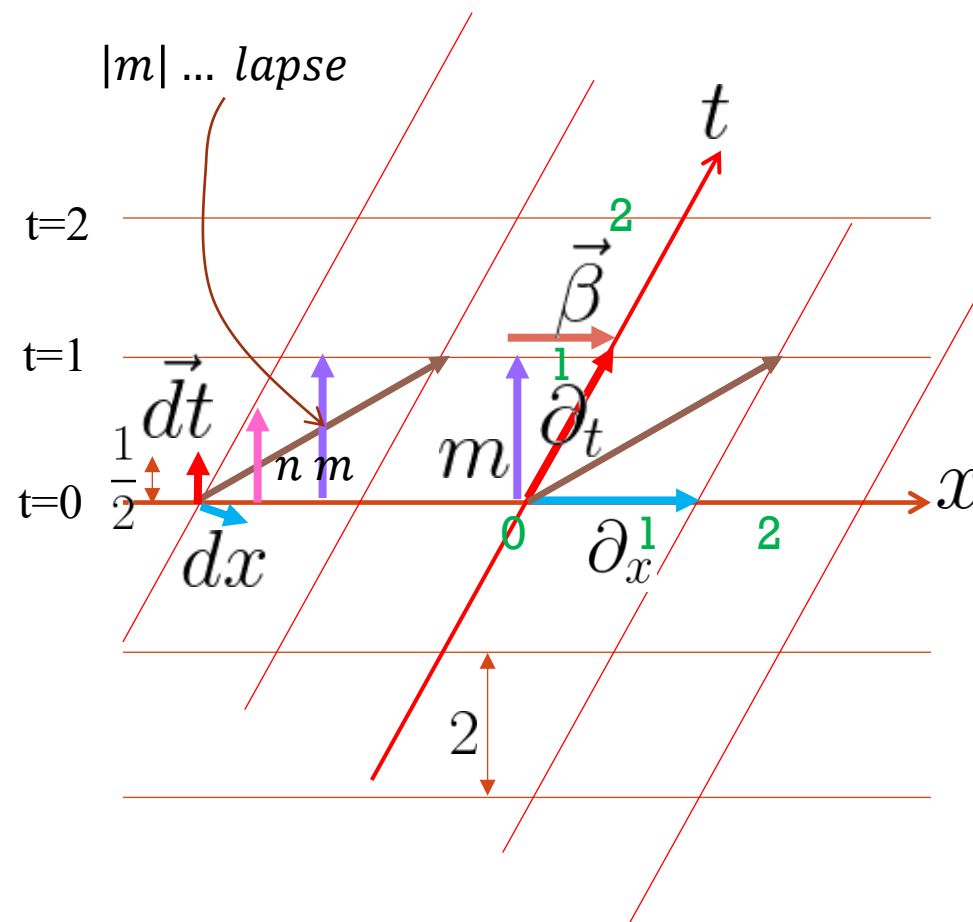
$$\vec{V} = (\vec{V} \cdot \textcolor{red}{d}\textcolor{blue}{x})\partial_x + (\vec{V} \cdot \textcolor{red}{d}\textcolor{blue}{y})\partial_y = \textcolor{red}{V}^x\partial_x + \textcolor{red}{V}^y\partial_y = \textcolor{red}{V}^i\partial_i$$

(covariant/contravariant)-(component/basis)



HOW DO WE SLICE SPACETIME?

- **Foliation of the spacetime**
 - **Constant time hypersurface**
 - > normal vector: dt (not unit length)
 - > unit normal vector: n
 - > normal vector with length to next $t=1$ hypersurface: m
($|m| = \text{lapse } N$)
 - **Draw constant $x=0$ curve**
 - > tangent basis until next grid: ∂_t
 - > difference of ∂_t from m
= shift vector: β
 - **Information of bases on the hypersurface**
 - > γ_{ij}

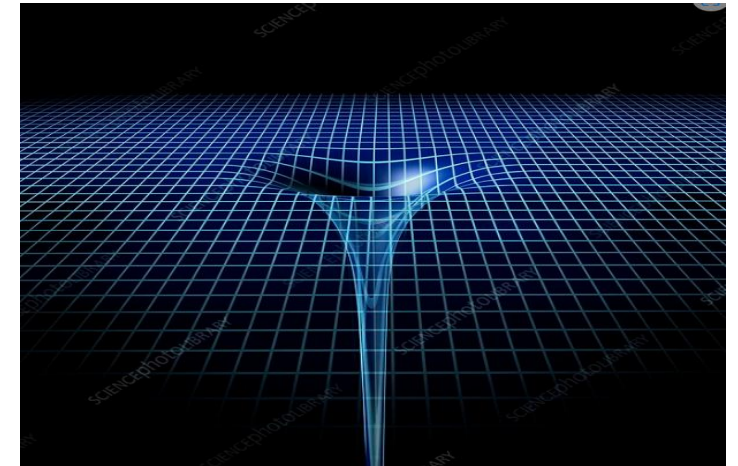
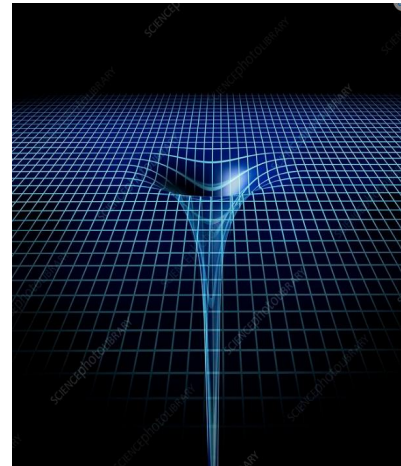


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 - > normal vector: \mathbf{dt} (not unit length)
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 - > difference of ∂_t from \mathbf{m} = shift vector: β
 - **Information of bases on the hypersurface**
 - > γ_{ij}

$$G_{\mu\nu}(g_{\mu\nu}) = \frac{8\pi G}{c^4} T_{\mu\nu}$$

$$G_{\check{\mu}\check{\nu}}(\check{g}_{\check{\mu}\check{\nu}}) = \frac{8\pi G}{c^4} T_{\check{\mu}\check{\nu}} \quad G_{\mu\nu}(\check{g}_{\mu\nu}) = \frac{8\pi G}{c^4} T_{\mu\nu}$$



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VARIABLES IN EINSTEIN'S EQ.

$$G_{\mu\nu}(g_{\mu\nu}) = \frac{8\pi G}{c^4} T_{\mu\nu}$$

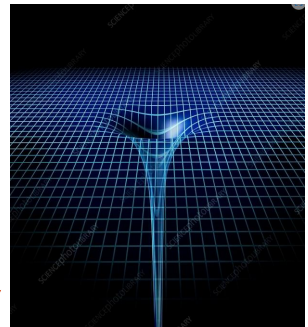
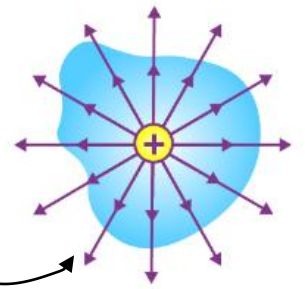
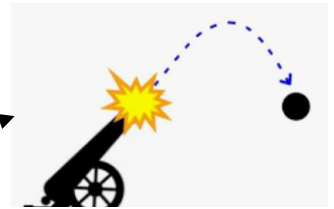
- Metric tensor
 - Unknowns to solve in Einstein's eq. such as x in $f(x)=y$.
 - Field variable, not $x(t)$ but $g_{\mu\nu}(t,x)$
 - Related to gravitational field \mathbf{g} in Newtonian gravity
 - Describes the spacetime structure
 - Fundamental quantity: 4x4 symmetric tensor, 10 dof's
- >> What is its value? 10 is real dofs? Why not just 3+1?

$$\mathbf{F} = m\mathbf{a} \rightarrow \mathbf{x}(t)$$

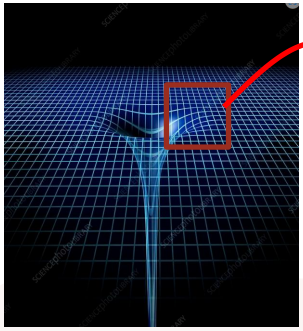
$$\nabla \cdot \mathbf{E} = \frac{\rho}{\epsilon_0} \rightarrow \mathbf{E}(x)$$

3+1?

$$g_{\mu\nu} = \begin{pmatrix} g_{00} & g_{01} & g_{02} & g_{03} \\ g_{01} & g_{11} & g_{12} & g_{13} \\ g_{02} & g_{12} & g_{22} & g_{23} \\ g_{03} & g_{13} & g_{23} & g_{33} \end{pmatrix}$$



METRIC TENSOR IN EINSTEIN EQ.



$$G_{\mu\nu}(g_{\mu\nu}) = \frac{8\pi G}{c^4} T_{\mu\nu}$$

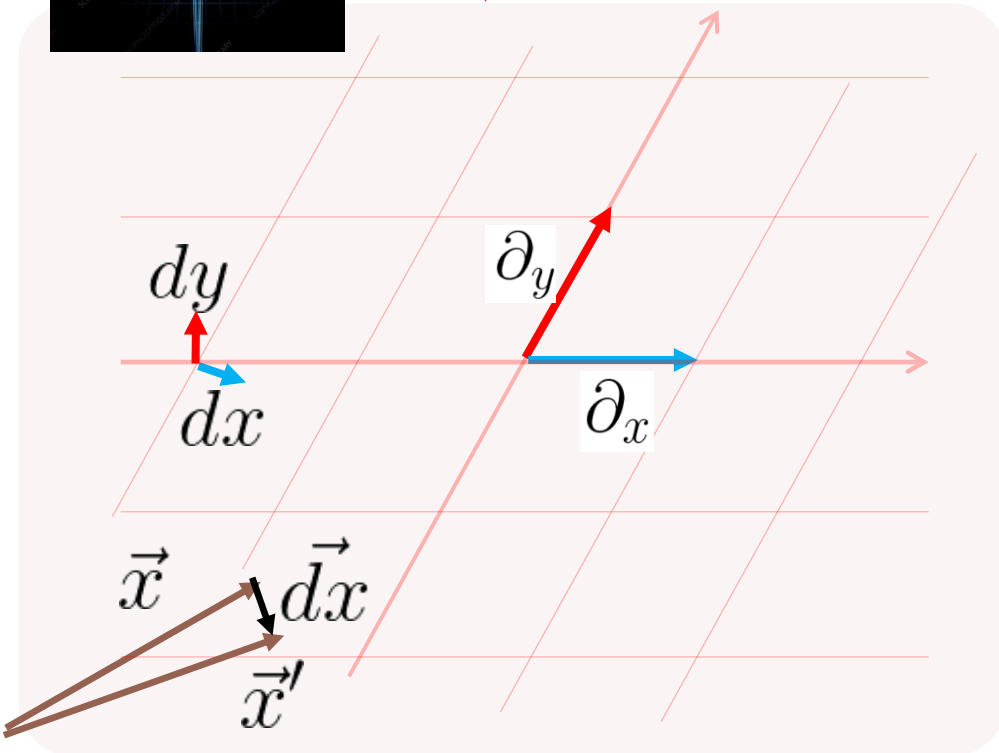
- Metric tensor components from coordinate basis
 - Information about the lengths and angles of the basis vectors

$$g_{\mu\nu} = \partial_\mu \cdot \partial_\nu = g(\partial_\mu, \partial_\nu) = (g_{\mu'\nu'} dx^{\mu'} \otimes dx^{\nu'}) (\partial_\mu, \partial_\nu)$$

$$g^{\mu\nu} = dx^\mu \cdot dx^\nu = g(dx^\mu, dx^\nu) = (g^{\mu'\nu'} \partial_{\mu'} \otimes \partial_{\nu'}) (dx^\mu, dx^\nu)$$

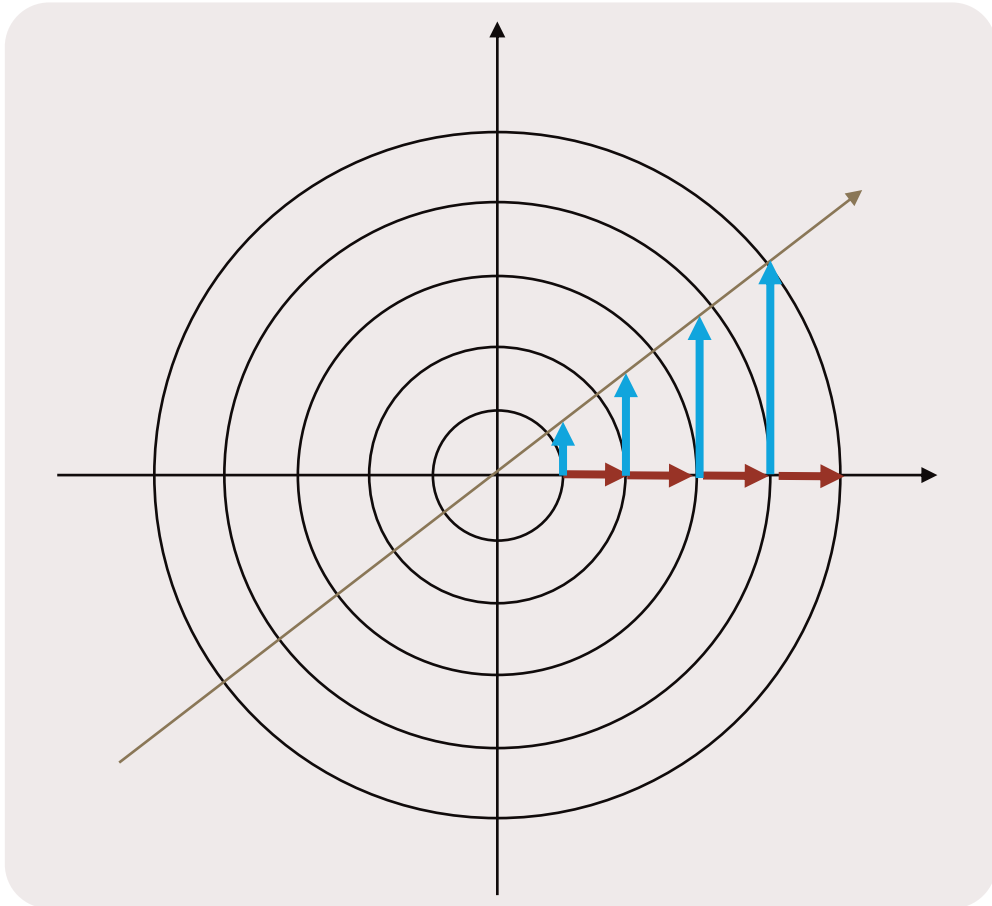
$$\begin{cases} g_{xx} = \partial_x \cdot \partial_x = |\partial_x|^2 & \rightarrow \text{length}^2 \\ g_{xy} = \partial_x \cdot \partial_y = |\partial_x| |\partial_y| \cos \theta & \rightarrow \text{angle info.} \end{cases} \rightarrow \text{grid info.}$$

$$ds^2 = g(dx, dx) = g(dx^\mu \partial_\mu, dx^\nu \partial_\nu) = g_{\mu\nu} dx^\mu dx^\nu \rightarrow \text{invariant length}$$



METRIC TENSOR EXAMPLE

- 2-D Polar coordinates



$$\begin{aligned} ds^2 &= g_{rr}dr^2 + g_{\theta\theta}d\theta^2 \\ &= (\partial_r \cdot \partial_r)dr^2 + (\partial_\theta \cdot \partial_\theta)d\theta^2 \\ &= dr^2 + r^2d\theta^2 \end{aligned}$$

$$g_{ij} = \begin{pmatrix} g_{rr} & g_{r\theta} \\ g_{\theta r} & g_{\theta\theta} \end{pmatrix} = \begin{pmatrix} 1 & 0 \\ 0 & r^2 \end{pmatrix}$$

- Alternative coordinate system of flat 2-D space
- Orthogonal coordinates
- Symmetric tensor > metric tensor property
- Diagonal components indicates lengths of the basis

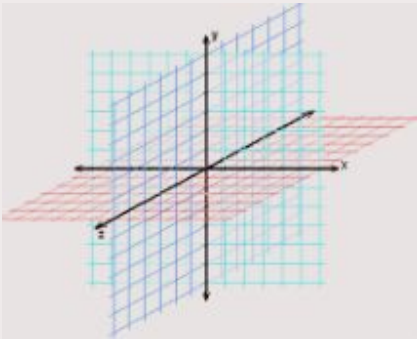


METRIC TENSOR EXAMPLES

■ 3-D flat space

$$ds^2 = dx^2 + dy^2 + dz^2$$

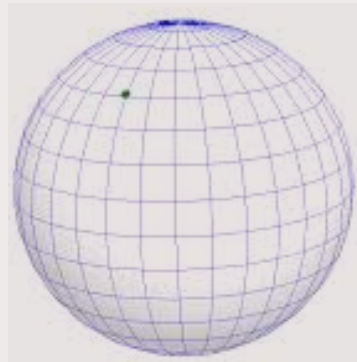
$$g_{ij} = \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 1 \end{pmatrix}$$



2-D sphere surface

$$ds^2 = r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2$$

$$g_{ij} = \begin{pmatrix} r^2 & 0 \\ 0 & r^2 \sin^2 \theta \end{pmatrix}$$

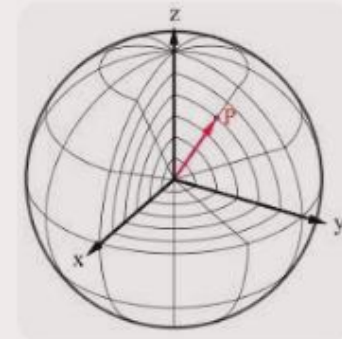


3-D spherical coordinates

$$ds^2 = dr^2 + r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2$$

$(= dx^2 + dy^2 + dz^2)$

$$g_{ij} = \begin{pmatrix} 1 & 0 & 0 \\ 0 & r^2 & 0 \\ 0 & 0 & r^2 \sin^2 \theta \end{pmatrix}$$

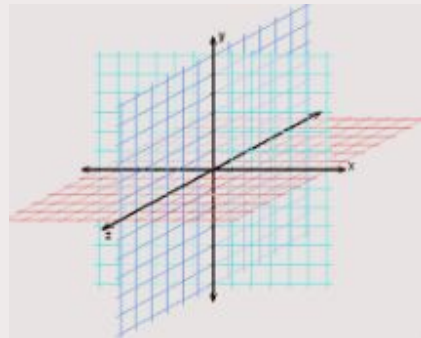
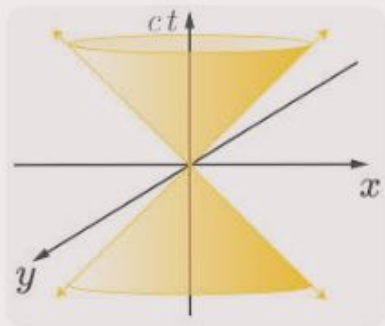


METRIC TENSOR EXAMPLES (PSEUDO-RIEMANNIAN, FLAT)

- 4-D flat Minkowski spacetime (Cartesian) 4-D flat Minkowski spacetime (Spherical)

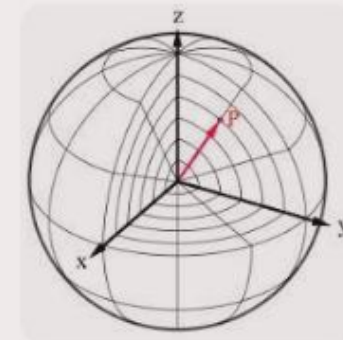
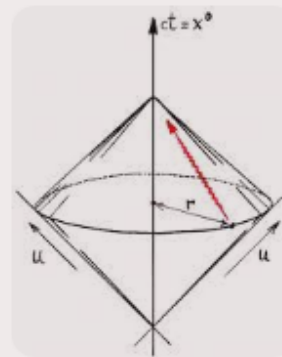
$$ds^2 = -dt^2 + dx^2 + dy^2 + dz^2$$

$$g_{\mu\nu} = \begin{pmatrix} -1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix}$$



$$ds^2 = -dt^2 + dr^2 + r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2$$

$$g_{\mu\nu} = \begin{pmatrix} -1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & r^2 & 0 \\ 0 & 0 & 0 & r^2 \sin^2 \theta \end{pmatrix}$$

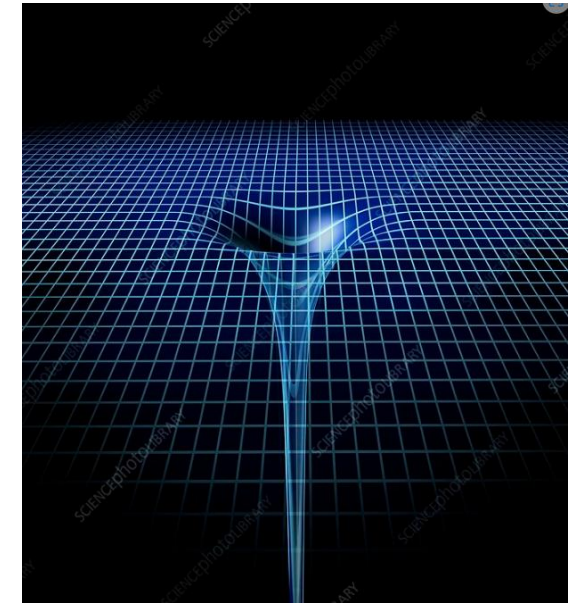
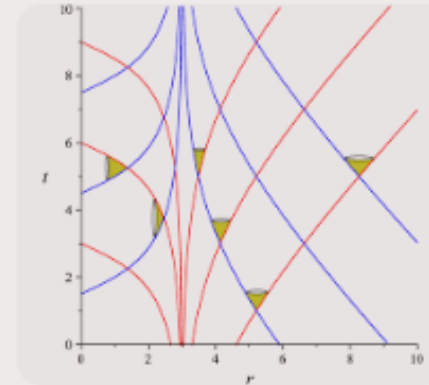


METRIC TENSOR EXAMPLES (PSEUDO-RIEMANNIAN, CURVED)

- 4-D curved spacetime

$$ds^2 = -\left(1 - \frac{2GM}{r}\right)dt^2 + \frac{1}{1 - \frac{2GM}{r}}dr^2 + r^2d\theta^2 + r^2\sin^2\theta d\phi^2$$

$$g_{\mu\nu} = \begin{pmatrix} -\left(1 - \frac{2GM}{r}\right) & 0 & 0 & 0 \\ 0 & \frac{1}{1 - \frac{2GM}{r}} & 0 & 0 \\ 0 & 0 & r^2 & 0 \\ 0 & 0 & 0 & r^2\sin^2\theta \end{pmatrix}$$



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PHYSICAL DOFS OF METRIC TENSOR

$$G_{\mu\nu}(g_{\mu\nu}) = \frac{8\pi G}{c^4} T_{\mu\nu}$$

- Considering the gauge fixing, we have 6 physical dof's in the metric.

$$\begin{pmatrix} G_{00} & G_{01} & G_{02} & G_{03} \\ G_{01} & G_{11} & G_{12} & G_{13} \\ G_{02} & G_{12} & G_{22} & G_{23} \\ G_{03} & G_{13} & G_{23} & G_{33} \end{pmatrix}$$

10 \rightarrow 6

$$\begin{pmatrix} g_{00} & g_{01} & g_{02} & g_{03} \\ g_{10} & g_{11} & g_{12} & g_{13} \\ g_{20} & g_{21} & g_{22} & g_{23} \\ g_{30} & g_{31} & g_{32} & g_{33} \end{pmatrix}$$

10 \rightarrow 6

$g_{\mu\nu}$, $g_{\bar{\mu}\bar{\nu}}$, $g_{\tilde{\mu}\tilde{\nu}}$ describe the same physics.

$t' = f_0(t, x, y, z)$, $x' = f_1(t, x, y, z), \dots$

We can reduce 4 $g_{\mu\nu}$ components by fixing the gauge.

3 + 1 DECOMPOSITION (METRIC DECOMPOSITION)

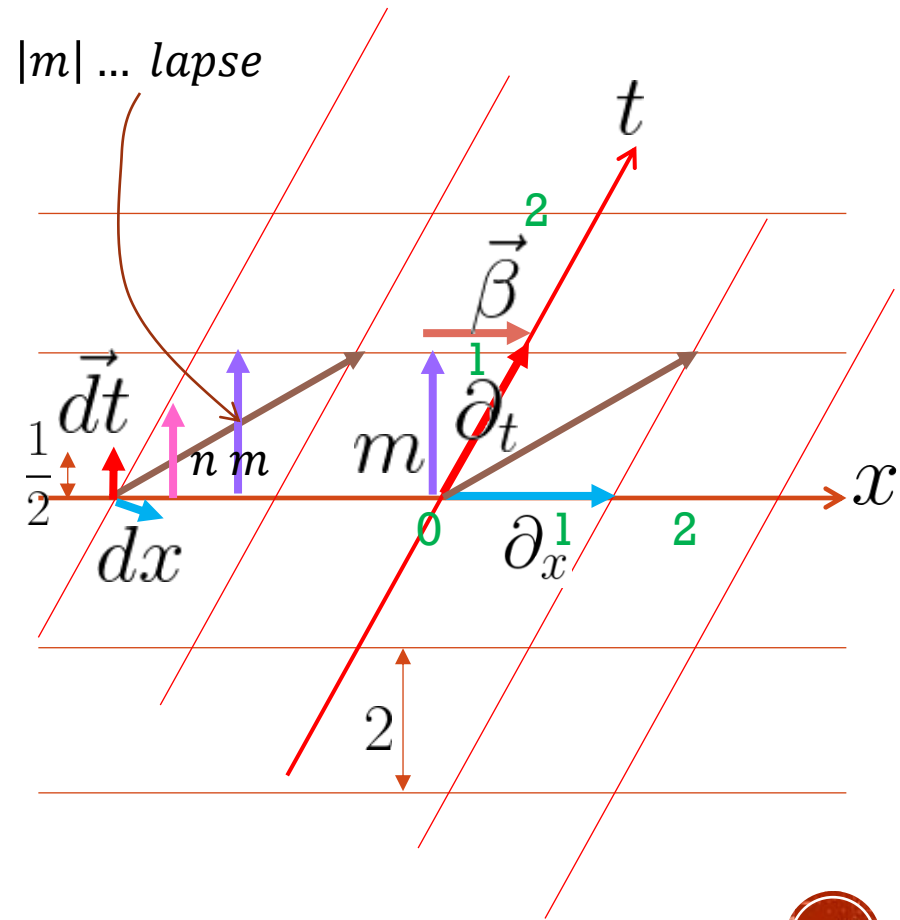
$$g_{\mu\nu} = \partial_\mu \cdot \partial_\nu, \quad g^{\mu\nu} = (\mathbf{d}x^\mu) \cdot (\mathbf{d}x^\nu)$$

$$\downarrow \begin{cases} t = m + \beta \\ N \equiv \alpha & (\text{lapse function}) \\ N^\alpha \equiv \beta^\alpha = (0, \vec{\beta}) & (\text{shift vector}) \\ m^\alpha = N n^\alpha = (1, -\vec{\beta}) & (\text{evolution vector}) \end{cases}$$

$$\begin{aligned} ds^2 &= g_{\mu\nu} dx^\mu dx^\nu \\ &= -(N^2 - \beta_i \beta^i) dt^2 + 2\beta_i dt dx^i + \gamma_{ij} dx^i dx^j \\ &= -N^2 dt^2 + \gamma_{ij} \underbrace{(dx^i + \beta^i dt)}_{d\hat{x}^i} \underbrace{(dx^j + \beta^j dt)}_{d\hat{x}^j} \end{aligned}$$

Note that dx^i is not on Σ_t when $\vec{\beta} \neq 0$, but $d\hat{x}^i$ is on Σ_t .

$$\begin{aligned}
g_{\mu\nu} &= \begin{pmatrix} g_{tt} & g_{tx} & g_{ty} & g_{tz} \\ g_{xt} & g_{xx} & g_{xy} & g_{xz} \\ g_{yt} & g_{yx} & g_{yy} & g_{yz} \\ g_{zt} & g_{zx} & g_{zy} & g_{zz} \end{pmatrix} \\
&= \begin{pmatrix} \partial_t \cdot \partial_t & \partial_t \cdot \partial_x & \cdots & \cdots \\ \cdots & & & \\ \cdots & & \gamma_{ij} & \\ \cdots & & & \end{pmatrix} \\
&= \begin{pmatrix} m \cdot m + \beta \cdot \beta & \beta \cdot \partial_x & \cdots & \cdots \\ \cdots & & & \\ \cdots & & \gamma_{ij} & \\ \cdots & & & \end{pmatrix} \\
&= \begin{pmatrix} -N^2 + \beta_k \beta^k & \cdots & \beta_i & \cdots \\ \cdots & & & \\ \beta_i & & \gamma_{ij} & \\ \cdots & & & \end{pmatrix}
\end{aligned}$$



3+1 DECOMPOSITION (PROJECTION TENSOR)

$$\begin{aligned} ds^2 &= g_{\mu\nu} dx^\mu dx^\nu \\ &= -(N^2 - \beta_i \beta^i) dt^2 + 2\beta_i dt dx^i + \gamma_{ij} dx^i dx^j \\ &= -N^2 dt^2 + \gamma_{ij} \underbrace{(dx^i + \beta^i dt)}_{d\hat{x}^i} \underbrace{(dx^j + \beta^j dt)}_{d\hat{x}^j} \end{aligned}$$

Note that dx^i is not on Σ_t when $\vec{\beta} \neq 0$, but $d\hat{x}^i$ is on Σ_t .

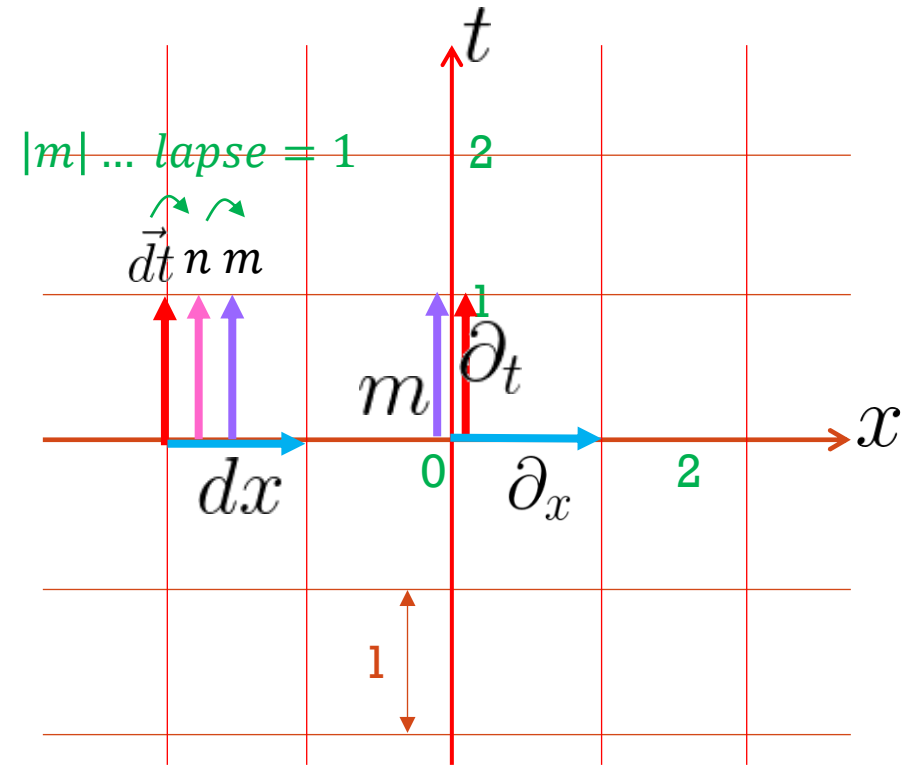
Gaussian normal coordinates : $ds^2 = \sigma dz^2 + \gamma_{ij} dy^i dy^j$

$$\begin{aligned} \Downarrow \quad ds^2 &= g_{\mu\nu}(\mathbf{d}x^\mu) \otimes (\mathbf{d}x^\nu) \\ &= -dt^2 + \gamma_{ij}dy^i dy^j \Leftrightarrow -(N^2 - \beta_i \beta^i)dt^2 + 2\beta_i dt dx^i + \gamma_{ij}dx^i dx^j \\ \Downarrow \quad \mathbf{d}t &= -N^{-1} \mathbf{n} \xrightarrow{N=1} -\mathbf{n} = -n_\mu(\mathbf{d}x^\mu) \quad \Downarrow N=1, \beta^i=0 \\ &= -n_\mu n_\nu dx^\mu dx^\nu + \gamma_{\mu\nu} dx^\mu dx^\nu \\ &= (-n_\mu n_\nu + \gamma_{\mu\nu}) dx^\mu dx^\nu \end{aligned}$$

$$\therefore \gamma_{\mu\nu} = g_{\mu\nu} - \sigma n_\mu n_\nu$$

$$= P_{\mu\nu} \quad (\text{projection tensor})$$

> Projection tensor = metric on hypersurface



3+1 DECOMPOSITION

(PROJECTION TENSOR (2))

- **Definition:** $P_{\mu\nu} = g_{\mu\nu} - \sigma n_\mu n_\nu$

- Projected vectors are tangent to the hypersurface

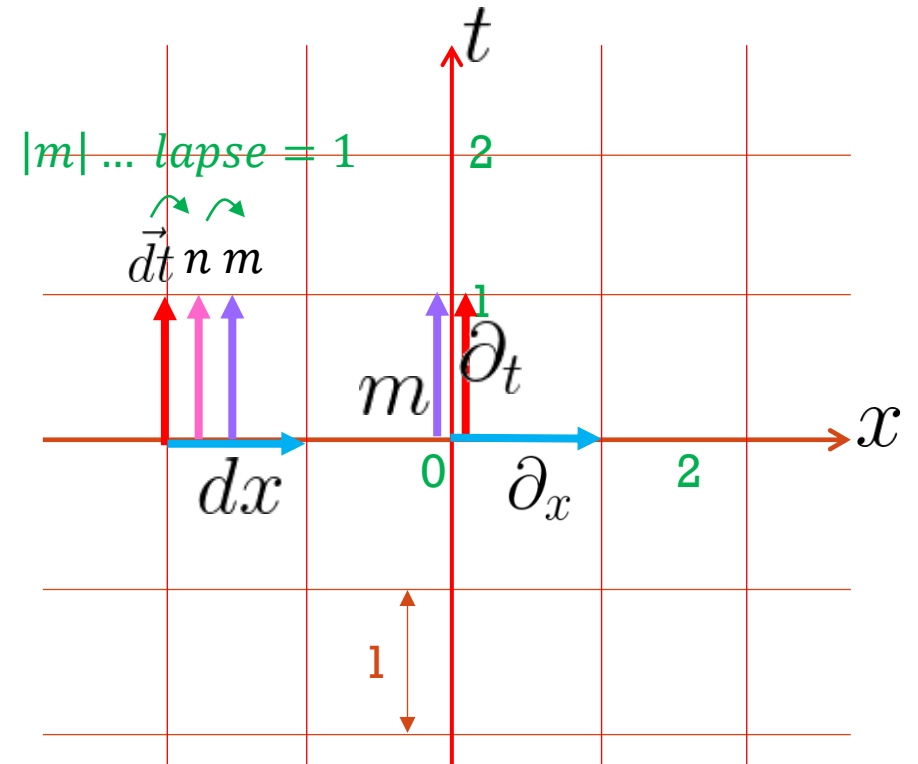
$$\begin{aligned} (P_{\mu\nu}V^\mu)n^\nu &= g_{\mu\nu}V^\mu n^\nu - \sigma n_\mu \overbrace{n_\nu V^\mu n^\nu}^{=\sigma V^\mu, \sigma^2=1} \\ &= 0 \end{aligned}$$

- Act like the metric for tangent vectors

$$P_{\mu\nu}V^\mu W^\nu = g_{\mu\nu}V^\mu W^\nu - \sigma n_\mu n_\nu V^\mu W^\nu \rightarrow 0$$

- Idempotent: $V^\mu V_\mu = g_{\mu\nu} V^\mu V^\nu$

$$P^\mu_{\lambda} P^\lambda_{\nu} = \dots = P^\mu_{\nu}$$



3+1 DECOMPOSITION (INVERSE METRIC)

$$g_{\mu\nu} = \partial_\mu \cdot \partial_\nu, \quad g^{\mu\nu} = (\mathbf{d}x^\mu) \cdot (\mathbf{d}x^\nu)$$

$$\downarrow \begin{cases} t = m + \beta \\ N \equiv \alpha & (\text{lapse function}) \\ N^\alpha \equiv \beta^\alpha = (0, \vec{\beta}) & (\text{shift vector}) \\ m^\alpha = N n^\alpha = (1, -\vec{\beta}) & (\text{evolution vector}) \end{cases}$$

$$g^{\mu\nu} = \begin{pmatrix} -\frac{1}{N^2} & \frac{\beta^j}{N^2} \\ \frac{\beta^i}{N^2} & \gamma^{ij} - \frac{\beta^i \beta^j}{N^2} \end{pmatrix}$$

Note that $g^{ij} \neq \gamma^{ij}$

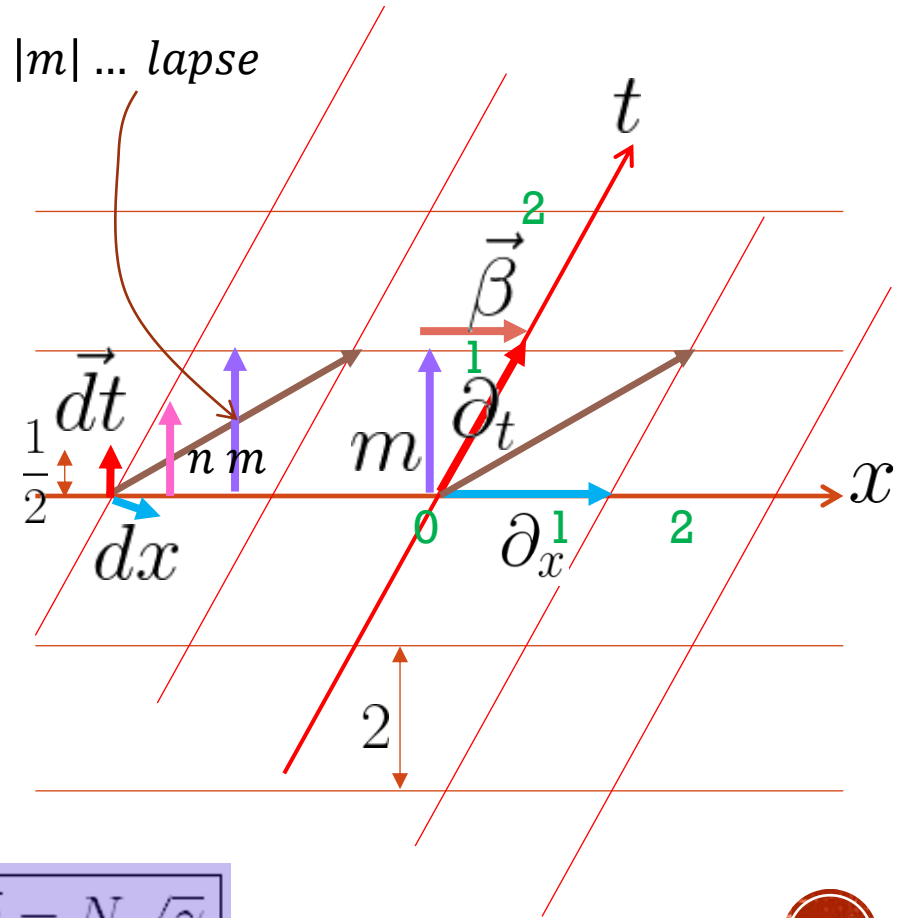
$$g^{00} = (\mathbf{dt}) \cdot (\mathbf{dt}) = \left(-\frac{1}{N}n^\mu\right)\left(-\frac{1}{N}n_\mu\right) = \sigma\frac{1}{N^2} = -\frac{1}{N^2}$$

$$g^{0\mu} = (\mathbf{d}t) \cdot (\mathbf{d}x^\mu) = \delta^\beta_\alpha \left(-\frac{1}{N} n^\alpha \right) \underbrace{(\mathbf{d}x^\mu)_\beta}_{=\delta^\mu_\beta} = -\frac{1}{N} n^\mu = \frac{1}{N^2} (-1, \vec{\beta})$$

$$g^{ij} = (\mathbf{d}x^i) \cdot (\mathbf{d}x^j) = g^{\mu\nu} (\mathbf{d}x^i)_\mu (\mathbf{d}x^j)_\nu = (\sigma n^\mu n^\nu + P^{\mu\nu}) \underbrace{(\mathbf{d}x^i)_\mu}_{=\delta^i_\beta} \underbrace{(\mathbf{d}x^j)_\nu}_{=\delta^j_\nu}$$

$$= \sigma n^i n^j + \gamma^{ij} = -\frac{\beta^i \beta^j}{N^2} + \gamma^{ij}$$

$|m| \dots lapse$



$$\sqrt{-g} = N\sqrt{\gamma}$$

Q.'S BEFORE $3+1$ FORMALISM

1. **Why All Measurements Need a Frame ?**
→ **No Observer, No Physics**
2. **Why We Need a Spacetime Slice?**
→ **To Observe Anything, Need to Define “Now” and “Here”**
3. **How Do We Slice Spacetime?**
→ **Foliation, Lapse, and Shift, (Gauge Fixing)**
4. **Given a Spacetime Slice, Can We Specify Any Metric?**
→ **No, It Might Be Unphysical! (No Match With E-p Distribution.)**
→ **Physical Meaning of the Constraints**
5. **Once We fix a Slice's Geometry of the Spacetime, How Does it Change Over Time?**
→ **Through the Evolution eq.**



GIVEN A SPACETIME SLICE, CAN WE SPECIFY ANY METRIC?

No, It Might Be Unphysical! (No Match With E-p Distribution.)

→ Physical Meaning of the Constraints

$$\begin{aligned} {}^{(4)}G_{\mu\nu} &= 8\pi GT_{\mu\nu} \\ \Downarrow \quad \left\{ \begin{array}{l} (1) \quad {}^{(4)}G_{nn} = 8\pi GT_{nn} \rightarrow R + K^2 - K_{ij}K^{ij} = 16\pi G E \\ (2) \quad {}^{(4)}G_{n\hat{\mu}} = 8\pi GT_{n\hat{\mu}} \rightarrow D_i K - D_j K^j{}_i = -8\pi G p_i \\ (3) \quad {}^{(4)}G_{\hat{\mu}\hat{\nu}} = 8\pi GT_{\hat{\mu}\hat{\nu}} \rightarrow \partial_t K_{ij} = \alpha(R_{ij} - 2K_{ik}K^k{}_j + KK_{ij}) \\ \qquad \qquad \qquad \qquad \qquad \qquad \qquad + (\beta^k \partial_k K_{ij} + \partial_i \beta^k K_{kj} + \partial_j \beta^k K_{ik}) \\ \qquad \qquad \qquad \qquad \qquad \qquad \qquad - D_i D_j \alpha - 8\pi G \alpha [S_{ij} - \frac{1}{2} \gamma_{ij}(S - E)] \\ K_{\mu\nu} = \frac{1}{2} \mathcal{L}_n P_{\mu\nu} \quad \rightarrow \quad \partial_t \gamma_{ij} = -2\alpha K_{ij} + D_i \beta_j + D_j \beta_i \end{array} \right. \end{aligned}$$



CONSTRAINTS AND EVOLUTION EQ.

$$G_{\mu\nu}(g_{\mu\nu}) = \frac{8\pi G}{c^4} T_{\mu\nu}$$

(1) $G_{\mu\nu} = 0$ (vacuum Einstein eq. $\rightarrow 10g_{\mu\nu}$ dof.)

(2) $\nabla_\alpha G^{\alpha\beta} = 0$ (Bianchi id. 4 eq.)

$$\hookrightarrow \partial_0 \underbrace{G^{0\beta}} = - \underbrace{(\partial_i G^{i\beta} + \Gamma^\alpha_{\alpha\sigma} G^{\sigma\beta} + \Gamma^\beta_{\alpha\sigma} G^{\alpha\sigma})}$$

no 2nd time derivative. $\leftarrow G_{\mu\nu}$: at most 2nd time derivative.

$\hookrightarrow G_{0\beta} = 0 \rightarrow$ no evolution eq. just constraint on initial data.

$\hookrightarrow g_{\mu\nu}$ evolved by $G_{ij} = 0$ from $G_{0\beta} = 0|_{\Sigma_t}$

satisfies constraints in M by $\nabla_\alpha G^{\alpha\beta} = 0$



Q.'S BEFORE $3+1$ FORMALISM

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→ **Through the Evolution eq.**



**ONCE WE FIX A SPACETIME SLICE,
HOW DOES IT CHANGE OVER TIME?**

Through the Evolution eq.

$$\begin{aligned} {}^{(4)}G_{\mu\nu} &= 8\pi GT_{\mu\nu} \\ \Downarrow \quad \left\{ \begin{array}{l} (1) \quad {}^{(4)}G_{nn} = 8\pi GT_{nn} \quad \rightarrow \quad R + K^2 - K_{ij}K^{ij} = 16\pi G E \\ (2) \quad {}^{(4)}G_{n\hat{\mu}} = 8\pi GT_{n\hat{\mu}} \quad \rightarrow \quad D_i K - D_j K^j_i = -8\pi G p_i \\ (3) \quad {}^{(4)}G_{\hat{\mu}\hat{\nu}} = 8\pi GT_{\hat{\mu}\hat{\nu}} \quad \rightarrow \quad \partial_t K_{ij} = \alpha(R_{ij} - 2K_{ik}K^k_j + K K_{ij}) \\ \quad \quad \quad \quad \quad \quad \quad \quad \quad + (\beta^k \partial_k K_{ij} + \partial_i \beta^k K_{kj} + \partial_j \beta^k K_{ik}) \\ \quad \quad \quad \quad \quad \quad \quad \quad \quad - D_i D_j \alpha - 8\pi G \alpha [S_{ij} - \frac{1}{2} \gamma_{ij} (S - E)] \\ K_{\mu\nu} = \frac{1}{2} \mathcal{L}_n P_{\mu\nu} \quad \rightarrow \quad \partial_t \gamma_{ij} = -2\alpha K_{ij} + D_i \beta_j + D_j \beta_i \end{array} \right. \end{aligned}$$



PHYSICAL DOFS OF METRIC TENSOR

$$G_{\mu\nu}(g_{\mu\nu}) = \frac{8\pi G}{c^4} T_{\mu\nu}$$

- Considering the gauge fixing, we have 6 physical dof's in the metric.

$$\begin{pmatrix} G_{00} & G_{01} & G_{02} & G_{03} \\ G_{01} & G_{11} & G_{12} & G_{13} \\ G_{02} & G_{12} & G_{22} & G_{23} \\ G_{03} & G_{13} & G_{23} & G_{33} \end{pmatrix}$$

10 \rightarrow 6

$$\begin{pmatrix} g_{00} & g_{01} & g_{02} & g_{03} \\ g_{10} & g_{11} & g_{12} & g_{13} \\ g_{20} & g_{21} & g_{22} & g_{23} \\ g_{30} & g_{31} & g_{32} & g_{33} \end{pmatrix}$$

10 \rightarrow 6

$g_{\mu\nu}$, $g_{\bar{\mu}\bar{\nu}}$, $g_{\tilde{\mu}\tilde{\nu}}$ describe the same physics.

$t' = f_0(t, x, y, z)$, $x' = f_1(t, x, y, z), \dots$

We can reduce 4 $g_{\mu\nu}$ components by fixing the gauge.

EINSTEIN EQUATION DECOMPOSITION



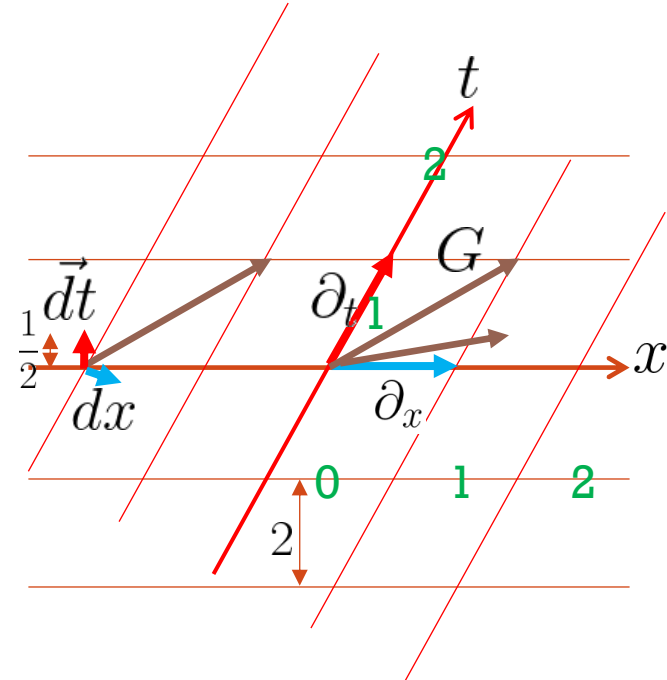
3+1 DEPENDS ON COORDINATE CHOICE.

- Problems in the direct use of g_{00}, g_{01}, \dots
 - Not gauge invariant quantities
 - Decompose Einstein eq. in a coordinate independent way
 - We can deal with a specific slice of the spacetime and evolve it.
 - Initial value problem, numerical relativity, ADM formalism, ...

$$G_{\mu\nu}(g_{\mu\nu}) = \frac{8\pi G}{c^4} T_{\mu\nu}$$

↓

$$\begin{cases} G_{0\nu} = \frac{8\pi G}{c^4} T_{0\nu} \\ G_{ij} = \frac{8\pi G}{c^4} T_{ij} \end{cases}$$



3+1 DECOMPOSITION (EINSTEIN TENSOR)

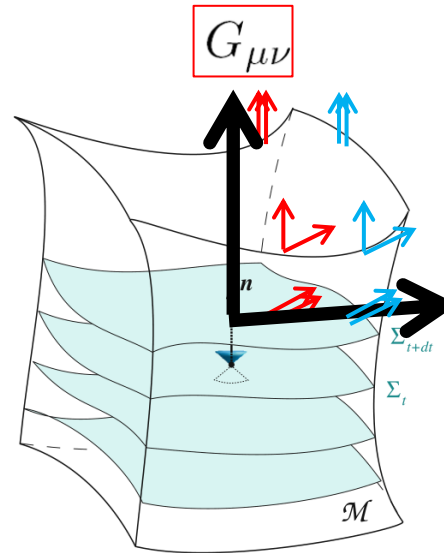
- Vector decomposition:

$$V^\mu = V^\nu \delta^\mu_\nu = V^\mu (-n^\mu n_\nu + P^\mu_\nu) = -(V^\nu n_\nu) n^\mu + P^\mu_\nu V^\nu$$

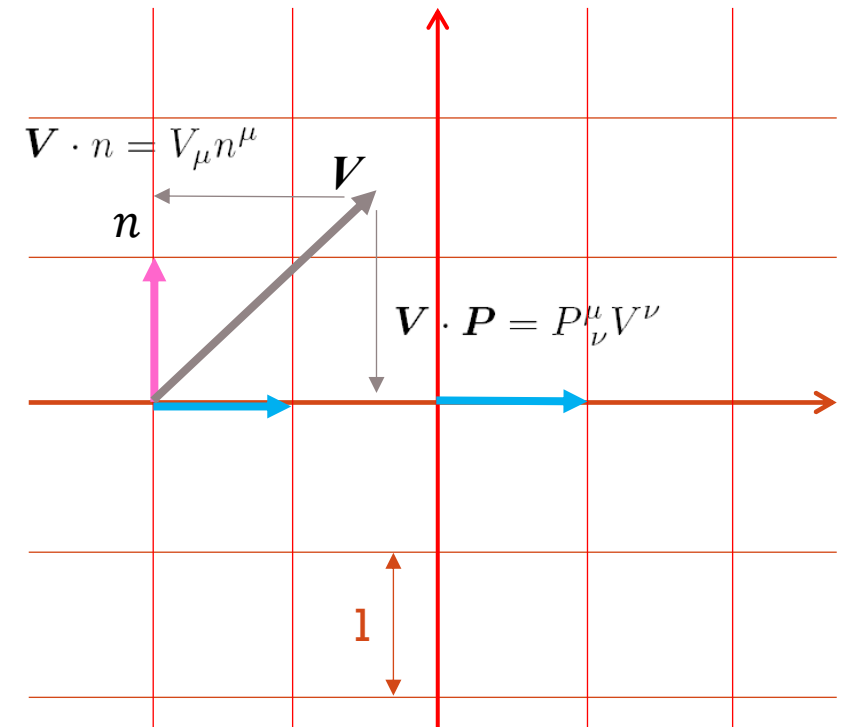
- Einstein tensor decomposition:

$$\begin{cases} X_{nn} \equiv X_{\mu\nu} n^\mu n^\nu \\ X_{n\hat{\nu}} (= X_{nj}) = X_{\mu\nu} n^\mu P^\nu_{\hat{\nu}} \\ X_{\hat{\mu}\hat{\nu}} (= X_{ij}) = X_{\mu\nu} P^\mu_{\hat{\mu}} P^\nu_{\hat{\nu}} \end{cases}$$

then we have $\begin{cases} G_{nn} = 8\pi G T_{nn} \\ G_{ni} = 8\pi G T_{ni} \\ G_{ij} = 8\pi G T_{ij} \end{cases}$



[Gourgoulhon, 2021]



3+1 DECOMPOSITION (ENERGY-MOMENTUM TENSOR)

$$G_{\mu\nu}(g_{\mu\nu}) = \frac{8\pi G}{c^4} T_{\mu\nu}$$

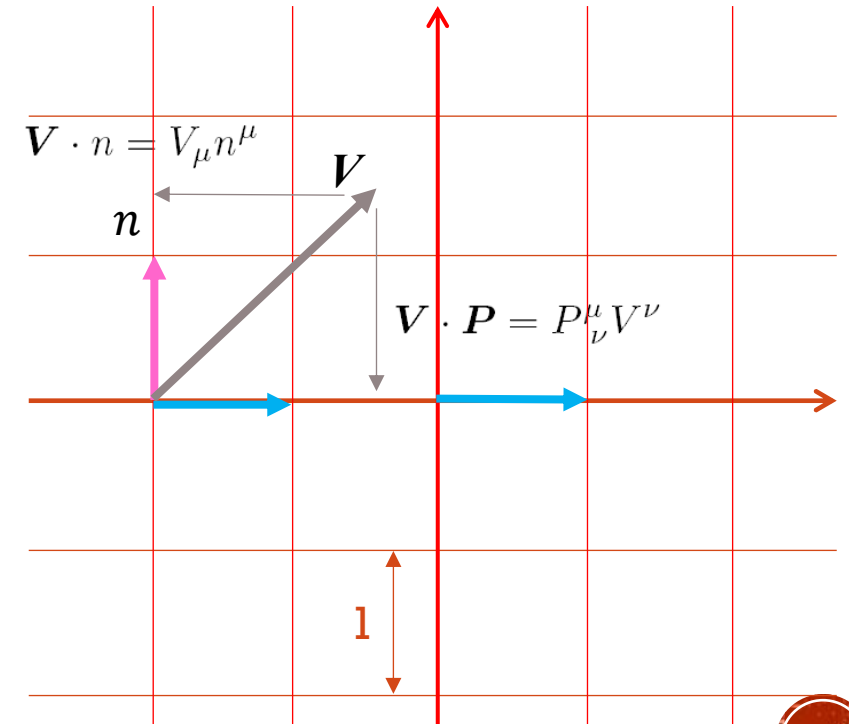
Eulerian observer (observer moving along a normal vector)

$$T = En \otimes n + n \otimes p + p \otimes n + S$$

$$\begin{aligned} T &= T^\mu{}_\mu \\ &= g^{\mu\nu} T_{\mu\nu} \\ &= (\sigma n^\mu n^\nu + P^{\mu\nu}) T_{\mu\nu} \\ &= -n^\mu n^\nu T_{\mu\nu} + P^{\mu\nu} T_{\mu\nu} \\ &= -E + S \end{aligned}$$

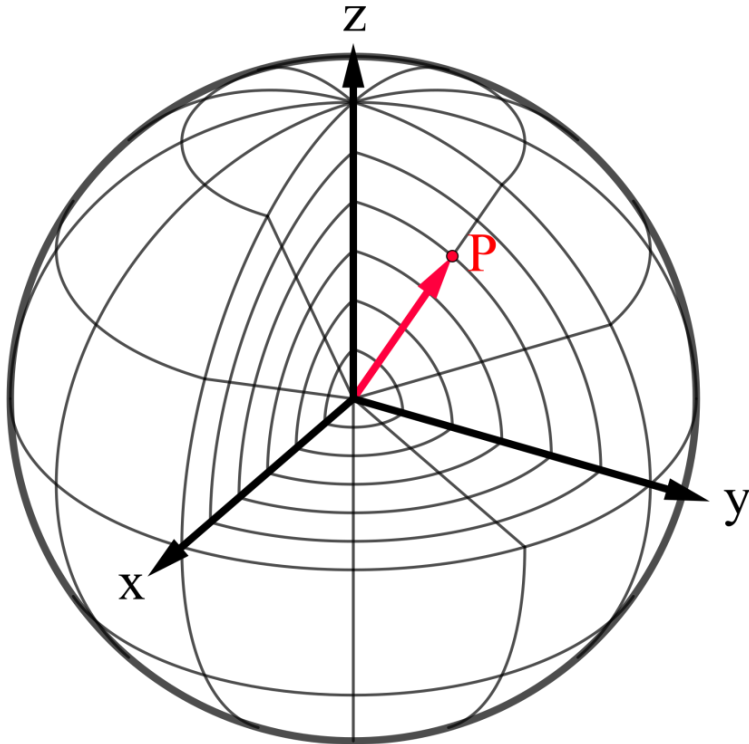
$c^{-2} \cdot$ (energy density)	momentum density	
T_{00}	T_{01} T_{02} T_{03}	
T_{10}	T_{11} T_{12} T_{13}	shear stress
T_{20}	T_{21} T_{22} T_{23}	
T_{30}	T_{31} T_{32} T_{33}	pressure
momentum density	momentum flux	

$$\begin{cases} \text{(energy density)} & \rho_e = T_{nn} \\ \text{(momentum density)} & p_\alpha = -T_{n\hat{\alpha}} \\ \text{(stress tensor)} & S_{\mu\nu} = T_{\hat{\mu}\hat{\nu}} \end{cases}$$



3+1 DECOMPOSITION TO HYPERSURFACE QUANTITIES

$$G_{\mu\nu} \rightarrow \begin{cases} G_{nn} \\ G_{\widehat{\mu}\widehat{\nu}} \end{cases} \xrightarrow[\substack{(4)\nabla \rightarrow (3)\nabla \\ g_{\mu\nu} \rightarrow \gamma_{ij}}]{(4)R \rightarrow (3)R} (K_{ij}, \gamma_{ij}, N, \beta^i, \partial_t)$$



$$ds^2 = dr^2 + r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2$$

$$\hookrightarrow x^i = (r, \theta, \phi) \rightarrow \gamma_{ij} \rightarrow (3)\nabla \rightarrow (3)R$$

$$ds^2 = r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2$$

$$\hookrightarrow x^a = (\theta, \phi) \rightarrow \gamma_{ab} \rightarrow (2)\nabla \rightarrow (2)R$$

We need to understand the quantities of the hypersurface.



FUNDAMENTAL FORM OF HYPERSURFACE

- **1st fundamental form of the hypersurface:**

Projection tensor > project all tensors on to the hyper surface

$$\boxed{P_{\mu\nu}} = g_{\mu\nu} - \sigma n_{\mu} n_{\nu}$$

- **2nd fundamental form of the hypersurface:**

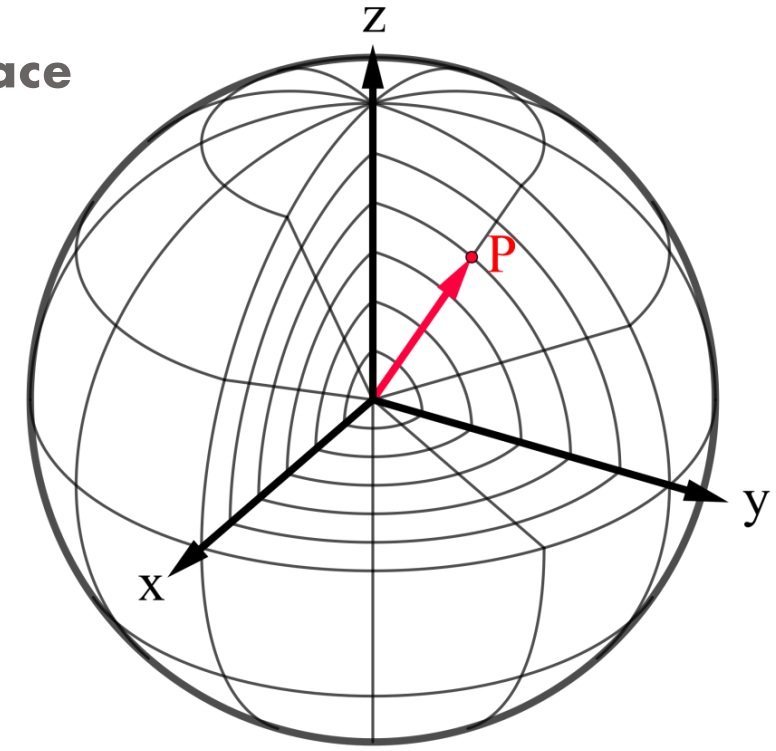
Change of projection tensor along the normal direction

> **bended hypersurface**

>> **Extrinsic curvature**

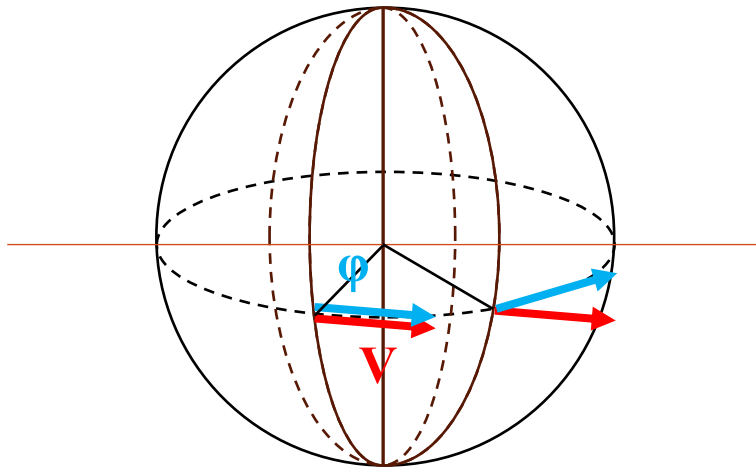
$$\begin{aligned}\boxed{K_{\mu\nu}} &= \frac{1}{2} \mathcal{L}_n P_{\mu\nu} \\ &= \frac{1}{2} P^{\alpha}_{\mu} P^{\beta}_{\nu} \mathcal{L}_n g_{\alpha\beta} \\ &= \nabla_{\mu} n_{\nu} - \sigma n_{\mu} a_{\nu}\end{aligned}$$

$$ds^2 = \gamma_{ij} d\hat{x}^i d\hat{x}^j = \hat{r}^2 d\hat{\theta}^2 + \hat{r}^2 \sin^2 \hat{\theta} d\hat{\phi}^2, \quad \hat{x}^i = (\hat{\theta}, \hat{\phi})$$



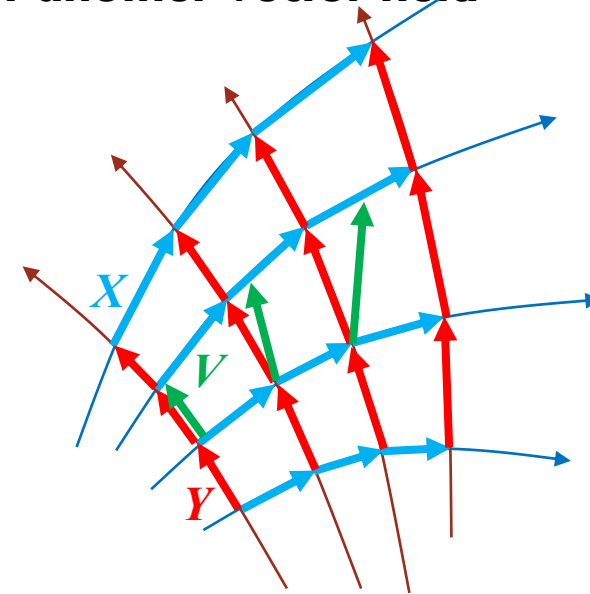
DERIVATIVES IN DEFINITION OF K_{MN}

- **Vector derivatives describe how a vector has changed relative to a reference vector.**
 - **Covariant derivative ∇_μ : Vector change relative to a parallelly transported vector**
 - **Lie derivative \mathcal{L}_V : Vector change along the flow of another vector field**



$$\nabla_\mu V^\nu = \partial_\mu V^\nu + \Gamma_{\mu\lambda}^\nu V^\lambda$$

$$\nabla_\mu \omega_\nu = \partial_\mu \omega_\nu - \Gamma_{\mu\nu}^\lambda \omega_\lambda$$



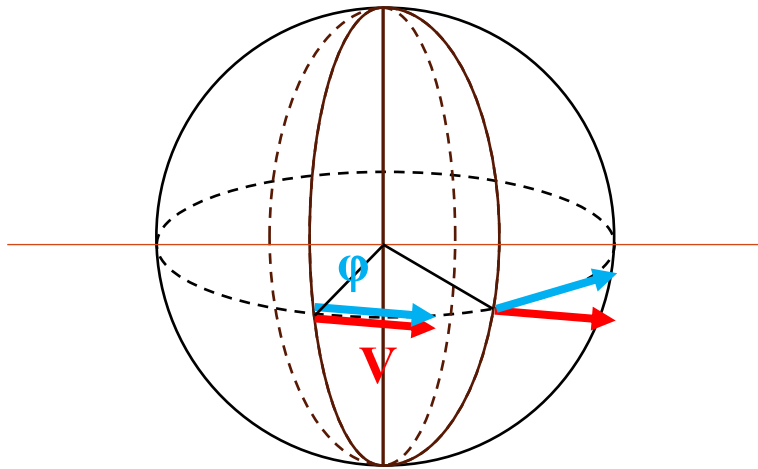
$$\mathcal{L}_V \omega_\mu = V^\nu \partial_\nu \omega_\mu + (\partial_\mu V^\nu) \omega_\nu$$

$$\mathcal{L}_V U^\mu = [V, U]^\mu = V^\nu \partial_\nu U^\mu - U^\nu \partial_\nu V^\mu$$

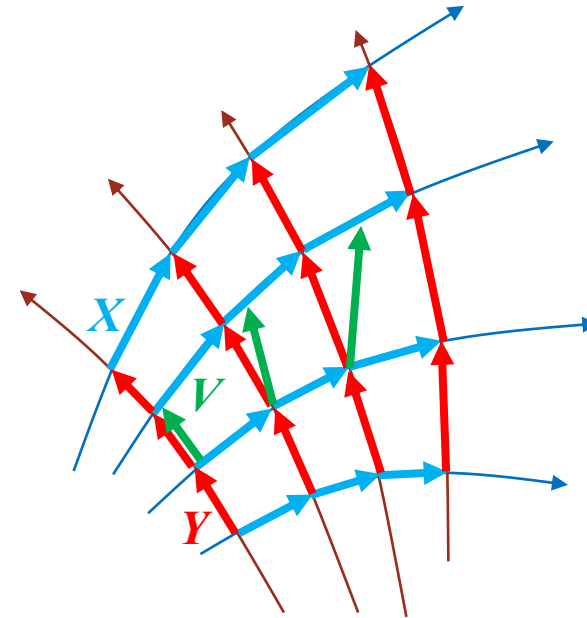


DERIVATIVES IN DEFINITION OF K_{MN}

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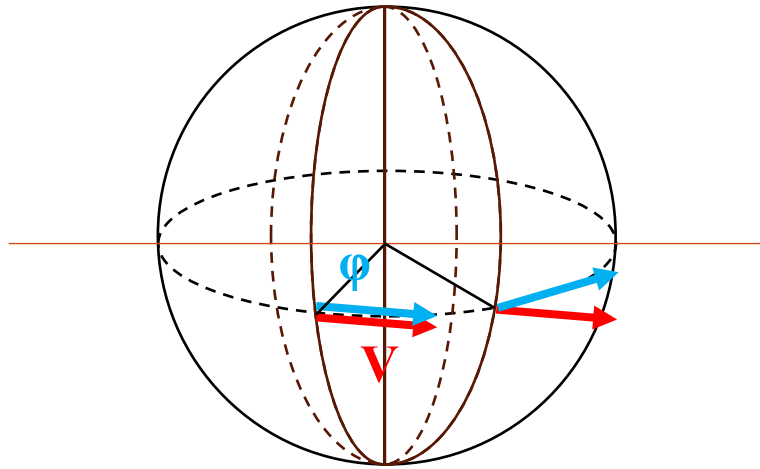
$$\begin{aligned} (2) \nabla_\phi (\partial_\phi)^\mu &= 0 \leftrightarrow (3) \nabla_\phi (\partial_\phi)^\mu \neq 0 \\ (2) \nabla_\phi V^\mu &\neq 0 \leftrightarrow (3) \nabla_\phi V^\mu = 0 \end{aligned}$$



$$\begin{aligned} \mathcal{L}_X Y &= [X, Y] = 0 \\ \mathcal{L}_X V &= [X, V] \neq 0 \end{aligned}$$



Derivatives in definition of $K_{\mu\nu}$



$$^{(2)}\nabla_\phi(\partial_\phi)^\mu = 0 \leftrightarrow ^{(3)}\nabla_\phi(\partial_\phi)^\mu \neq 0$$

$$^{(2)}\nabla_\phi V^\mu \neq 0 \leftrightarrow ^{(3)}\nabla_\phi V^\mu = 0$$

$$ds^2 = dr^2 + r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2$$

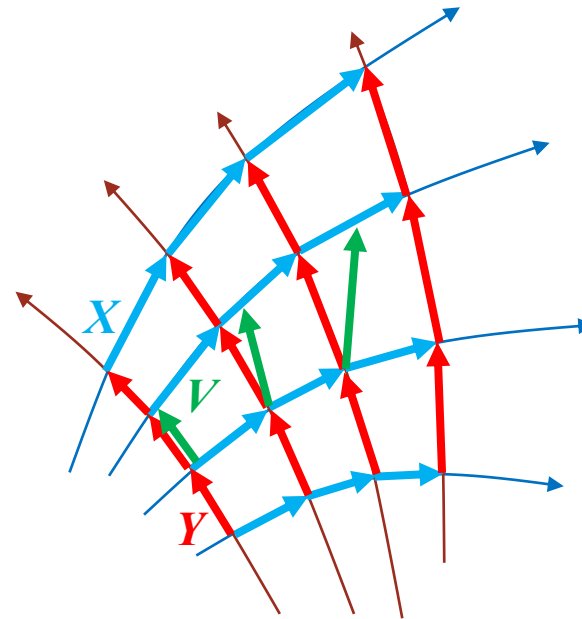
$$\hookrightarrow x^i = (r, \theta, \phi) \rightarrow \gamma_{ij} \rightarrow ^{(3)}\nabla \rightarrow ^{(3)}R$$

$$\hookrightarrow \nabla_\phi(\partial_\phi)^i = \cancel{\partial_\phi \delta_\phi^i} + \Gamma_{\phi j}^i \delta_\phi^j = \Gamma_{\phi\phi}^i = -\frac{g_{\phi\phi,i}}{2g_{ii}}$$

$$ds^2 = d\theta^2 + \sin^2 \theta d\phi^2$$

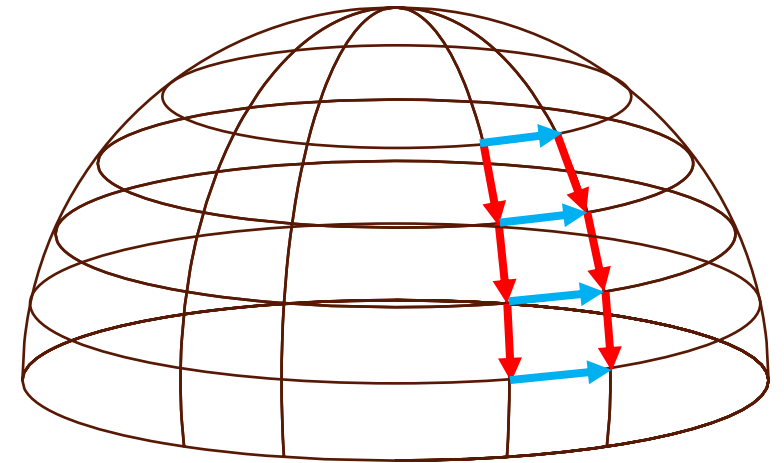
$$\hookrightarrow x^a = (\theta, \phi) \rightarrow \gamma_{ab} \rightarrow ^{(2)}\nabla \rightarrow ^{(2)}R$$

$$\hookrightarrow \nabla_\phi(\partial_\phi)^a = \cancel{\partial_\phi \delta_\phi^a} + \Gamma_{\phi b}^a \delta_\phi^b = \Gamma_{\phi\phi}^a = -\frac{g_{\phi\phi,a}}{2g_{aa}}$$



$$\mathcal{L}_X Y = [X, Y] = 0$$

$$\mathcal{L}_X V = [X, V] \neq 0$$



$$\begin{aligned} \mathcal{L}_{\partial_\theta}(\partial_\phi)^\mu &= [\partial_\theta, \partial_\phi]^\mu \\ &= (\partial_\theta)^\nu \partial_\nu (\partial_\phi)^\mu - (\partial_\phi)^\nu \partial_\nu (\partial_\theta)^\mu \\ &= \cancel{\delta_\theta^\nu \partial_\nu \delta_\phi^\mu} - \cancel{\delta_\phi^\nu \partial_\nu \delta_\theta^\mu} \\ &= 0 \end{aligned}$$



Definitions of $K_{\mu\nu}$

$$\begin{aligned}
 & P^\mu_\alpha P^\nu_\beta \left(K_{\mu\nu} = \frac{1}{2} \mathcal{L}_n P_{\mu\nu} \right) \\
 \Rightarrow & K_{\alpha\beta} = \frac{1}{2} P^\mu_\alpha P^\nu_\beta \mathcal{L}_n (g_{\mu\nu} - \sigma n_\mu n_\nu) \\
 & = \frac{1}{2} P^\mu_\alpha P^\nu_\beta \mathcal{L}_n g_{\mu\nu} - \frac{1}{2} P^\mu_\alpha P^\nu_\beta \mathcal{L}_n (\sigma n_\mu n_\nu) = 0 \quad \because P \cdot n = 0 \\
 \therefore & \boxed{K_{\mu\nu} = \frac{1}{2} \mathcal{L}_n P_{\mu\nu} \rightarrow \frac{1}{2} P^\alpha_\mu P^\beta_\nu \mathcal{L}_n g_{\alpha\beta}}
 \end{aligned}$$

$$K_{\mu\nu} = \pm \frac{1}{2} \mathcal{L}_n \gamma_{\mu\nu} \rightarrow \begin{cases} \text{"+" : sphere's positive } K \\ \text{"-" : bowl's positive } K \end{cases}$$

$$\begin{aligned}
 K_{\mu\nu} &= \frac{1}{2} P^\alpha_\mu P^\beta_\nu \underbrace{\mathcal{L}_n g_{\alpha\beta}}_{2\nabla_{(\alpha} n_{\beta)}} \\
 &= \frac{1}{2} P^\alpha_\mu P^\beta_\nu (2\nabla_\beta n_\alpha + \underbrace{2\nabla_{[\alpha} n_{\beta]}}_{\text{by the Frobenius theorem}}) \\
 &= \frac{1}{2} P^\alpha_\mu P^\beta_\nu \cdot 2\nabla_\alpha n_\beta \quad (\text{by the symmetric property of } K_{\mu\nu}) \\
 &= (\delta^\alpha_\mu - \sigma n^\alpha n_\mu) (\delta^\beta_\nu - \sigma n^\beta n_\nu) \nabla_\alpha n_\beta \\
 &= \nabla_\mu n_\nu - \cancel{\sigma n^\beta n_\nu \nabla_\mu n_\beta} - \sigma n^\alpha n_\mu \nabla_\alpha n_\nu + \cancel{n^\alpha n^\beta n_\mu n_\nu \nabla_\alpha n_\beta} \\
 & \quad (\text{where } \underbrace{\nabla_\mu (n_\nu n^\nu)}_{\text{scalar}} = \underbrace{\partial_\mu (n_\nu n^\nu)}_{=\sigma} = 0) \\
 & \quad (\nabla_\mu n_\nu) n^\nu = (\nabla_\mu n^\nu) n_\nu \quad (\text{by metric compatibility}) \\
 & \quad \therefore n^\nu (\nabla_\mu n_\nu) = 0 \quad) \\
 \therefore & \boxed{K_{\mu\nu} = \frac{1}{2} \mathcal{L}_n P_{\mu\nu} \rightarrow \nabla_\mu n_\nu - \sigma n_\mu a_\nu}, \text{ where } a^\mu = n^\nu \nabla_\nu n^\mu
 \end{aligned}$$

EXAMPLE OF K_{MN} .

- (1) 3-dimensional manifold M
- (2) foliation of M with Σ'_r s
- (3) coordinates: $x^i = (r, \theta, \phi)$ (r along normal dir., (θ, ϕ) on Σ_r)
- (4) metric: $ds^2 = g_{ij}dx^i dx^j = dr^2 + \underbrace{r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2}_{=\gamma_{ab}dx^a dx^b}$

(5) Christoffel symbol: $\Gamma_{\theta\theta}^r = \frac{g_{\theta\theta,r}}{-2g_{rr}} = \frac{2r}{-2} = -r$, $\Gamma_{\theta r}^\theta = \dots$, \dots

(6) curvature: $M \rightarrow {}^{(3)}R = 0$, $\Sigma_r \rightarrow {}^{(2)}R = \frac{2}{r^2}$

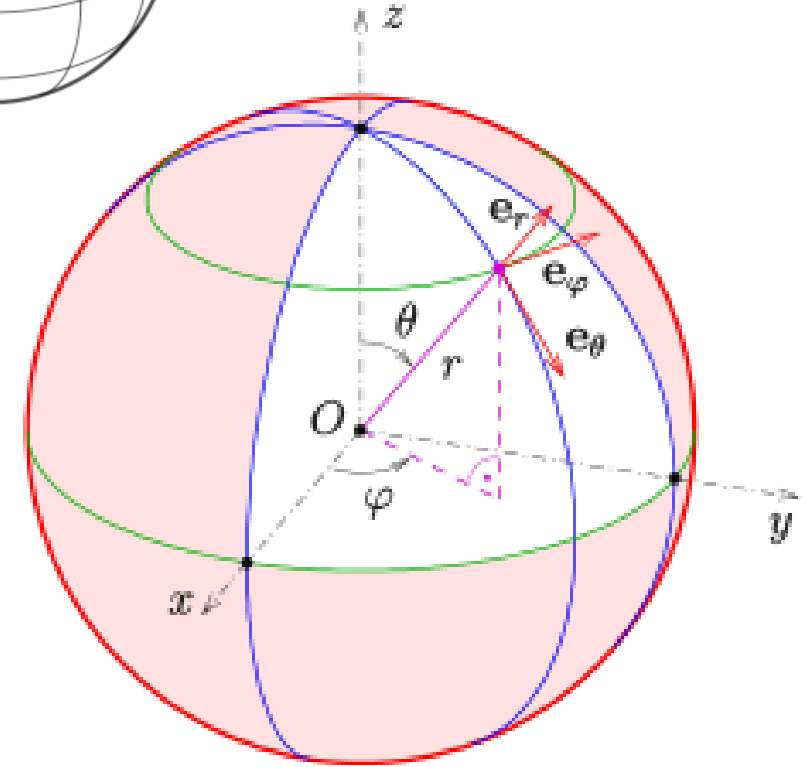
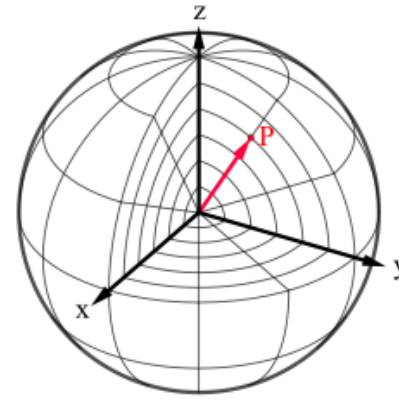
(7) normal vector: $(\mathbf{dr})_i = \nabla_i r = \partial_i r = \delta_i^r = (1, 0, 0) \equiv r_i$

projection tensor: $\gamma_{ij} = g_{ij} - r_i r_j$

(8) extrinsic curvature: $K_{\theta\theta} = \begin{cases} = \frac{1}{2} \mathcal{L}_{\mathbf{r}} \gamma_{\theta\theta} = \frac{1}{2} (\cancel{r^i \nabla_i \gamma_{\theta\theta}} + 2(\nabla_\theta r^\mu) \gamma_{\mu\theta}) \text{ (wrong)} \\ = \frac{1}{2} \left(\underbrace{r^i \partial_i}_{\partial_r} \underbrace{\gamma_{\theta\theta}}_{=r^2} + \underbrace{2(\partial_\theta r^i)}_{=2\partial_\theta r^\theta \gamma_{i\theta}=0} \right) = r \\ = \nabla_\theta r_\theta - \cancel{\sigma_r r_\theta g_\theta} = \nabla_\theta r_\theta = \nabla_\theta \delta_\theta^r = -\Gamma_{\theta\theta}^i \delta_i^r = -\Gamma_{\theta\theta}^r = r \end{cases}$

$$K_{\phi\phi} = -\Gamma_{\phi\phi}^r = -\frac{g_{\phi\phi,r}}{-2g_{rr}} = r \sin^2 \theta$$

$$K = K_\theta^\theta + K_\phi^\phi = g^{\theta\theta} K_{\theta\theta} + g^{\phi\phi} K_{\phi\phi} = \frac{1}{r^2} \cdot r + \frac{1}{r^2 \sin^2 \theta} \cdot r \sin^2 \theta = \frac{2}{r}$$



Properties of $\mathbf{P}_{\mu\nu}$, $\mathbf{K}_{\mu\nu}$

$$G_{\mu\nu} \rightarrow \begin{cases} G_{nn} \\ G_{\widehat{\mu}\widehat{\nu}} \end{cases} \xrightarrow[\substack{(4)\nabla \rightarrow (3)\nabla \\ g_{\mu\nu} \rightarrow \gamma_{ij}}]{(4)R \rightarrow (3)R} (K_{ij}, \gamma_{ij}, N, \beta^i, \partial_t)$$

$$\boxed{P_{\mu\nu}} = g_{\mu\nu} - \sigma n_\mu n_\nu \quad \begin{cases} n^\mu P_{\mu\nu} = 0, \quad n^\nu P_{\mu\nu} = 0 \\ P_{[\mu\nu]} = 0 \\ P_{\mu\nu} V^\mu W^\nu = g_{\mu\nu} V^\mu W^\nu \end{cases} \rightarrow \gamma_{ij}$$

$$\begin{aligned} \boxed{K_{\mu\nu}} &= \frac{1}{2} \mathcal{L}_n P_{\mu\nu} \\ &= \frac{1}{2} P^\alpha_\mu P^\beta_\nu \mathcal{L}_n g_{\alpha\beta} \\ &= \nabla_\mu n_\nu - \sigma n_\mu a_\nu \end{aligned} \quad \begin{cases} n^\mu K_{\mu\nu} = 0, \quad n^\nu K_{\mu\nu} = 0 \\ K_{[\mu\nu]} = 0 \end{cases} \rightarrow K_{ij}$$



INTRINSIC CURVATURE

$$G_{\mu\nu} \rightarrow \begin{cases} G_{nn} \\ G_{\widetilde{\mu}\widetilde{\nu}} \end{cases} \xrightarrow[\substack{(4)R \rightarrow (3)R \\ (4)\nabla \rightarrow (3)\nabla \\ g_{\mu\nu} \rightarrow \gamma_{ij}}]{(4)R \rightarrow (3)R} (K_{ij}, \gamma_{ij}, N, \beta^i, \partial_t)$$

$$M : g_{\mu\nu}, \nabla_\mu[\Gamma(g)] \rightarrow [\nabla_\mu, \nabla_\nu]V^\lambda = R^\lambda_{\rho\mu\nu}V^\rho \rightarrow R$$

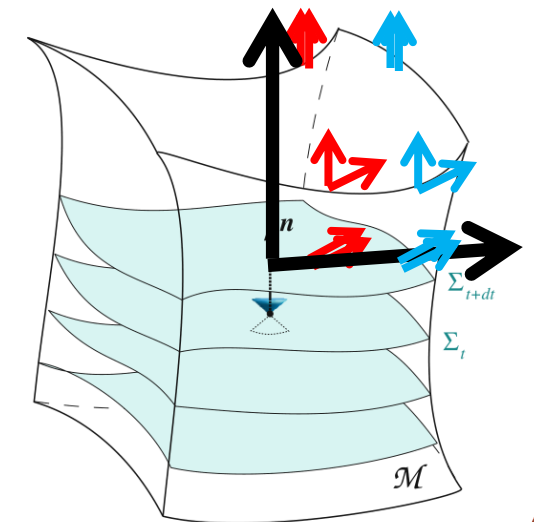
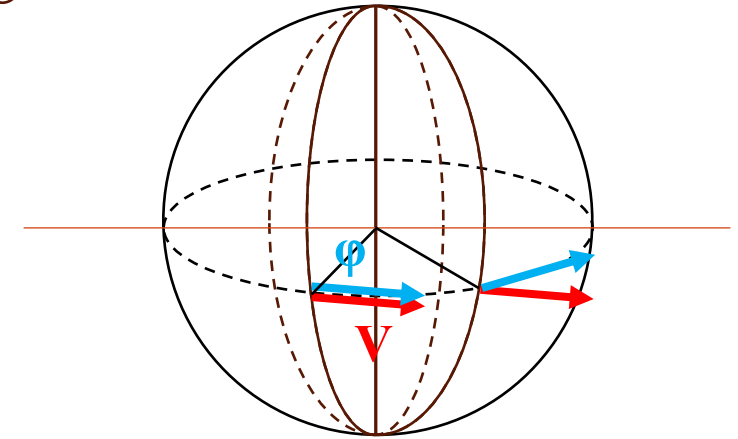
$$\hookrightarrow \nabla_\mu g_{\nu\rho} = 0$$

$$\begin{aligned} \zeta \quad \nabla_\mu P_{\nu\rho} &= \nabla_\mu(g_{\nu\rho} + n_\nu n_\rho) \\ &= \nabla_\mu g_{\nu\rho} + (\nabla_\mu n_\nu)n_\rho + n_\nu(\nabla_\mu n_\rho) \\ &= K_{\mu\nu}n_\rho + n_\nu K_{\mu\rho} + n_\mu a_\nu n_\rho + n_\nu a_\mu n_\rho \\ &\neq 0 \end{aligned}$$

$$\begin{aligned} \zeta \quad \widehat{\nabla}_\sigma X^{\mu\dots}_{\nu\dots} &= P^\alpha_\sigma P^\mu_\beta \dots \nabla_\alpha X^{\beta\dots}_{\gamma\dots} \\ \widehat{\nabla}_\mu \widehat{\nabla}_\nu X^\rho &= P_\mu^{\mu'} P_\nu^{\nu''} P_{\rho''}^{\rho'} \nabla_{\mu'} (P_{\rho'}^{\rho''} P_{\nu''}^{\nu'} \nabla_{\nu'} X^{\rho'}) \end{aligned}$$

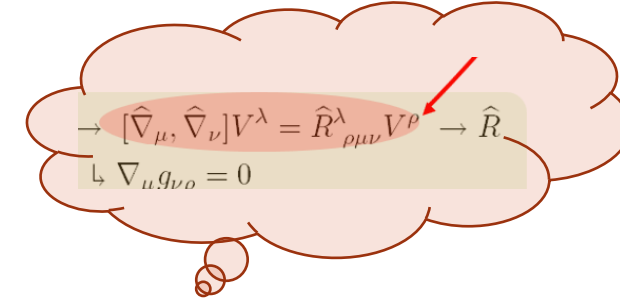
$$\Sigma_t : \gamma_{\mu\nu}, \widehat{\nabla}_\mu[\Gamma(\gamma)] \rightarrow [\widehat{\nabla}_\mu, \widehat{\nabla}_\nu]V^\lambda = \widehat{R}^\lambda_{\rho\mu\nu}V^\rho \rightarrow \widehat{R}$$

$$\hookrightarrow \widehat{\nabla}_\mu \gamma_{\nu\rho} = 0$$



Intrinsic curvature (2. Gauss eq. (1))

$$\begin{aligned}
 \hat{\nabla}_\mu \hat{\nabla}_\nu V^\rho &= P^\alpha_\mu P^\beta_\nu P^\rho_\gamma \underbrace{\nabla_\alpha (P^\delta_\beta P^\gamma_\lambda \nabla_\delta V^\lambda)}_{\substack{= -\sigma n^\delta (\nabla_\alpha n_\beta) P^\gamma_\lambda \nabla_\delta V^\lambda - \sigma P^\delta_\beta (\nabla_\alpha n^\gamma) n_\lambda \nabla_\delta V^\lambda + P^\delta_\beta P^\gamma_\lambda \nabla_\alpha \nabla_\delta V^\lambda \\ \text{(using } \nabla_\mu P^\alpha_\beta = \nabla_\mu (\delta^\alpha_\beta - \sigma n^\alpha n_\beta) = -\sigma \nabla_\mu (n^\alpha n_\beta) \\ \text{and } P^\alpha_\beta n_\alpha = 0)}} \\
 &= P^\alpha_\mu P^\beta_\nu P^\rho_\gamma (-\sigma n^\delta (\nabla_\alpha n_\beta) P^\gamma_\lambda \nabla_\delta V^\lambda - \sigma (\nabla_\alpha n^\gamma) P^\delta_\beta n_\lambda \nabla_\delta V^\lambda + P^\delta_\beta P^\gamma_\lambda \nabla_\alpha \nabla_\delta V^\lambda) \\
 &\quad \quad \quad = -V^\lambda \nabla_\delta n_\lambda \quad \because \nabla_\delta (n_\lambda V^\lambda) = 0 \\
 &= -\sigma \underbrace{P^\alpha_\mu P^\beta_\nu (\nabla_\alpha n_\beta)}_{K_{\mu\nu}} \underbrace{P^\rho_\gamma P^\gamma_\lambda n^\delta \nabla_\delta V^\lambda}_{K^\rho_\mu} + \sigma \underbrace{P^\alpha_\mu P^\rho_\gamma (\nabla_\alpha n^\gamma)}_{P^\delta_\nu (\nabla_\delta n_\lambda) \delta^\lambda_\kappa V^\kappa = P^\delta_\nu (\nabla_\delta n_\lambda) P^\lambda_\eta P^\eta_\kappa V^\kappa = K_{\nu\eta} P^\eta_\kappa V^\kappa = K_{\nu\lambda} V^\lambda} \underbrace{P^\beta_\nu P^\delta_\beta (\nabla_\delta n_\lambda) V^\lambda}_{K_{\nu\lambda} V^\lambda} \\
 &\quad + \underbrace{P^\alpha_\mu P^\beta_\nu P^\delta_\beta P^\rho_\gamma P^\gamma_\lambda \nabla_\alpha \nabla_\delta V^\lambda}_{P^\delta_\nu P^\rho_\lambda} \\
 &= -\sigma K_{\mu\nu} P^\rho_\lambda n^\delta \nabla_\delta V^\lambda + \sigma K^\rho_\mu K_{\nu\lambda} V^\lambda + P^\alpha_\mu P^\delta_\nu P^\rho_\lambda \nabla_\alpha \nabla_\delta V^\lambda \\
 &\equiv \nabla_{\hat{\mu}} \nabla_{\hat{\nu}} V^{\hat{\rho}} - \sigma K_{\mu\nu} \nabla_n V^{\hat{\rho}} + \sigma K^\rho_\mu K_{\nu\lambda} V^\lambda \\
 &\quad \text{(where we defined } \nabla_{\hat{\mu}} \nabla_{\hat{\nu}} V^{\hat{\rho}} \equiv P^\alpha_\mu P^\delta_\nu P^\rho_\lambda \nabla_\alpha \nabla_\delta V^\lambda)
 \end{aligned}$$



Intrinsic curvature (3. Gauss eq. (2))

$$\hat{\nabla}_\mu \hat{\nabla}_\nu V^\rho = \nabla_{\hat{\mu}} \nabla_{\hat{\nu}} V^{\hat{\rho}} - \sigma K_{\mu\nu} \nabla_n V^{\hat{\rho}} + \sigma K^\rho_\mu K_{\nu\lambda} V^\lambda$$

(where $\nabla_{\hat{\mu}} \nabla_{\hat{\nu}} V^{\hat{\rho}} \equiv P^\alpha_\mu P^\delta_\nu P^\rho_\lambda \nabla_\alpha \nabla_\delta V^\lambda$)

$$\begin{aligned} \Rightarrow 2 \hat{\nabla}_{[\mu} \hat{\nabla}_{\nu]} V^\rho &\equiv \hat{R}^\rho_{\sigma\mu\nu} V^\sigma \\ &= 2(-\cancel{\sigma K_{[\mu\nu]}}^0 P^\rho_\gamma n^\delta \nabla_\delta V^\lambda + \sigma K^\rho_{[\mu} K_{\nu]\lambda} V^\lambda + \underbrace{P^\alpha_{[\mu} P^\delta_{\nu]} P^\rho_\lambda \nabla_\alpha \nabla_\delta V^\lambda}_{=P^\alpha_\mu P^\delta_\nu P^\rho_\lambda \nabla_{[\alpha} \nabla_{\delta]} V^\lambda = \frac{1}{2} P^\alpha_\mu P^\delta_\nu P^\rho_\lambda R^\lambda_{\sigma\alpha\delta} V^\sigma}) \end{aligned}$$

$$= 2(\sigma K^\rho_{[\mu} K_{\nu]\sigma} + \frac{1}{2} P^\alpha_\mu P^\delta_\nu P^\rho_\lambda R^\lambda_{\sigma\alpha\delta}) V^\sigma$$

$$\Rightarrow \hat{R}^\rho_{\sigma\mu\nu} = P^\rho_\alpha P^\beta_\sigma P^\gamma_\mu P^\delta_\nu R^\alpha_{\beta\gamma\delta} + \sigma(K^\rho_\mu K_{\sigma\nu} - K^\rho_\nu K_{\sigma\mu})$$

$$\Rightarrow \boxed{\hat{R}_{\mu\nu\rho\sigma} = R_{\widetilde{\mu\nu\rho\sigma}} + \sigma 2K_{\rho[\mu} K_{\nu]\sigma}} \quad (\text{Gauss eq.})$$

(intrinsic)=(projected R)+(bending)



Intrinsic curvature [4. Gauss eq. (3)]

Contracted Gauss' equation :

$$P^{\mu\rho}(\hat{R}_{\mu\nu\rho\sigma} = R_{\widehat{\mu\nu\rho\sigma}} + \sigma 2K_{\rho[\mu}K_{\nu]\sigma})$$

$$\rightarrow \hat{R}_{\nu\sigma} = \underbrace{P^{\mu\rho} R_{\widehat{\mu\nu\rho\sigma}}}_{=P^{\mu\rho} P^\alpha_\mu P^\beta_\nu P^\gamma_\rho P^\delta_\sigma R_{\alpha\beta\gamma\delta}} + \sigma 2K^\mu_{[\mu}K_{\nu]\sigma})$$

$$=P^{\mu\rho} P^\alpha_\mu P^\beta_\nu P^\gamma_\rho P^\delta_\sigma R_{\alpha\beta\gamma\delta}=P^{\alpha\gamma} P^\beta_\nu P^\delta_\sigma R_{\alpha\beta\gamma\delta}=(g^{\alpha\gamma}-\sigma n^\alpha n^\gamma)P^\beta_\nu P^\delta_\sigma R_{\alpha\beta\gamma\delta}$$

$$\rightarrow \boxed{\hat{R}_{\nu\sigma} = R_{\widehat{\nu\sigma}} - \sigma R_{n\widehat{\nu}n\widehat{\sigma}} + \sigma 2K^\mu_{[\mu}K_{\nu]\sigma}}$$



Intrinsic curvature [4. Gauss eq. (4)]

Scalar Gauss relation :

$$\begin{aligned} P^{\nu\sigma}(\hat{R}_{\nu\sigma} &= R_{\hat{\nu}\hat{\sigma}} - \sigma R_{n\hat{\nu}n\hat{\sigma}} + \sigma 2K_{[\mu}^{\mu} K_{\nu]\sigma}) \\ \rightarrow \hat{R} &= \underbrace{P^{\nu\sigma} P_{\nu}^{\alpha} P_{\sigma}^{\beta}}_{=P^{\alpha\beta}=g^{\alpha\beta}-\sigma n^{\alpha}n^{\beta}} (R_{\alpha\beta} - \sigma R_{n\alpha n\beta}) + \sigma 2K_{[\mu}^{\mu} K_{\nu]}^{\nu} \\ &= R - \sigma R_{nn} - \sigma R_{nn} + \sigma^2 \cancel{R_{nnnn}} + \sigma 2K_{[\mu}^{\mu} K_{\nu]}^{\nu} \\ &= R - \sigma 2R_{nn} + \sigma(K^2 - K^{\mu\nu} K_{\mu\nu}) \\ \Rightarrow \hat{R} &= R - \sigma 2R_{nn} + \sigma(K^2 - K_{\mu\nu} K^{\mu\nu}) \\ \Rightarrow \text{when } \sigma &= -1, \hat{R} = R + 2R_{nn} - (K^2 - K_{\mu\nu} K^{\mu\nu}) \end{aligned}$$



Intrinsic curvature (5. Codazzi eq.)

$$\begin{aligned}
 2\nabla_{[\hat{\mu}}\nabla_{\hat{\nu}}]n^{\hat{\rho}} &= R^{\hat{\rho}}_{\lambda\hat{\mu}\hat{\nu}}n^{\lambda} \equiv \boxed{R^{\hat{\rho}}_{n\hat{\mu}\hat{\nu}}} \\
 \hookrightarrow P_{\mu}^{\alpha}P_{\nu}^{\beta}P_{\gamma}^{\rho} \cdot 2\nabla_{[\alpha}\nabla_{\beta]}n^{\gamma} \\
 &= 2P_{[\mu}^{\alpha}P_{\nu]}^{\beta}P_{\gamma}^{\rho}\nabla_{\alpha}\underbrace{\nabla_{\beta}n^{\gamma}}_{=K_{\beta}^{\gamma}+\sigma n_{\beta}a^{\gamma}} \\
 &= 2P_{[\mu}^{\alpha}P_{\nu]}^{\beta}P_{\gamma}^{\rho}(\nabla_{\alpha}K_{\beta}^{\gamma} + \sigma\underbrace{\nabla_{\alpha}n_{\beta}a^{\gamma}}_{=K_{\alpha\beta}+\sigma n_{\alpha}a_{\beta}} + \cancel{\sigma n_{\beta}\nabla_{\alpha}a^{\gamma}}) \\
 &= 2P_{[\mu}^{\alpha}P_{\nu]}^{\beta}P_{\gamma}^{\rho}(\nabla_{\alpha}K_{\beta}^{\gamma} + \sigma K_{\alpha\beta}a^{\gamma}) \\
 &= 2\hat{\nabla}_{[\mu}K_{\nu]}^{\rho} + 2\cancel{\sigma K_{[\mu\nu]}a^{\rho}} \\
 &= \boxed{2\hat{\nabla}_{[\mu}K_{\nu]}^{\rho}}
 \end{aligned}$$

Codazzi's equation : $\boxed{2\hat{\nabla}_{[\mu}K_{\nu]}^{\rho} = R^{\hat{\rho}}_{n\hat{\mu}\hat{\nu}}}$

Contrated Codazzi's equation : $\boxed{2\hat{\nabla}_{[\mu}K_{\nu]}^{\mu} = R_{n\hat{\nu}}}$



Summary

Scalar Gauss relation : $\hat{R} = R - \sigma 2R_{nn} + \sigma(K^2 - K_{\mu\nu}K^{\mu\nu})$

Contracted Gauss' equation : $\hat{R}_{\nu\sigma} = R_{\hat{\nu}\hat{\sigma}} - \sigma R_{n\hat{\nu}n\hat{\sigma}} + \sigma 2K_{[\mu}^{\mu}K_{\nu]\sigma}$

$\hat{R}_{\mu\nu\rho\sigma} = R_{\hat{\mu}\hat{\nu}\hat{\rho}\hat{\sigma}} + \sigma 2K_{\rho[\mu}K_{\nu]\sigma}$ (Gauss eq.)

$2\hat{\nabla}_{[\mu}\hat{\nabla}_{\nu]}V^{\rho} \equiv \hat{R}^{\rho}_{\sigma\mu\nu}V^{\sigma}$

$2\nabla_{[\hat{\mu}}\nabla_{\hat{\nu}}]n^{\hat{\rho}} = R^{\hat{\rho}}_{\lambda\hat{\mu}\hat{\nu}}n^{\lambda}$

Codazzi's equation : $2\hat{\nabla}_{[\mu}K_{\nu]}^{\rho} = R^{\hat{\rho}}_{n\hat{\mu}\hat{\nu}}$

Contracted Codazzi's equation : $2\hat{\nabla}_{[\mu}K_{\nu]}^{\mu} = R_{n\hat{\nu}}$

$P^{\nu\sigma}$

$P^{\mu\rho}$

$P^{\mu\rho}$

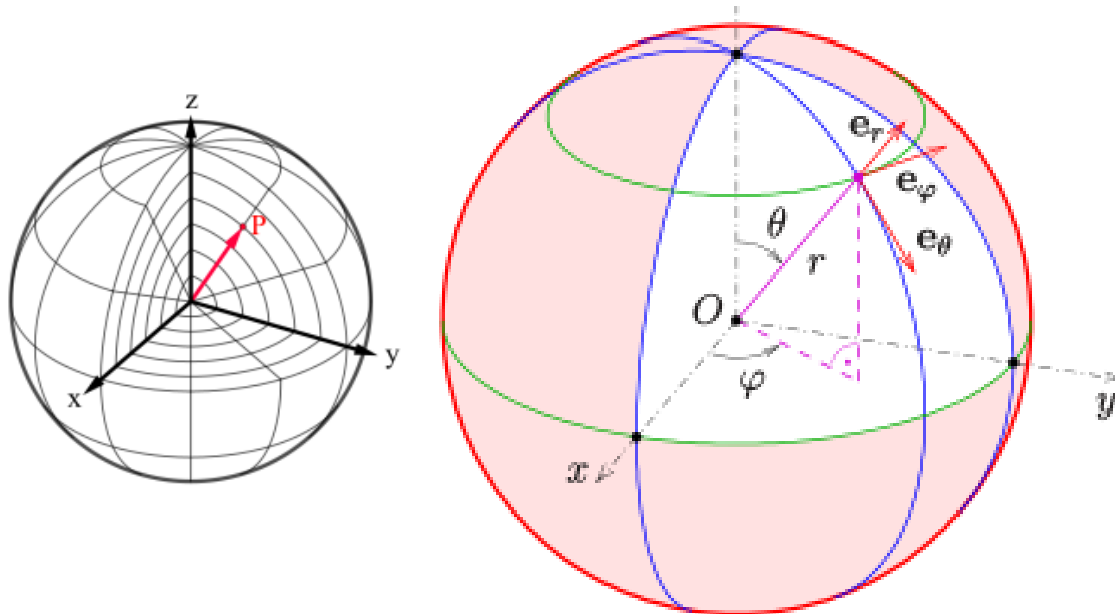


Example of intrinsic curvature

For a sphere of radius r in the flat space,
we obtained,

$$ds^2 = dr^2 + r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2$$

$$\hat{R} = \frac{2}{r^2}, \quad K_{\theta\theta} = r, \quad K_{\phi\phi} = r \sin^2 \theta, \quad K = \frac{2}{r}$$



The contracted Gauss equation in the flat space:

$$\hat{R} = \cancel{R} - \sigma \cancel{2B_{nn}} + \overset{=1}{\sigma} (K^2 - K_{\mu\nu} K^{\mu\nu})$$

$$\hat{R} = K^2 - K_{\mu\nu} K^{\mu\nu} = K^2 - K_{\theta\theta} K^{\theta\theta} - K_{\phi\phi} K^{\phi\phi}$$

$$\hookrightarrow K^{\theta\theta} = g^{\theta\theta} g^{\theta\theta} K_{\theta\theta}, \quad K^{\phi\phi} = g^{\phi\phi} g^{\phi\phi} K_{\phi\phi}$$

$$= K^2 - (g^{\theta\theta})^2 (K_{\theta\theta})^2 - (g^{\phi\phi})^2 (K_{\phi\phi})^2$$

$$= \left(\frac{2}{r}\right)^2 - \frac{1}{r^4} r^2 - \frac{1}{r^4 \sin^4 \theta} r^2 \sin^4 \theta$$

$$= \frac{4}{r^2} - \frac{1}{r^2} - \frac{1}{r^2}$$

$$= \frac{2}{r^2}$$

Dimensional analysis of K and R



3+1 DECOMPOSITION (EINSTEIN EQ. [1-1])

$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

$$\hookrightarrow G_{nn} = 8\pi G T_{nn} \cdots (1)$$

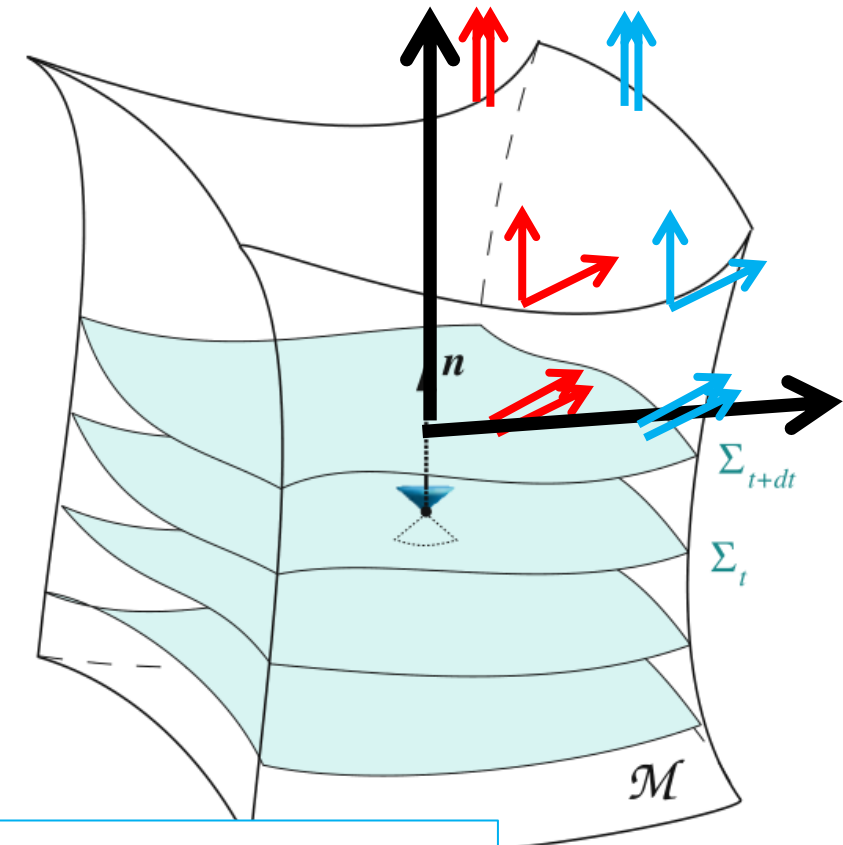
$$\Rightarrow R_{nn} - \frac{1}{2} g_{nn} R = 8\pi G T_{nn}$$

$$\begin{aligned} {}^{(4)}R &\rightarrow (R, K) \\ R &\rightarrow (\hat{R}, K) \end{aligned}$$

Now we learned:

$$\left\{ \begin{array}{ll} \text{(extrinsic curvature)} & K_{\mu\nu} = \frac{1}{2} \mathcal{L}_n P_{\mu\nu} = \frac{1}{2} P_{\mu}^{\alpha} P_{\nu}^{\beta} \mathcal{L}_n g_{\alpha\beta} \\ & = \nabla_{\mu} n_{\nu} - \sigma n_{\mu} a_{\nu} \\ \text{(Gauss eq.)} & \hat{R}_{\mu\nu\rho\sigma} = R_{\hat{\mu}\hat{\nu}\hat{\rho}\hat{\sigma}} + \sigma 2 K_{\rho[\mu} K_{\nu]\sigma} \\ \text{(Contracted Gauss eq.)} & \hat{R}_{\nu\sigma} = R_{\hat{\nu}\hat{\sigma}} - \sigma R_{n\hat{\nu}n\hat{\sigma}} + \sigma 2 K_{[\mu}^{\nu} K_{\nu]\sigma} \\ \text{(Gauss scalar eq.)} & \hat{R} = R - \sigma 2 R_{nn} + \sigma (K^2 - K_{\mu\nu} K^{\mu\nu}) \\ \text{(Gauss-Codazzi eq.)} & 2 \hat{\nabla}_{[\mu} K_{\nu]}^{\rho} = R_{n\hat{\mu}\hat{\nu}}^{\rho} \\ \text{(Contracted Codazzi eq.)} & 2 \hat{\nabla}_{[\mu} K_{\nu]}^{\mu} = R_{n\hat{\nu}} \end{array} \right.$$

$$\left\{ \begin{array}{ll} \text{(energy density)} & \rho_e = T_{nn} \\ \text{(momentum density)} & p_{\alpha} = -T_{n\hat{\alpha}} \\ \text{(stress tensor)} & S_{\mu\nu} = T_{\hat{\mu}\hat{\nu}} \end{array} \right.$$



[Gourgoulhon, 2021]



3+1 DECOMPOSITION (EINSTEIN EQ. [1-2])

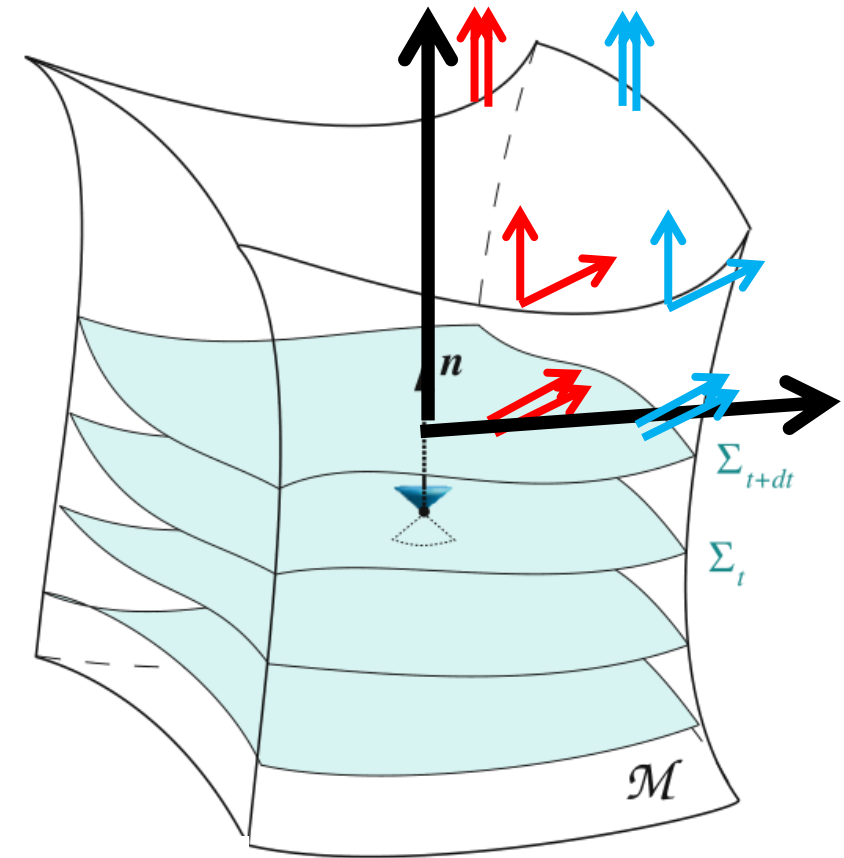
$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

$$\hookrightarrow G_{nn} = 8\pi G T_{nn} \cdots (1)$$

$$\Rightarrow \underbrace{R_{nn}} - \frac{1}{2} \underbrace{R g_{nn}} = 8\pi G \underbrace{T_{nn}}^E$$

$= g_{\mu\nu} n^\mu n^\nu = n_\mu n^\mu = \sigma = -1$

$$\Rightarrow \boxed{\hat{R} + K^2 - K_{ij}K^{ij} = 16\pi G E}$$



[Gourgoulhon, 2021]

$$\begin{cases} \text{(Gauss scalar eq.)} & \hat{R} = R - \sigma 2R_{nn} + \sigma(K^2 - K_{\mu\nu}K^{\mu\nu}) \\ \text{(energy density)} & \rho_e = T_{nn} \end{cases}$$



3+1 Decomposition (Einstein eq. (2-1))

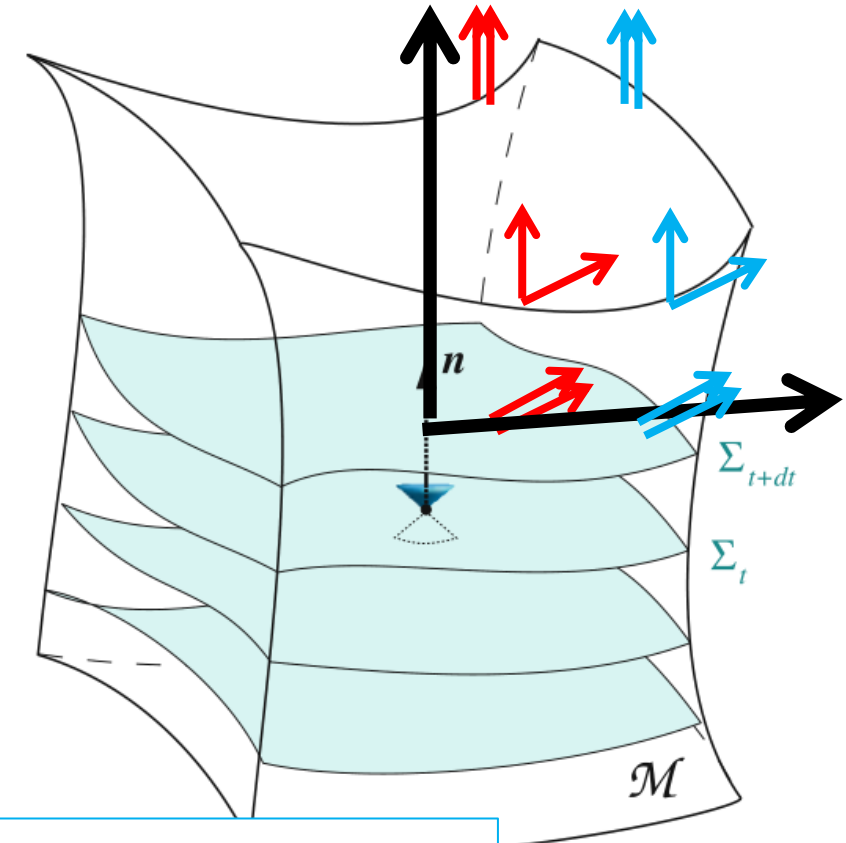
$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

$$\hookrightarrow G_{n\hat{\mu}} = 8\pi G T_{n\hat{\mu}} \cdots (2)$$

$$\Rightarrow R_{n\hat{\mu}} - \frac{1}{2} g_{n\hat{\mu}} R = 8\pi G T_{n\hat{\mu}}$$

Now we learned:

{	(extrinsic curvature)	$K_{\mu\nu} = \frac{1}{2} \mathcal{L}_n P_{\mu\nu} = \frac{1}{2} P_{\mu}^{\alpha} P_{\nu}^{\beta} \mathcal{L}_n g_{\alpha\beta}$ $= \nabla_{\mu} n_{\nu} - \sigma n_{\mu} a_{\nu}$
	(Gauss eq.)	$\hat{R}_{\hat{\mu}\hat{\nu}\hat{\rho}\hat{\sigma}} = R_{\hat{\mu}\hat{\nu}\hat{\rho}\hat{\sigma}} + \sigma 2 K_{\hat{\rho}[\hat{\mu}} K_{\hat{\nu}]\hat{\sigma}}$
	(Contracted Gauss eq.)	$\hat{R}_{\hat{\nu}\hat{\sigma}} = R_{\hat{\nu}\hat{\sigma}} - \sigma R_{n\hat{\nu}} n_{\hat{\sigma}} + \sigma 2 K_{[\hat{\mu}}^{\hat{\mu}} K_{\hat{\nu}]\hat{\sigma}}$
	(Gauss scalar eq.)	$\hat{R} = R - \sigma 2 R_{nn} + \sigma (K^2 - K_{\mu\nu} K^{\mu\nu})$
	(Gauss-Codazzi eq.)	$2 \hat{\nabla}_{[\hat{\mu}} K_{\hat{\nu}]}^{\hat{\rho}} = R_{n\hat{\mu}\hat{\nu}}^{\hat{\rho}}$
{	(Contracted Codazzi eq.)	$2 \hat{\nabla}_{[\hat{\mu}} K_{\hat{\nu}]}^{\hat{\mu}} = R_{n\hat{\nu}}$



[Gourgoulhon, 2021]

{	(energy density)	$\rho_e = T_{nn}$
	(momentum density)	$p_{\alpha} = -T_{n\hat{\alpha}}$
	(stress tensor)	$S_{\hat{\mu}\hat{\nu}} = T_{\hat{\mu}\hat{\nu}}$



3+1 Decomposition (Einstein eq. (2-2))

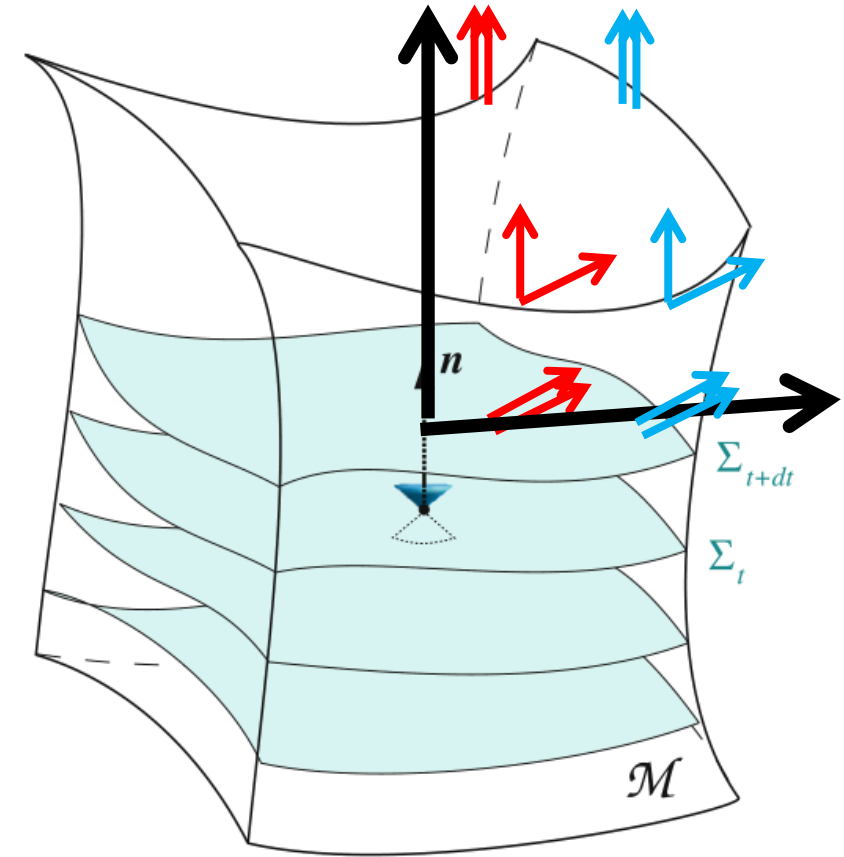
$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

$$\hookrightarrow G_{n\hat{\mu}} = 8\pi G T_{n\hat{\mu}} \dots (2)$$

$$\begin{aligned} & \Rightarrow \underbrace{2\hat{\nabla}_{[\mu} K_{\nu]}^{\mu}}_{R_{n\hat{\mu}}} - \frac{1}{2} R \underbrace{g_{n\hat{\mu}}}_{=g_{\alpha\beta}n^{\alpha}P_{\mu}^{\beta}=n_{\beta}P^{\beta}_{\mu}=0} = 8\pi G \underbrace{T_{n\hat{\mu}}}_{=-p_{\mu}} \\ & - 2\hat{\nabla}_{[\mu} K_{\nu]}^{\mu} = 8\pi G p_{\nu} \end{aligned}$$

$$\hat{\nabla}_{\nu} K - \hat{\nabla}_{\mu} K^{\mu}_{\nu} = 8\pi G p_{\nu}$$

$$\left\{ \begin{array}{ll} \text{(Contracted Codazzi eq.)} & 2\hat{\nabla}_{[\mu} K_{\nu]}^{\mu} = R_{n\hat{\nu}} \\ \text{(momentum density)} & p_{\alpha} = -T_{n\hat{\alpha}} \end{array} \right.$$



[Gourgoulhon, 2021]



3+1 Decomposition (Einstein eq. (3-1))

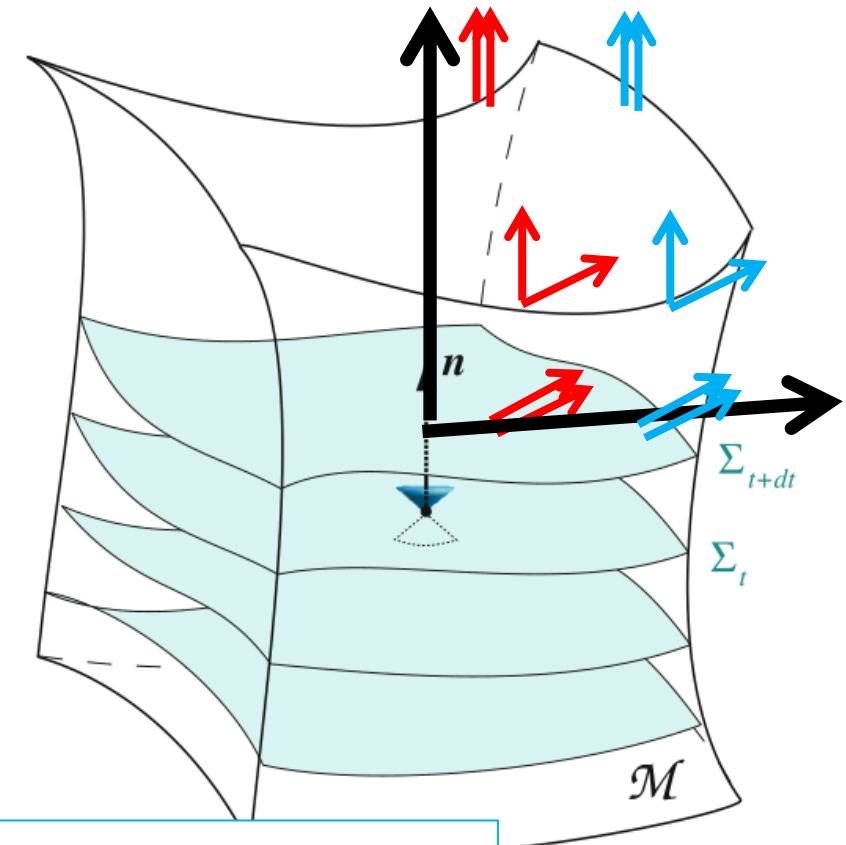
$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

$$\hookrightarrow G_{\hat{\mu}\hat{\nu}} = 8\pi G T_{\hat{\mu}\hat{\nu}} \dots (3)$$

$$\Rightarrow R_{\hat{\mu}\hat{\nu}} - \frac{1}{2} g_{\hat{\mu}\hat{\nu}} R = 8\pi G T_{\hat{\mu}\hat{\nu}}$$

Now we learned:

(extrinsic curvature)	$K_{\mu\nu} = \frac{1}{2} \mathcal{L}_n P_{\mu\nu} = \frac{1}{2} P_{\mu}^{\alpha} P_{\nu}^{\beta} \mathcal{L}_n g_{\alpha\beta}$ $= \nabla_{\mu} n_{\nu} - \sigma n_{\mu} a_{\nu}$
(Gauss eq.)	$\hat{R}_{\hat{\mu}\hat{\nu}\hat{\rho}\hat{\sigma}} = R_{\hat{\mu}\hat{\nu}\hat{\rho}\hat{\sigma}} + \sigma 2 K_{[\hat{\mu}} K_{\hat{\nu}]\hat{\rho}\hat{\sigma}}$
(Contracted Gauss eq.)	$\hat{R}_{\hat{\nu}\hat{\sigma}} = R_{\hat{\nu}\hat{\sigma}} - \sigma R_{n\hat{\nu}n\hat{\sigma}} + \sigma 2 K_{[\hat{\mu}}^{\mu} K_{\hat{\nu}]\hat{\sigma}}$
(Gauss scalar eq.)	$\hat{R} = R - \sigma 2 R_{nn} + \sigma (K^2 - K_{\mu\nu} K^{\mu\nu})$
(Gauss-Codazzi eq.)	$2 \hat{\nabla}_{[\hat{\mu}} K_{\hat{\nu}]}^{\rho} = R_{n\hat{\mu}\hat{\nu}}^{\rho}$
(Contracted Codazzi eq.)	$2 \hat{\nabla}_{[\hat{\mu}} K_{\hat{\nu}]}^{\mu} = R_{n\hat{\nu}}$



[Gourgoulhon, 2021]

(energy density)	$\rho_e = T_{nn}$
(momentum density)	$p_{\alpha} = -T_{n\hat{\alpha}}$
(stress tensor)	$S_{\hat{\mu}\hat{\nu}} = T_{\hat{\mu}\hat{\nu}}$



3+1 Decomposition (Einstein eq. (3-2))

$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

$$\hookrightarrow G_{\hat{\mu}\hat{\nu}} = 8\pi G T_{\hat{\mu}\hat{\nu}} \dots (3)$$

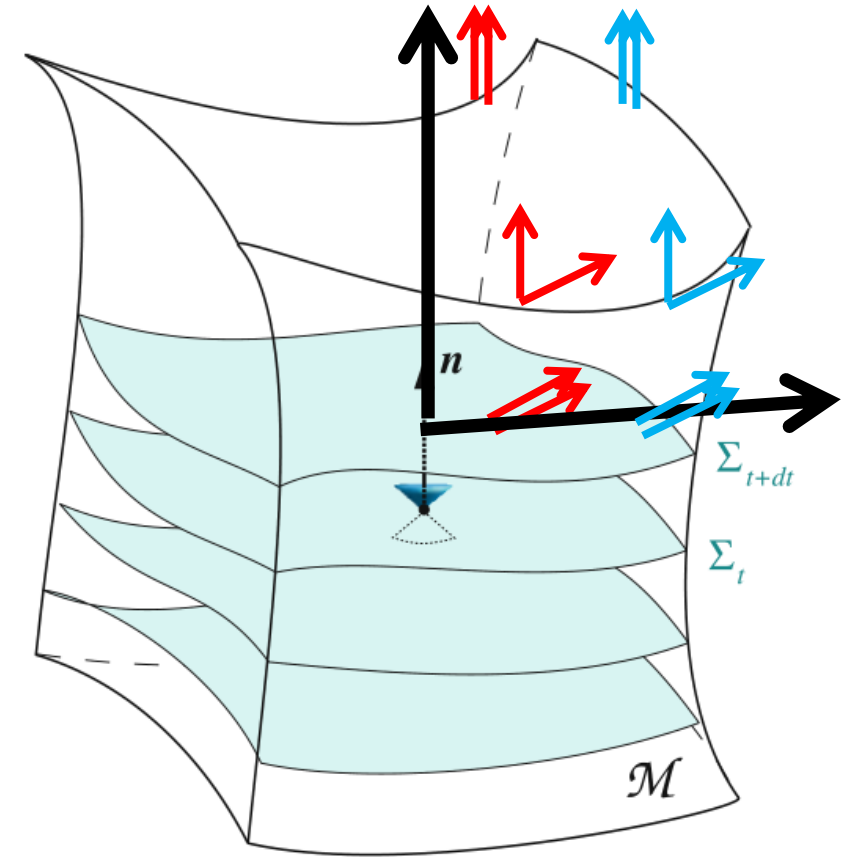
$$\Rightarrow R_{\hat{\mu}\hat{\nu}} - \frac{1}{2}g_{\hat{\mu}\hat{\nu}}R = 8\pi G T_{\hat{\mu}\hat{\nu}}$$

$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

$$\hookrightarrow G_{\mu\nu} - \frac{1}{2}g_{\mu\nu}G^\alpha{}_\alpha = 8\pi G(T_{\mu\nu} - \frac{1}{2}g_{\mu\nu}T^\alpha{}_\alpha)$$

$$\hookrightarrow R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}\cancel{K} - \frac{1}{2}g_{\mu\nu}(R - \underbrace{\frac{1}{2}g^\alpha{}_\alpha R}_{=2R}) = 8\pi G(T_{\mu\nu} - \frac{1}{2}g_{\mu\nu}T^\alpha{}_\alpha)$$

$$\Rightarrow R_{\mu\nu} = 8\pi G(T_{\mu\nu} - \frac{1}{2}g_{\mu\nu}T^\alpha{}_\alpha)$$



[Gourgoulhon, 2021]



3+1 Decomposition (Einstein eq. (3-3))

$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

$$\hookrightarrow G_{\hat{\mu}\hat{\nu}} = 8\pi G T_{\hat{\mu}\hat{\nu}} \dots (3)$$

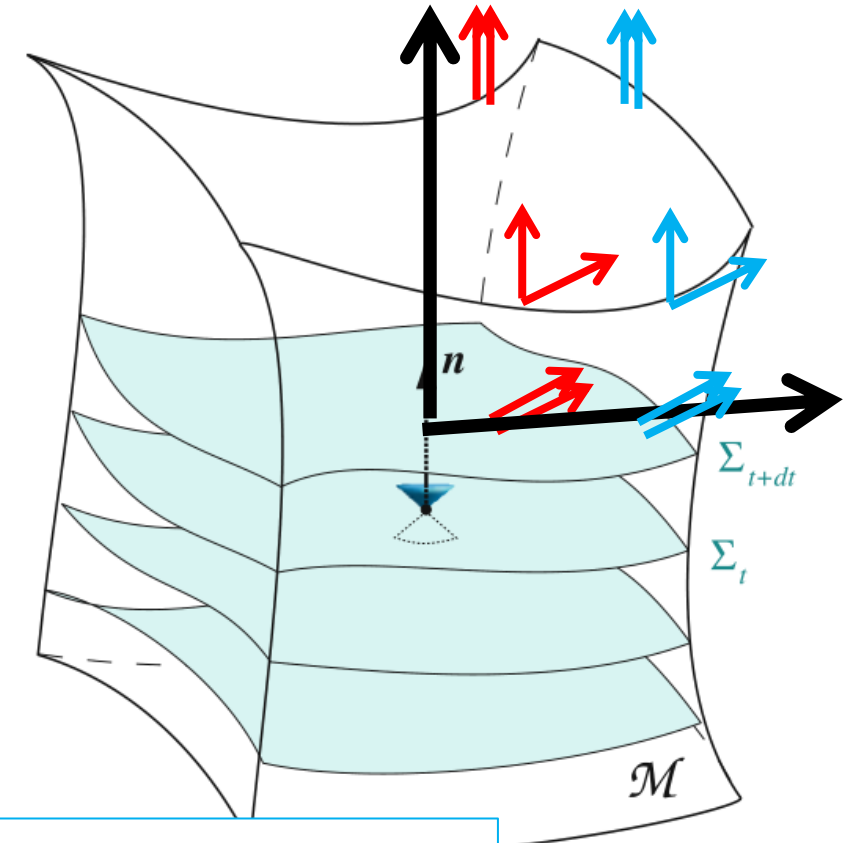
$$R_{\hat{\mu}\hat{\nu}} = 8\pi G (T_{\hat{\mu}\hat{\nu}} - \frac{1}{2} g_{\hat{\mu}\hat{\nu}} T^\alpha_\alpha)$$

$$\hookrightarrow \hat{R}_{\nu\sigma} = R_{\hat{\nu}\hat{\sigma}} - \sigma R_{n\hat{\nu}n\hat{\sigma}} + \sigma 2K^\mu_{[\mu} K_{\nu]\sigma}$$

$$\hat{R}_{\mu\nu} - R_{n\hat{\mu}n\hat{\nu}} + 2K^\alpha_{[\alpha} K_{\mu]\nu} = 8\pi G [S_{\hat{\mu}\hat{\nu}} - \frac{1}{2} P_{\hat{\mu}\hat{\nu}} (S - E)]$$

Now we learned:

{	(extrinsic curvature)	$K_{\mu\nu} = \frac{1}{2} \mathcal{L}_n P_{\mu\nu} = \frac{1}{2} P^\alpha_\mu P^\beta_\nu \mathcal{L}_n g_{\alpha\beta}$ $= \nabla_\mu n_\nu - \sigma n_{[\mu} a_{\nu]}$
	(Gauss eq.)	$\hat{R}_{\mu\nu\rho\sigma} = R_{\hat{\mu}\hat{\nu}\hat{\rho}\hat{\sigma}} + \sigma 2K_{[\mu} K_{\nu]\sigma}$
	(Contracted Gauss eq.)	$\hat{R}_{\nu\sigma} = R_{\hat{\nu}\hat{\sigma}} - \sigma R_{n\hat{\nu}n\hat{\sigma}} + \sigma 2K^\mu_{[\mu} K_{\nu]\sigma}$
	(Gauss scalar eq.)	$\hat{R} = R - \sigma 2R_{nn} + \sigma (K^2 - K_{\mu\nu} K^{\mu\nu})$
	(Gauss-Codazzi eq.)	$2\hat{\nabla}_{[\mu} K_{\nu]}^\rho = R^\rho_{n\hat{\mu}\hat{\nu}}$
{	(Contracted Codazzi eq.)	$2\hat{\nabla}_{[\mu} K_{\nu]}^\mu = R_{n\hat{\nu}}$



[Gourgoulhon, 2021]

{	(energy density)	$\rho_e = T_{nn}$
	(momentum density)	$p_\alpha = -T_{n\hat{\alpha}}$
	(stress tensor)	$S_{\mu\nu} = T_{\hat{\mu}\hat{\nu}}$



3+1 Decomposition (Einstein eq. (3-4))

$$\begin{aligned}
 R_{\hat{n}\hat{\nu}\hat{n}\hat{\sigma}} &= R_{\hat{\nu}\hat{n}\hat{\sigma}\hat{n}} = P_{\nu\alpha} n^\lambda P_\sigma^\beta n^\mu R_{\lambda\beta\mu}^\alpha \\
 &= P_{\nu\alpha} P_\sigma^\beta n^\mu R_{\lambda\beta\mu}^\alpha n^\lambda \\
 &= P_{\nu\alpha} P_\sigma^\beta n^\mu [\nabla_\beta, \nabla_\mu] n^\alpha \\
 &= P_{\nu\alpha} P_\sigma^\beta n^\mu \underbrace{\nabla_\beta \nabla_\mu n^\alpha}_{=K_\mu^\alpha - n_\mu a^\alpha} - P_{\nu\alpha} P_\sigma^\beta n^\mu \underbrace{\nabla_\mu \nabla_\beta n^\alpha}_{=K_\beta^\alpha - n_\beta a^\alpha} \\
 &= P_{\nu\alpha} P_\sigma^\beta n^\mu \nabla_\beta K_\mu^\alpha - P_{\nu\alpha} P_\sigma^\beta n^\mu \nabla_\beta (n_\mu a^\alpha) - P_{\nu\alpha} P_\sigma^\beta n^\mu \nabla_\mu K_\beta^\alpha + P_{\nu\alpha} P_\sigma^\beta n^\mu \nabla_\mu (n_\beta a^\alpha) \\
 &\quad \underbrace{= -K_{\mu\nu} K_\sigma^\mu}_{= -K_\mu^\alpha \nabla_\beta n^\mu = -K_\mu^\alpha (K_\beta^\mu - n_\beta a^\mu)} \\
 &= P_{\nu\alpha} P_\sigma^\beta \underbrace{n^\mu \nabla_\beta K_\mu^\alpha}_{= -K_\mu^\alpha \nabla_\beta n^\mu} - P_{\nu\alpha} P_\sigma^\beta \cancel{n^\mu \nabla_\beta n_\mu a^\alpha} - P_{\nu\alpha} P_\sigma^\beta \underbrace{n^\mu n_\mu}_{= -1} \nabla_\beta a^\alpha \\
 &\quad - P_{\nu\alpha} P_\sigma^\beta n^\mu \nabla_\mu K_\beta^\alpha + P_{\nu\alpha} P_\sigma^\beta \underbrace{n^\mu \nabla_\mu n_\beta a^\alpha}_{= a_\beta} + P_{\nu\alpha} P_\sigma^\beta \cancel{n^\mu n_\beta \nabla_\mu a^\alpha} \\
 &= -K_{\mu\nu} K_\sigma^\mu - P_{\nu\alpha} P_\sigma^\beta n^\mu \nabla_\mu K_\beta^\alpha + P_{\nu\alpha} P_\sigma^\beta \nabla_\beta a^\alpha + P_{\nu\alpha} P_\sigma^\beta a_\beta a^\alpha \\
 &= -K_{\mu\nu} K_\sigma^\mu - P_{\nu\alpha} P_\sigma^\beta n^\mu \nabla_\mu K_\beta^\alpha + \hat{\nabla}_\sigma a_\nu + a_\sigma a_\nu
 \end{aligned}$$



3+1 Decomposition (Einstein eq. (3-5))

$$\hat{R}_{\mu\nu} - \boxed{R_{n\hat{\mu}n\hat{\nu}}} + 2K^\alpha_{[\mu}K_{\nu]} = 8\pi G[S_{\hat{\mu}\hat{\nu}} - \frac{1}{2}P_{\hat{\mu}\hat{\nu}}(S - E)] \dots (3)$$

$$\hookrightarrow R_{n\hat{\mu}n\hat{\nu}} = K_{\mu\alpha}K^\alpha_\nu - \frac{1}{N}\mathcal{L}_m K_{\mu\nu} + \frac{1}{N}\hat{\nabla}_\mu\hat{\nabla}_\nu N$$

$$R_{\hat{\mu}\hat{\nu}} = \hat{R}_{\mu\nu} - \boxed{K_{\mu\alpha}K^\alpha_\nu + \frac{1}{N}\mathcal{L}_m K_{\mu\nu} - \frac{1}{N}\hat{\nabla}_\mu\hat{\nabla}_\nu N} + \underbrace{2K^\alpha_{[\mu}K_{\nu]}}_{=K^\alpha_\alpha K_{\mu\nu} - K^\alpha_\mu K_{\alpha\nu}}$$

$$= \hat{R}_{\mu\nu} - 2K_{\mu\alpha}K^\alpha_\nu + \frac{1}{N}\mathcal{L}_m K_{\mu\nu} - \frac{1}{N}\hat{\nabla}_\mu\hat{\nabla}_\nu N + K K_{\mu\nu}$$

$$\hookrightarrow \mathcal{L}_m K_{\mu\nu} = \mathcal{L}_{(\partial_t - \beta)} K_{\mu\nu} = \partial_t K_{\mu\nu} + \beta^\alpha \partial_\alpha K_{\mu\nu} + \partial_\mu \beta^\alpha K_{\alpha\nu} + \partial_\nu \beta^\alpha K_{\mu\alpha}$$

$$= \hat{R}_{\mu\nu} - 2K_{\mu\alpha}K^\alpha_\nu + \frac{1}{N}(\partial_t K_{\mu\nu} + \beta^\alpha \partial_\alpha K_{\mu\nu} + \partial_\mu \beta^\alpha K_{\alpha\nu} + \partial_\nu \beta^\alpha K_{\mu\alpha}) - \frac{1}{N}\hat{\nabla}_\mu\hat{\nabla}_\nu N + K K_{\mu\nu}$$

$$\Rightarrow \hat{R}_{\mu\nu} - 2K_{\mu\alpha}K^\alpha_\nu + \frac{1}{N}(\partial_t K_{\mu\nu} + \beta^\alpha \partial_\alpha K_{\mu\nu} + \partial_\mu \beta^\alpha K_{\alpha\nu} + \partial_\nu \beta^\alpha K_{\mu\alpha}) - \frac{1}{N}\hat{\nabla}_\mu\hat{\nabla}_\nu N + K K_{\mu\nu} \\ = 8\pi G[S_{\hat{\mu}\hat{\nu}} - \frac{1}{2}P_{\hat{\mu}\hat{\nu}}(S - E)]$$



3+1 Decomposition (Einstein eq. (3-6))

$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

$$\hookrightarrow G_{\hat{\mu}\hat{\nu}} = 8\pi G T_{\hat{\mu}\hat{\nu}} \dots (3)$$

$$R_{\hat{\mu}\hat{\nu}} = 8\pi G (T_{\hat{\mu}\hat{\nu}} - \frac{1}{2} g_{\hat{\mu}\hat{\nu}} T^\alpha_\alpha)$$

$$\hookrightarrow \hat{R}_{\nu\sigma} = R_{\hat{\nu}\hat{\sigma}} - \sigma R_{n\hat{\nu}n\hat{\sigma}} + \sigma 2K^\mu_{[\mu} K_{\nu]\sigma}$$

$$\hat{R}_{\mu\nu} - R_{n\hat{\mu}n\hat{\nu}} + 2K^\alpha_{[\alpha} K_{\mu]\nu} = 8\pi G [S_{\hat{\mu}\hat{\nu}} - \frac{1}{2} P_{\hat{\mu}\hat{\nu}} (S - E)]$$

$$\hookrightarrow R_{n\hat{\mu}n\hat{\nu}} = K_{\mu\alpha} K^\alpha_\nu - \frac{1}{N} \mathcal{L}_m K_{\mu\nu} + \frac{1}{N} \hat{\nabla}_\mu \hat{\nabla}_\nu N$$

Now

$$\left\{ \begin{array}{l} \text{(ex)} \quad \hat{R}_{\mu\nu} - 2K_{\mu\alpha} K^\alpha_\nu + \frac{1}{N} (\partial_t K_{\mu\nu} + \beta^\alpha \partial_\alpha K_{\mu\nu} + \partial_\mu \beta^\alpha K_{\alpha\nu} + \partial_\nu \beta^\alpha K_{\mu\alpha}) \\ \text{(G)} \quad - \frac{1}{N} \hat{\nabla}_\mu \hat{\nabla}_\nu N + K K_{\mu\nu} = 8\pi G [S_{\hat{\mu}\hat{\nu}} - \frac{1}{2} P_{\hat{\mu}\hat{\nu}} (S - E)] \end{array} \right.$$

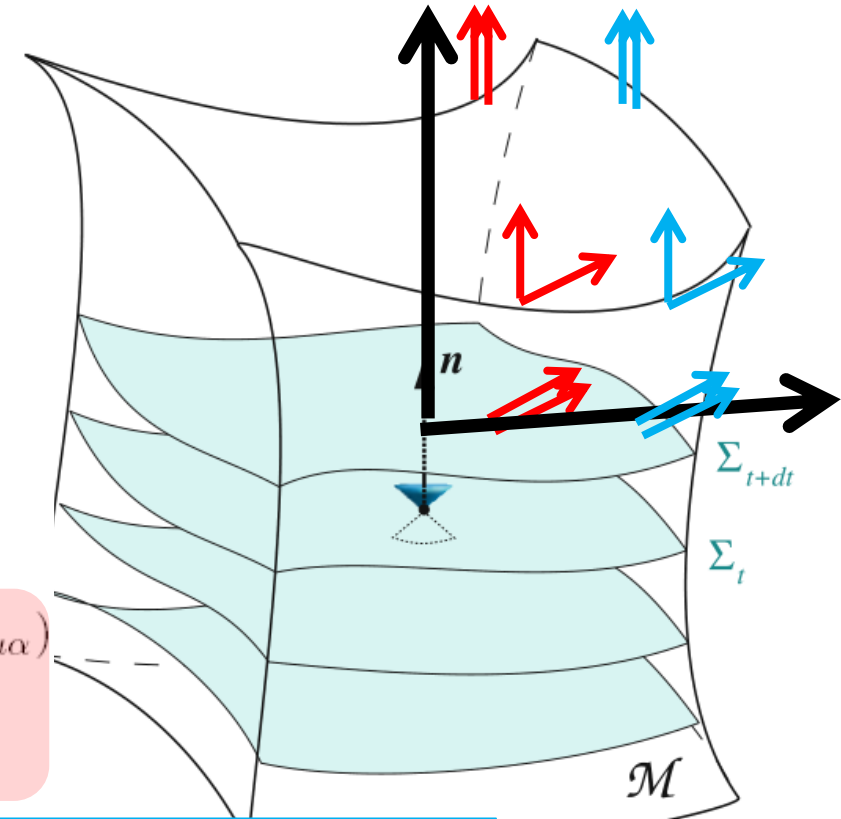
$$\text{(Contracted Gauss eq.)} \quad R_{\nu\sigma} = R_{\hat{\nu}\hat{\sigma}} - \sigma R_{n\hat{\nu}n\hat{\sigma}} + \sigma 2K^\mu_{[\mu} K_{\nu]\sigma}$$

$$\text{(Gauss scalar eq.)} \quad \hat{R} = R - \sigma 2R_{nn} + \sigma (K^2 - K_{\mu\nu} K^{\mu\nu})$$

$$\text{(Gauss-Codazzi eq.)} \quad 2\hat{\nabla}_{[\mu} K_{\nu]}^\rho = R^\rho_{n\hat{\mu}\hat{\nu}}$$

$$\text{(Contracted Codazzi eq.)} \quad 2\hat{\nabla}_{[\mu} K_{\nu]}^\mu = R_{n\hat{\nu}}$$

$$\left\{ \begin{array}{ll} \text{(energy density)} & \rho_e = T_{nn} \\ \text{(momentum density)} & p_\alpha = -T_{n\hat{\alpha}} \\ \text{(stress tensor)} & S_{\mu\nu} = T_{\hat{\mu}\hat{\nu}} \end{array} \right.$$



[Gourgoulhon, 2021]



3+1 Decomposition (Einstein eq. (4-1))

$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$



$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

$$\hookrightarrow \begin{cases} (1) \ G_{nn} = 8\pi G T_{nn} \rightarrow \hat{R} + K^2 - K_{ij}K^{ij} = 16\pi G E \\ (2) \ G_{n\hat{\mu}} = 8\pi G T_{n\hat{\mu}} \rightarrow \hat{\nabla}_\nu K - \hat{\nabla}_\mu K^\mu_\nu = 8\pi G p_\nu \\ (3) \ G_{\hat{\mu}\hat{\nu}} = 8\pi G T_{\hat{\mu}\hat{\nu}} \rightarrow \hat{R}_{\mu\nu} - 2K_{\mu\alpha}K^\alpha_\nu \\ \quad + \frac{1}{N}(\partial_t K_{\mu\nu} + \beta^\alpha \partial_\alpha K_{\mu\nu} + \partial_\mu \beta^\alpha K_{\alpha\nu} + \partial_\nu \beta^\alpha K_{\mu\alpha}) \\ \quad - \frac{1}{N} \hat{\nabla}_\mu \hat{\nabla}_\nu N + K K_{\mu\nu} = 8\pi G [S_{\hat{\mu}\hat{\nu}} - \frac{1}{2} P_{\hat{\mu}\hat{\nu}} (S - E)] \\ K_{\mu\nu} = \frac{1}{2} \mathcal{L}_n P_{\mu\nu} \quad \partial_t P_{\mu\nu} = 2N K_{\mu\nu} + \hat{\nabla}_\mu \beta_\nu + \hat{\nabla}_\nu \beta_\mu \end{cases}$$

(Gauss scalar eq.) $R = R = \partial^2 \ln N + \partial_\mu \partial^\mu \ln N + O(R - K_{\mu\nu}K^{\mu\nu})$

$$\text{(Gauss-Codazzi eq.)} \quad 2\hat{\nabla}_{[\mu} K_{\nu]}^\rho = R_{n\hat{\mu}\hat{\nu}}^\rho$$

$$\text{(Contracted Codazzi eq.)} \quad 2\hat{\nabla}_{[\mu} K_{\nu]}^\mu = R_{n\hat{\nu}}$$

$$\text{(momentum density)} \quad p_\alpha = -T_{n\hat{\alpha}}$$

$$\text{(stress tensor)} \quad S_{\mu\nu} = T_{\hat{\mu}\hat{\nu}}$$



3+1 Decomposition (Einstein eq. (4-2))

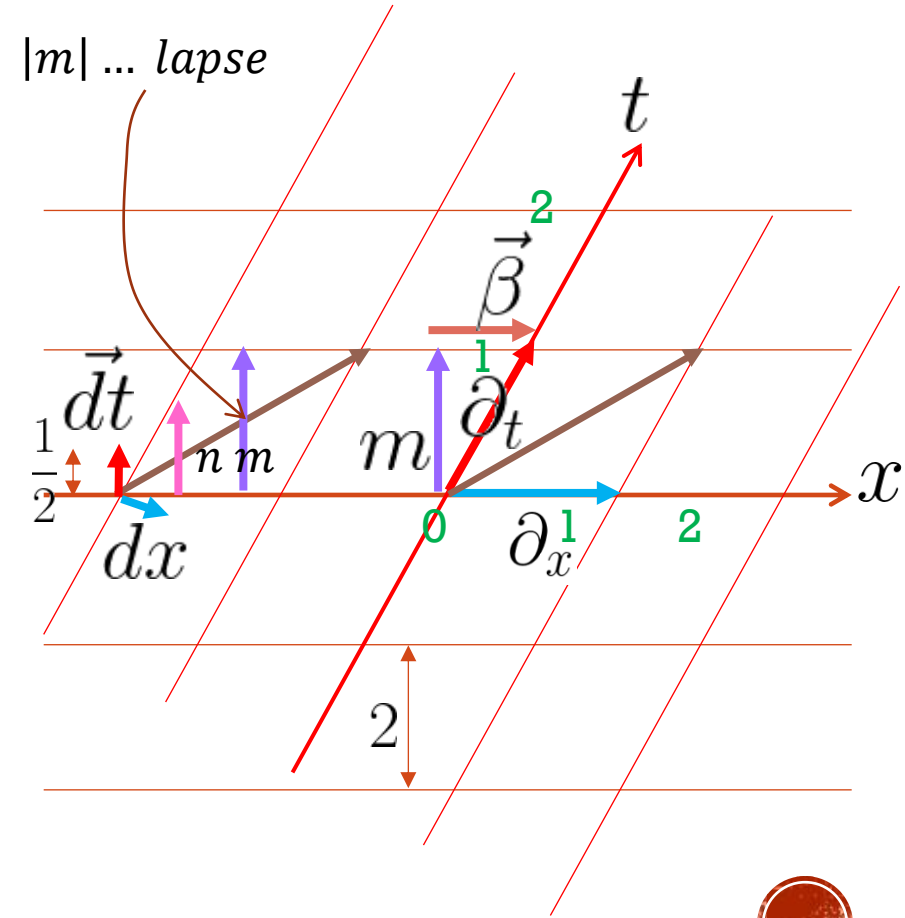
$$K_{ij} = \frac{1}{2} \mathcal{L}_n P_{ij} = \frac{1}{2N} \mathcal{L}_m P_{ij} = \frac{1}{2N} \mathcal{L}_{\partial_t - \beta} P_{ij}$$

$$= \frac{1}{2N}(\mathcal{L}_{\partial_t} P_{ij} - \mathcal{L}_{\beta} P_{ij})$$

$$\hookrightarrow \mathcal{L}_{\partial_t} P_{ij} = (\partial_t)^\alpha \partial_\alpha P_{ij} + P_{\alpha j} \underbrace{\partial_i (\partial_t)^\alpha}_{=\delta_t^\alpha} + K_{i\alpha} \partial_j \underbrace{(\partial_t)^\alpha}_{=\delta_t^\alpha} = \frac{\partial P_{ij}}{\partial t} = \frac{\partial \gamma_{ij}}{\partial t}$$

$$\zeta \quad \mathcal{L}_\beta P_{ij} = \mathcal{L}_\beta \gamma_{ij} = \cancel{\beta^k \hat{\nabla}_k \gamma_{ij}} + \gamma_{kj} \hat{\nabla}_i \beta^k + \gamma_{ik} \hat{\nabla}_j \beta^k$$

$$= \frac{1}{2N}(\dot{\gamma}_{ij} - \gamma_{kj} \hat{\nabla}_i \beta^k - \gamma_{ik} \hat{\nabla}_j \beta^k)$$



3+1 Decomposition (Einstein eq. (4-3))

$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

$$\hookrightarrow \left\{ \begin{array}{l} (1) \ G_{nn} = 8\pi G T_{nn} \rightarrow \hat{R} + K^2 - K_{ij}K^{ij} = 16\pi G E \\ (2) \ G_{n\hat{\mu}} = 8\pi G T_{n\hat{\mu}} \rightarrow \hat{\nabla}_\nu K - \hat{\nabla}_\mu K^\mu_\nu = 8\pi G p_\nu \\ (3) \ G_{\hat{\mu}\hat{\nu}} = 8\pi G T_{\hat{\mu}\hat{\nu}} \rightarrow \partial_t K_{\mu\nu} = N(-\hat{R}_{\mu\nu} + 2K_{\mu\alpha}K^\alpha_\nu - K K_{\mu\nu}) \\ \quad \quad \quad - (\beta^\alpha \partial_\alpha K_{\mu\nu} + \partial_\mu \beta^\alpha K_{\alpha\nu} + \partial_\nu \beta^\alpha K_{\mu\alpha}) \\ \quad \quad \quad + \hat{\nabla}_\mu \hat{\nabla}_\nu N + 8\pi G N [S_{\hat{\mu}\hat{\nu}} - \frac{1}{2} P_{\hat{\mu}\hat{\nu}} (S - E)] \\ K_{\mu\nu} = \frac{1}{2} \mathcal{L}_n P_{\mu\nu} \rightarrow \partial_t P_{\mu\nu} = 2N K_{\mu\nu} + \hat{\nabla}_\mu \beta_\nu + \hat{\nabla}_\nu \beta_\mu \end{array} \right.$$

>>> Intrinsic eq. with coordinates on the hypersurface



3+1 Decomposition (Einstein eq. (4-4))

$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

$$\hookrightarrow \left\{ \begin{array}{l} (1) \ G_{nn} = 8\pi G T_{nn} \rightarrow \hat{R} + K^2 - K_{ij}K^{ij} = 16\pi G E \\ (2) \ G_{n\hat{\mu}} = 8\pi G T_{n\hat{\mu}} \rightarrow \hat{\nabla}_i K - \hat{\nabla}_j K^j_i = 8\pi G p_i \\ (3) \ G_{\hat{\mu}\hat{\nu}} = 8\pi G T_{\hat{\mu}\hat{\nu}} \rightarrow \partial_t K_{ij} = N(-\hat{R}_{ij} + 2K_{ik}K^k_j - K K_{ij}) \\ \quad \quad \quad - (\beta^k \partial_k K_{ij} + \partial_i \beta^k K_{kj} + \partial_j \beta^k K_{ik}) \\ \quad \quad \quad + \hat{\nabla}_i \hat{\nabla}_j N + 8\pi G N [S_{ij} - \frac{1}{2} P_{ij} (S - E)] \\ K_{\mu\nu} = \frac{1}{2} \mathcal{L}_n P_{\mu\nu} \rightarrow \partial_t P_{ij} = 2N K_{ij} + \hat{\nabla}_i \beta_j + \hat{\nabla}_j \beta_i \end{array} \right.$$

>>> Intrinsic eq. with coordinates on the hypersurface



3+1 Decomposition (Einstein eq.)

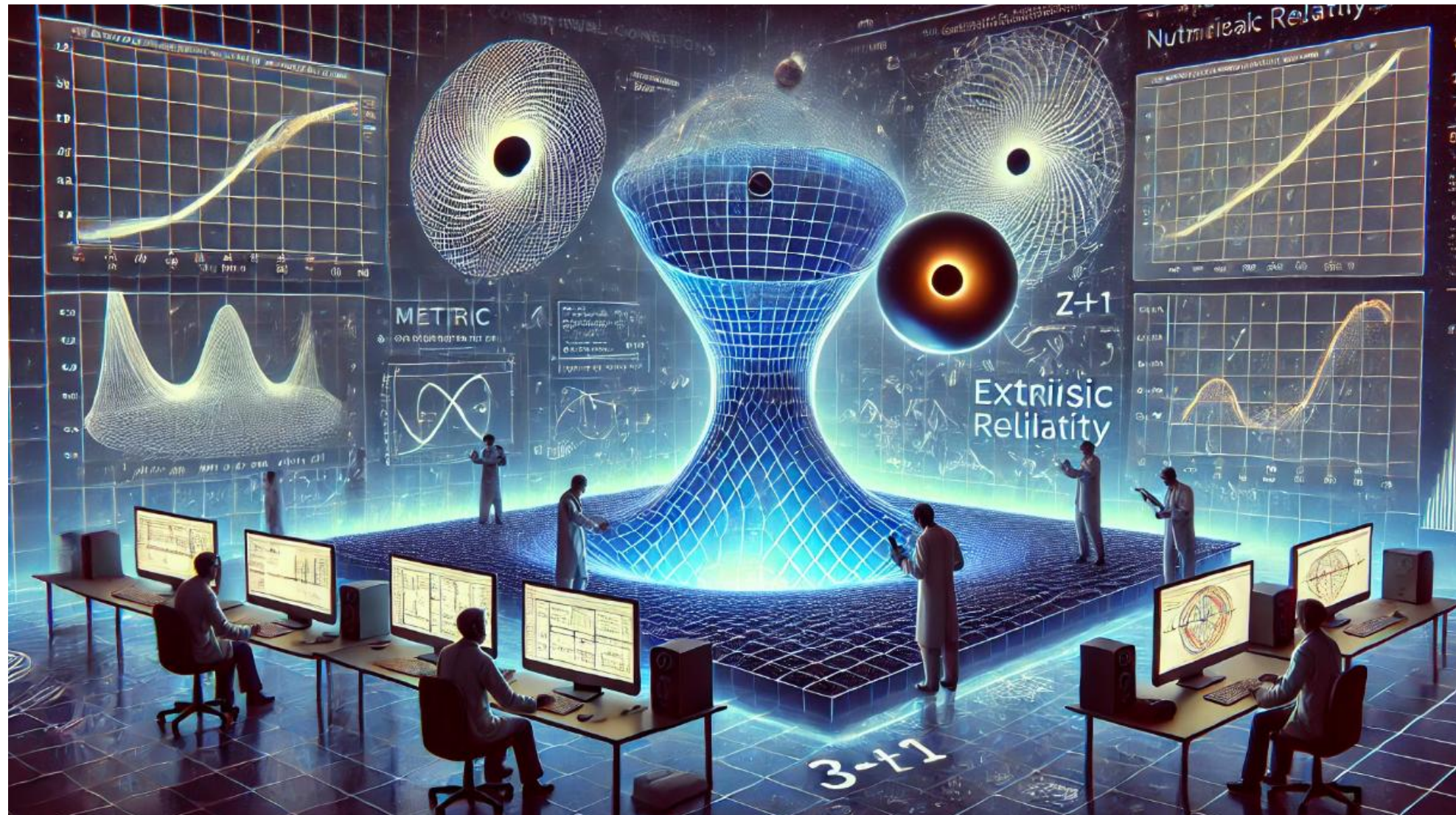
$$^{(4)}G_{\mu\nu} = 8\pi GT_{\mu\nu}$$

$$\hookrightarrow \begin{cases} (1) \quad {}^{(4)}G_{nn} = 8\pi GT_{nn} & \rightarrow R + K^2 - K_{ij}K^{ij} = 16\pi GE \\ (2) \quad {}^{(4)}G_{n\hat{\mu}} = 8\pi GT_{n\hat{\mu}} & \rightarrow D_i K - D_j K^j_i = -8\pi G p_i \\ (3) \quad {}^{(4)}G_{\hat{\mu}\hat{\nu}} = 8\pi GT_{\hat{\mu}\hat{\nu}} & \rightarrow \partial_t K_{ij} = \alpha(R_{ij} - 2K_{ik}K^k_j + KK_{ij}) \\ & \quad + (\beta^k \partial_k K_{ij} + \partial_i \beta^k K_{kj} + \partial_j \beta^k K_{ik}) \\ & \quad - D_i D_j \alpha - 8\pi G \alpha [S_{ij} - \frac{1}{2} \gamma_{ij}(S - E)] \\ K_{\mu\nu} = \frac{1}{2} \mathcal{L}_n P_{\mu\nu} & \rightarrow \partial_t \gamma_{ij} = -2\alpha K_{ij} + D_i \beta_j + D_j \beta_i \end{cases}$$

$$N \rightarrow \alpha, \quad K_{\mu\nu} \rightarrow -K_{\mu\nu}, \quad P_{ij} \rightarrow \gamma_{ij}, \quad \hat{\nabla} \rightarrow D, \quad R \rightarrow {}^{(4)}R, \quad \hat{R} \rightarrow R$$



TO APPLY $3+1$ EQ'S IN NR



INITIAL DATA CONSTRUCTION (CONFORMAL TRANSVERSE TRACELESS DECOMPOSITION)

$$\begin{aligned}
 (1) \text{ conformal trf.: } \gamma_{ij} &= \gamma^{1/3} \bar{\gamma}_{ij} = \psi^n \bar{\gamma}_{ij} & (3) \bar{A}^{ij} &= \bar{A}_T^{ij} \text{ traceless} \rightarrow \text{transverse/longitudinal:} \\
 (\bar{\gamma} \equiv 1. \bar{\gamma}_{ij} \text{ includes only traceless dofs.}) & & \bar{A}^{ij} &\equiv \bar{A}_{TT}^{ij} + \bar{A}_L^{ij} \quad (\bar{D}_j \bar{A}_{TT}^{ij} = 0, \therefore \bar{D}_j \bar{A}^{ij} = \bar{D}_j \bar{A}_L^{ij}) \\
 (2) K_{ij} &\rightarrow \text{trace/traceless and conformal:} & \bar{A}_L^{ij} &= \bar{D}^i W^j + \bar{D}^j W^i - \frac{2}{3} \bar{\gamma}^{ij} \bar{D}_k W^k \equiv (\bar{L}W)^{ij} \\
 K_{ij} &\equiv A_{ij} + \frac{1}{3} \gamma_{ij} K & \bar{D}_j \bar{A}^{ij} &= \bar{D}_j \bar{A}_L^{ij} = \bar{D}_j (\bar{L}W)^{ij} \equiv (\bar{\Delta}_L W)^i \\
 A^{ij} &\equiv \psi^{-10} \bar{A}^{ij} = \psi^{-4} \tilde{A}^{ij}
 \end{aligned}$$

$$\begin{aligned}
 G_{nn} : & \quad 8\bar{D}^2\psi - \psi\bar{R} - \frac{2}{3}\psi^5 K^2 + \psi^{-7} \bar{A}_{ij} \bar{A}^{ij} = -16\pi\psi^5 G\rho \\
 G_{ni} : & \quad (\bar{\Delta}_L W)^j - \frac{2}{3}\psi^6 \bar{\gamma}^{ij} \bar{D}_i K = 8\pi G\psi^{10} p^j \\
 G_{ij} : & \quad \partial_t K_{ij} = \alpha(R_{ij} + K K_{ij} - 2K_{ik} K_j^k) - D_i D_j \alpha - \alpha 8\pi G(S_{ij} - \frac{1}{2}\gamma_{ij}(S - \rho)) \\
 & \quad + \beta^k D_k K_{ij} + K_{ik} D_j \beta^k + K_{kj} D_i \beta^k
 \end{aligned}$$



Initial data construction (Thin-sandwich formalism)

$$G_{nn} : 8\bar{D}^2\psi - \psi\bar{R} - \frac{2}{3}\psi^5 K^2 + \psi^{-7}\bar{A}_{ij}\bar{A}^{ij} = -16\pi\psi^5 G\rho$$

$$G_{ni} : (\bar{\Delta}_L W)^j - \frac{2}{3}\psi^6 \bar{\gamma}^{ij} \bar{D}_i K = 8\pi G\psi^{10} p^j$$



$$8\bar{D}^2\psi - \psi\bar{R} - \frac{2}{3}\psi^5 K^2 + \psi^{-7}\bar{A}_{ij}\bar{A}^{ij} = -16\pi\psi^5 G\rho \rightarrow \psi(1)$$

$$(\bar{\Delta}_L \beta)^i - (\bar{L}\beta)^{ij} \bar{D}_j \ln(\alpha\psi^{-6}) = \alpha\psi^{-6} \bar{D}_j (\alpha^{-1}\psi^6 \bar{u}^{ij}) + \frac{4}{3}\alpha \bar{D}^i K + 16\pi\alpha\psi^4 j^l$$

related to remaining $\bar{\gamma}_{ij}, K$

but not appeared in constraint eq.

$$g_{\mu\nu}(\overbrace{\alpha(1), \beta^i(3), \psi(1), \bar{\gamma}_{ij}(3+2)}^{(10)})$$

$$+ K_{\mu\nu}(\underbrace{K(1), A_{ij}^{TT}(2), A_{ij}^L(3)}_{\text{GW dof.}})(6)$$

ζ using $\partial_t \gamma_{ij} = -2\alpha K_{ij} + D_i \beta_j + D_j \beta_i$

ζ $K_{ij} \rightarrow \frac{1}{2\alpha}(-\partial_t \gamma_{ij} + D_i \beta_j + D_j \beta_i)$

$\boxed{?} \rightarrow$ We can use a background data of a specific $\dot{\gamma}_{ij}$.

[conformal thin-sandwich decomposition]

newly added in the constraint eq.

$$g_{\mu\nu}(\overbrace{\alpha(1), \beta^i(3), \psi(1), \bar{\gamma}_{ij}(3+2)}^{(10)})$$

$$+ K_{\mu\nu}(\underbrace{K(1), A_{ij}^{TT}(2), A_{ij}^L(3)}_{\text{GW dof.}})(6)$$

$$\rightarrow \boxed{(\dot{\gamma}_{ij} \rightarrow) u_{ij}(5)}, \alpha, \beta^i$$

EVOLUTION: BSSN FORMALISM

[evolutions equations]

$$(1) \partial_t \phi = -\frac{1}{6} \alpha K + \frac{1}{6} \partial_i \beta^i + \beta^i \partial_i \phi$$

$$(2) \partial_t K = -D^2 \alpha + \alpha (\tilde{A} \cdot \tilde{A}^{ij} + \frac{1}{3} K^2) + 4\pi \alpha (\rho + S) + \beta^i D_i K$$

[constraint equation]

$$(1) {}^{(4)}G_{nn} = \frac{1}{2} (R + K^2 - K_{\mu\nu} K^{\mu\nu}) = 8\pi G \rho$$

$$(2) {}^{(4)}G_{n\hat{u}} = D_\mu K - D_\nu K^\nu_\mu = -8\pi G j_\mu$$

- The modes that violates the momentum constraint propagate with speed zero in the ADM equations.
- These modes lead to instabilities when non-linear source terms are included.
- In the BSSN system, the momentum violating modes propagate with non-zero speed and propagate off the numerical grid, presumably stabilizing the simulation.

$$\begin{aligned} \partial_t \bar{\Gamma}^i = & -2\partial_j \alpha \tilde{A}^{ij} + 2\alpha (\bar{\Gamma}_{jk}^i \tilde{A}^{jk} - \frac{2}{3} \bar{\gamma}^{ij} \partial_j K - 8\pi G \bar{\gamma}^{ij} p_j + 6\tilde{A}^{ij} \partial_j \phi) \\ & + \beta^j \partial_j \bar{\Gamma}^i - \bar{\Gamma}^j \partial_j \beta^i + \frac{2}{3} \bar{\Gamma}^i \partial_j \beta^j + \frac{1}{3} \bar{\gamma}^{ki} \beta^j_{,jk} + \bar{\gamma}^{kj} \beta^i_{,kj} \end{aligned}$$

$$(4) \rightarrow R_{ij} = R_{ij} + R_{ij}^*$$

$$= \underbrace{-\frac{1}{2} \bar{\gamma}^{lm} \bar{\gamma}_{ij,lm}}_{\text{only 2nd deri.}} + \underbrace{\bar{\gamma}_{k(i} \partial_{j)} \bar{\Gamma}^k}_{\text{all other mixed derivatives are absorbed to } \bar{\Gamma}^k} + \bar{\Gamma}^k \bar{\Gamma}_{(ij)k} + \bar{\gamma}^{lm} (2\bar{\Gamma}_{l(i}^k \bar{\Gamma}_{j)km} + \bar{\Gamma}_{im}^k \bar{\Gamma}_{klj})$$

$$-2(\bar{D}_i \bar{D}_j \phi + \bar{\gamma}_{ij} \bar{\gamma}^{lm} \bar{D}_l \bar{D}_m \phi) + 4[(\bar{D}_i \phi)(\bar{D}_j \phi) - \bar{\gamma}_{ij} \bar{\gamma}^{lm} (\bar{D}_l \phi)(\bar{D}_m \phi)]$$



MORE ABOUT NR APPLICATIONS



BSSN formalism

Article Talk

From Wikipedia, the free encyclopedia

The **BSSN formalism** (Baumgarte, Shapiro, Shibata, Nakamura formalism) is a [formalism](#) of [general relativity](#) that was developed by [Thomas W. Baumgarte](#), [Stuart L. Shapiro](#), Masaru Shibata and Takashi Nakamura between 1987 and 1999.^[1] It is a modification of the [ADM formalism](#) developed during the 1950s.

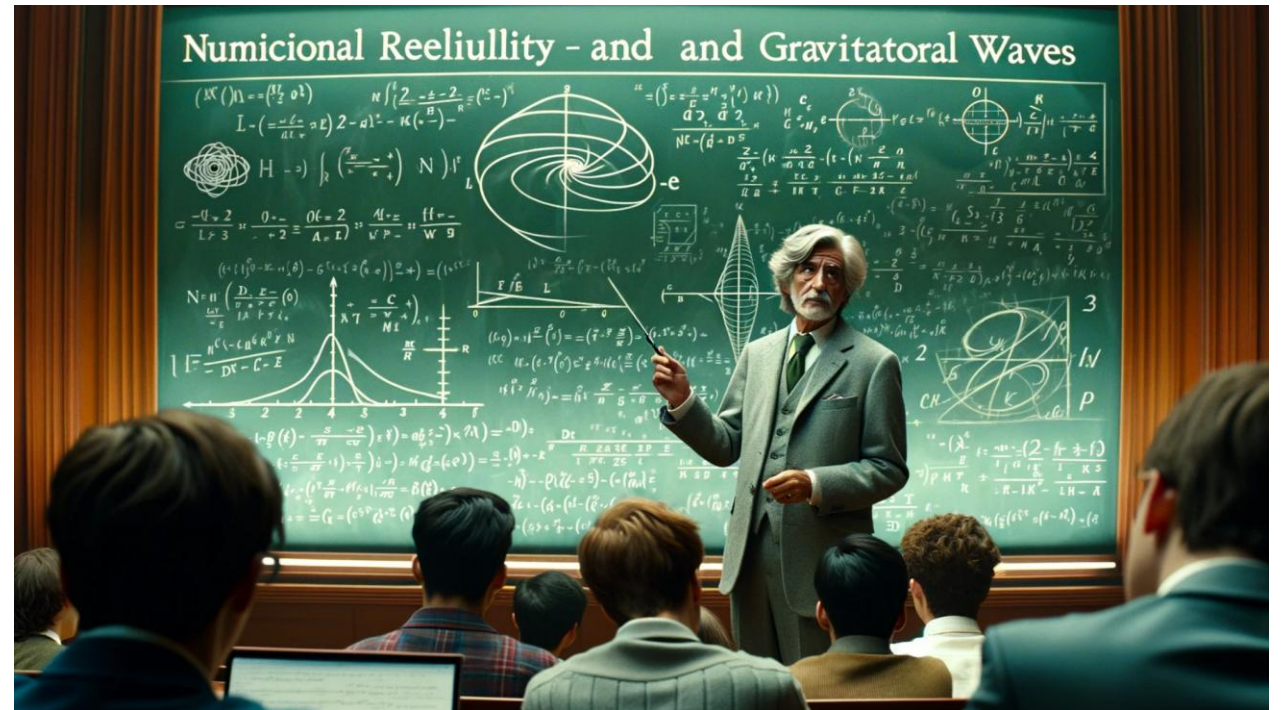
The ADM formalism is a [Hamiltonian](#) formalism that does not permit stable and long-term numerical simulations. In the BSSN formalism, the ADM equations are modified by introducing auxiliary variables. The formalism has been tested for a long-term evolution of linear gravitational waves and used for a variety of purposes such as simulating the non-linear evolution of [gravitational waves](#) or the evolution and collision of [black holes](#).^{[2][3]}

See also [\[edit\]](#)

- [ADM formalism](#)
- [Canonical coordinates](#)
- [Canonical gravity](#)
- [Hamiltonian mechanics](#)

References [\[edit\]](#)

- [↑] Jinho Kim (2008-07-28). "General Relativistic Hydrodynamics Using BSSN formalism" [PDF](#) (PDF). Seoul National University. Archived from the original [PDF](#) (PDF) on 2012-03-27. Retrieved 2009-10-19.



NR WORKS: SIMULATION OF BBH MERGER

PRL **95**, 121101 (2005)

PHYSICAL REVIEW LETTERS

week ending
16 SEPTEMBER 2005

Evolution of Binary Black-Hole Spacetimes

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(Received 6 July 2005; published 14 September 2005)

We describe early success in the evolution of binary black-hole spacetimes with a numerical code based on a generalization of harmonic coordinates. Indications are that with sufficient resolution this scheme is capable of evolving binary systems for enough time to extract information about the orbit, merger, and gravitational waves emitted during the event. As an example we show results from the evolution of a binary composed of two equal mass, nonspinning black holes, through a single plunge orbit, merger, and ringdown. The resultant black hole is estimated to be a Kerr black hole with angular momentum parameter $a \approx 0.70$. At present, lack of resolution far from the binary prevents an accurate estimate of the energy emitted, though a rough calculation suggests on the order of 5% of the initial rest mass of the system is radiated as gravitational waves during the final orbit and ringdown.

DOI: [10.1103/PhysRevLett.95.121101](https://doi.org/10.1103/PhysRevLett.95.121101)

PACS numbers: 04.25.Dm, 04.30.Db, 04.70.Bw

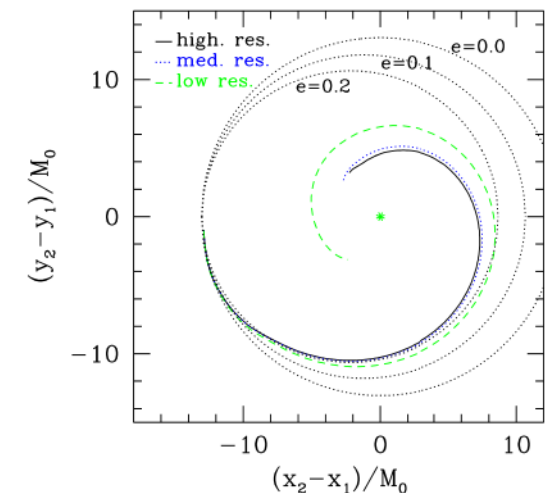


FIG. 1 (color online). A depiction of the orbit for the simulation described in the text (see also Table I). The figure shows the coordinate position of the center of one apparent horizon relative to the other, in the orbital plane $z = 0$. The units have been scaled to the mass M_0 of a single black hole, and curves are shown from simulations with three different resolutions. Overlaid on this figure are reference ellipses of eccentricity 0, 0.1, and 0.2, suggesting that if one were to attribute an initial eccentricity to the orbit it could be in the range 0–0.2.



NR WORKS: SIMULATION OF BBH MERGER

PHYSICAL REVIEW D **74**, 041501(R) (2006)

Spinning-black-hole binaries: The orbital hang-up

M. Campanelli, C. O. Lousto, and Y. Zlochower

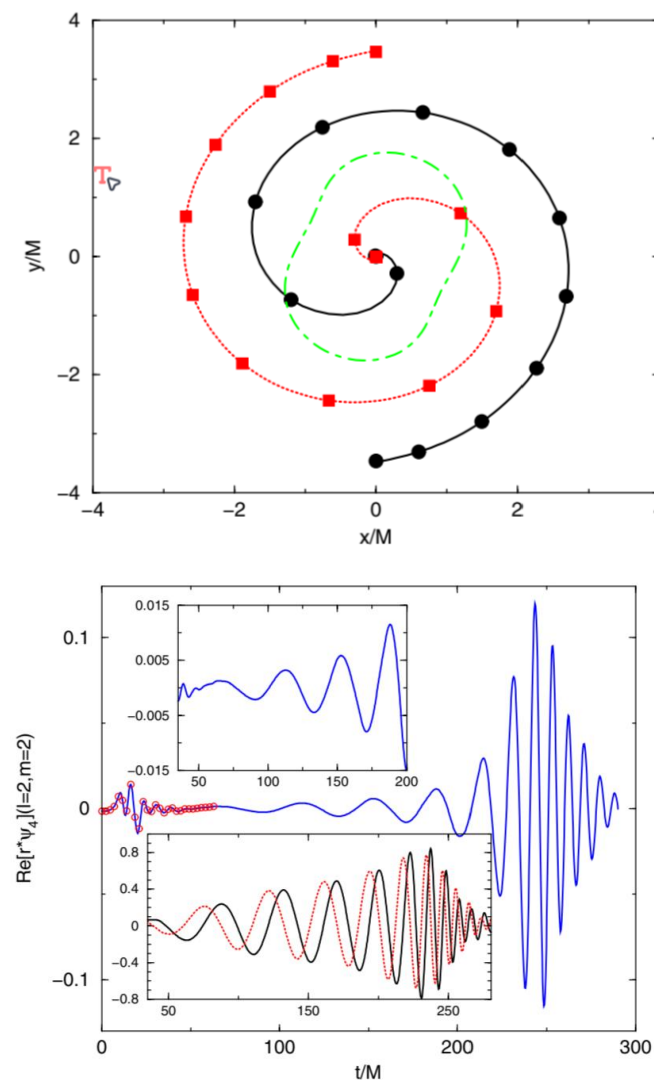
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(Received 4 April 2006; revised manuscript received 22 June 2006; published 16 August 2006)

We present the first fully-nonlinear numerical study of the dynamics of highly-spinning-black-hole binaries. We evolve binaries from quasicircular orbits (as inferred from post-Newtonian theory), and find that the last stages of the orbital motion of black-hole binaries are profoundly affected by their individual spins. In order to cleanly display its effects, we consider two equal-mass holes with individual spin parameters $S/m^2 = 0.757$, both aligned and antialigned with the orbital angular momentum (and compare with the spinless case), and with an initial orbital period of $125M$. We find that the aligned case completes three orbits and merges significantly after the antialigned case, which completes less than one orbit. The total energy radiated for the former case is $\approx 7\%$ while for the latter it is only $\approx 2\%$. The final Kerr hole remnants have rotation parameters $a/M = 0.89$ and $a/M = 0.44$ respectively, showing the unlikelihood of creating a maximally rotating black hole out of the merger two highly spinning holes.

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PACS numbers: 04.25.Dm, 04.25.Nx, 04.30.Db, 04.70.Bw



NR WORKS: SIMULATION OF BBH MERGER

Accurate Evolutions of Orbiting Black-Hole Binaries without Excision

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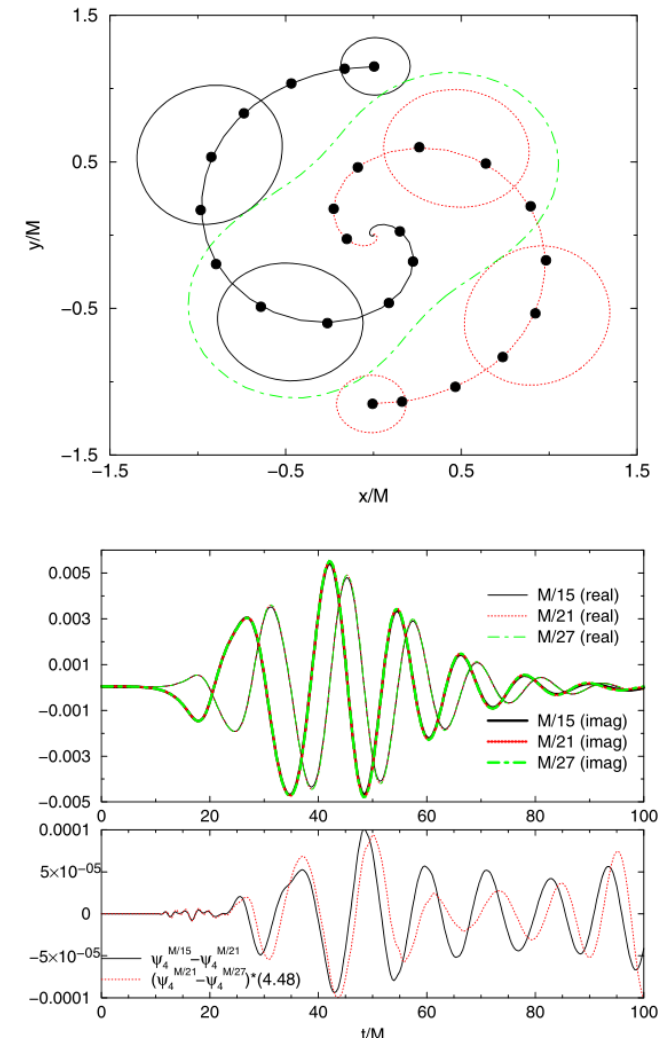
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We present a new algorithm for evolving orbiting black-hole binaries that does not require excision or a corotating shift. Our algorithm is based on a novel technique to handle the singular puncture conformal factor. This system, based on the Baumgarte-Shapiro-Shibata-Nakamura formulation of Einstein's equations, when used with a “precollapsed” initial lapse, is nonsingular at the start of the evolution and remains nonsingular and stable provided that a good choice is made for the gauge. As a test case, we use this technique to fully evolve orbiting black-hole binaries from near the innermost stable circular orbit regime. We show fourth-order convergence of waveforms and compute the radiated gravitational energy and angular momentum from the plunge. These results are in good agreement with those predicted by the Lazarus approach.

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PACS numbers: 04.25.Dm, 04.25.Nx, 04.30.Db, 04.70.Bw



NR WORKS: SIMULATION OF BBH ENCOUNTERS

PHYSICAL REVIEW D **89**, 081503(R) (2014)

Strong-field scattering of two black holes: Numerics versus analytics

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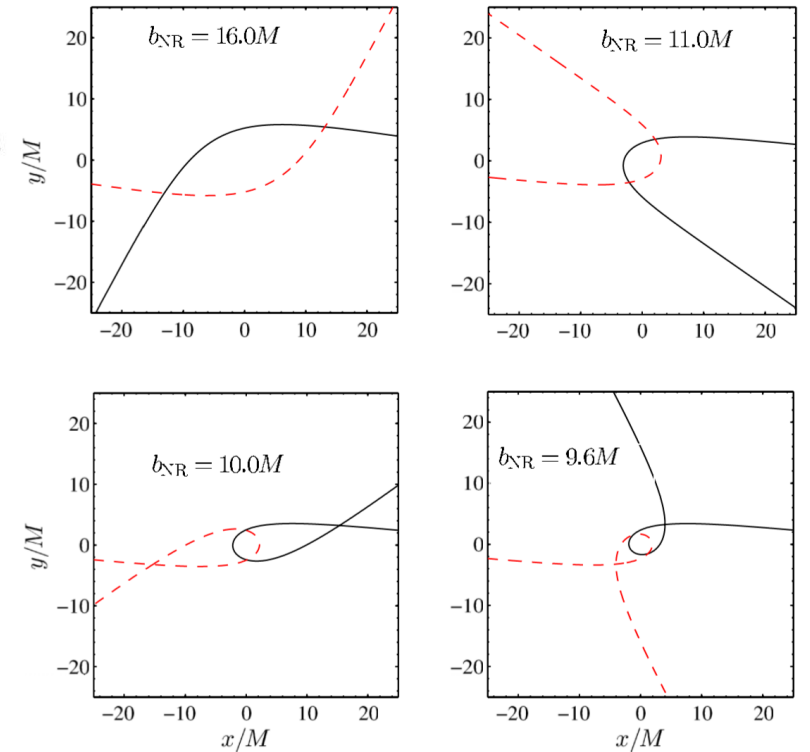
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(Received 28 February 2014; published 8 April 2014)

We probe the gravitational interaction of two black holes in the strong-field regime by computing the scattering angle χ of hyperboliclike, close binary-black-hole encounters as a function of the impact parameter. The fully general-relativistic result from numerical relativity is compared to two analytic approximations: post-Newtonian theory and the effective-one-body formalism. As the impact parameter decreases, so that black holes pass within a few times their Schwarzschild radii, we find that the post-Newtonian prediction becomes quite inaccurate, while the effective-one-body one keeps showing a good agreement with numerical results. Because we have explored a regime which is very different from the one considered so far with binaries in quasicircular orbits, our results open a new avenue to improve analytic representations of the general-relativistic two-body Hamiltonian.

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PACS numbers: 04.25.D-, 04.30.Db, 95.30.Sf



NR WORKS: SIMULATION OF BBH ENCOUNTERS

PHYSICAL REVIEW D **96**, 084009 (2017)

Gravitational radiation driven capture in unequal mass black hole encounters

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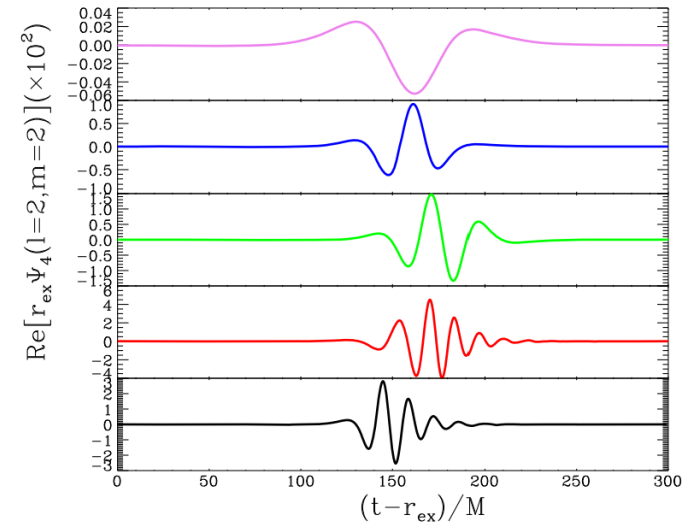
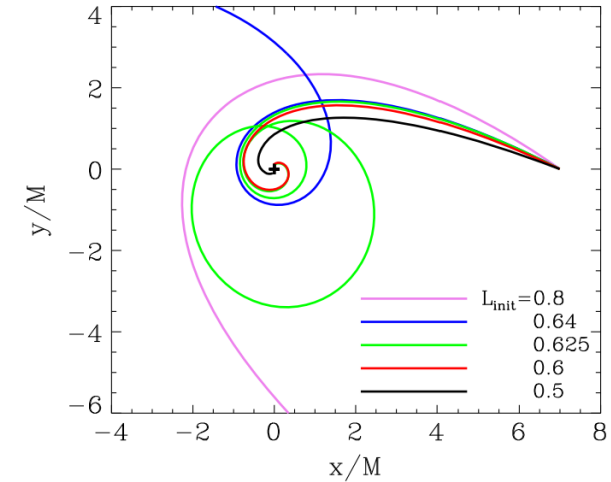
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The gravitational radiation driven capture (GR capture) between unequal mass black holes without spins has been investigated with numerical relativistic simulations. We adopt the parabolic approximation which assumes that the gravitational wave radiation from a weakly hyperbolic orbit is the same as that from the parabolic orbit having the same pericenter distance. Using the radiated energies from the parabolic orbit simulations, we have obtained the critical impact parameter (b_{crit}) for the GR capture for weakly hyperbolic orbit as a function of initial energy. The most energetic encounters occur around the boundary between the direct merging and the fly-by orbits, and can emit several percent of total initial energy at the peak. When the total mass is fixed, energy and angular momentum radiated in the case of unequal mass black holes are smaller than those of equal mass black holes having the same initial orbital angular momentum for the fly-by orbits. We have compared our results with two different post-Newtonian (PN) approximations, the exact parabolic orbit (EPO) and PN corrected orbit (PNCO). We find that the agreement between the EPO and the numerical relativity breaks down for very close encounters (e.g., $b_{\text{crit}} \lesssim 100 M$), and it becomes worse for higher mass ratios. For instance, the critical impact parameters can differ by more than 50% from those obtained in EPO if the relative velocity at infinity v_∞ is larger than 0.1 for the mass ratio of $m_1/m_2 = 16$. The PNCO gives more consistent results than EPO, but it also underestimates the critical impact parameter for the GR capture at $b_{\text{crit}} \lesssim 40 M$.

DOI: [10.1103/PhysRevD.96.084009](https://doi.org/10.1103/PhysRevD.96.084009)



NR WORKS: SIMULATION OF BBH ENCOUNTERS

PHYSICAL REVIEW LETTERS **132**, 261401 (2024)

Ringdown Gravitational Waves from Close Scattering of Two Black Holes

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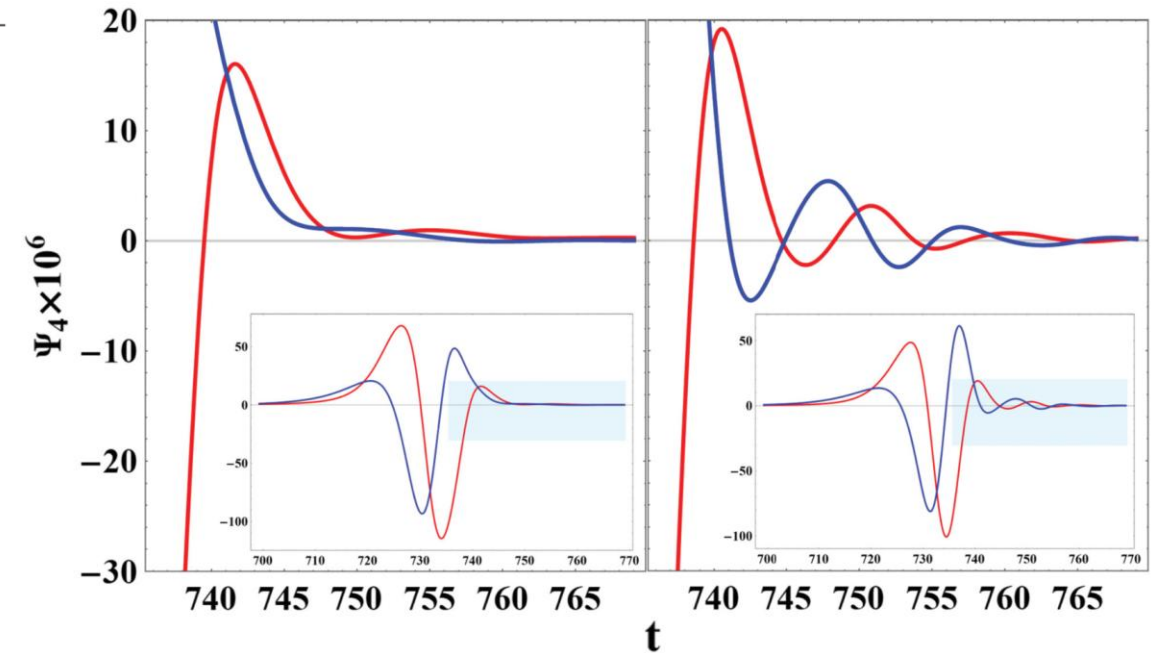
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We have numerically investigated close scattering processes of two black holes (BHs). Our careful analysis shows for the first time a nonmerging ringdown gravitational wave induced by dynamical tidal deformations of individual BHs during their close encounter. The ringdown wave frequencies turn out to agree well with the quasinormal ones of a single BH in perturbation theory, despite its distinctive physical context from the merging case. Our study shows a new type of gravitational waveform and opens up a new exploration of strong gravitational interactions using BH encounters.

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